

## Work Lifestyle Choices In The 21st Century Preference Theory

Updated to provide a modern look at the daily stressors evolving in our ever changing society, *Managing Stress: Skills for Self-Care, Personal Resiliency and Work-Life Balance in a Rapidly Changing World*, Tenth Edition provides a comprehensive approach to stress management, honoring the balance and harmony of the mind, body, spirit, and emotions. Referred to as the “authority on stress management” by students and professionals, this book equips readers with the tools needed to identify and manage stress while also coaching on how to strive for health and balance in these changing times. The holistic approach taken by internationally acclaimed lecturer and author Brian Luke Seaward gently guides the reader to greater levels of mental, emotional, physical, and spiritual well-being by emphasizing the importance of the mind-body-spirit connection.

Over recent years, many companies have developed an awareness of the importance of an active, rather than passive, approach to wellbeing at work. Whilst the value of this approach is widely accepted, turning theory into effective practice is still a challenge for many companies. *The Routledge Companion to Wellbeing at Work* is a comprehensive reference volume addressing every aspect of the topic. Split into five parts, it explores different models of wellbeing; personal qualities contributing to wellbeing; job insecurity and organizational wellbeing; workplace supports for wellbeing; and initiatives to enhance wellbeing. The international team of contributors provide a solid foundation to research and practice, including contemporary topics such as architecture, coaching, and fitness in the workplace. Edited by two of the world’s leading scholars on the subject, this text is a valuable tool for researchers, students, and practitioners in HRM and organizational psychology.

This edited book inserts postfeminism (PF) as a critical concept into understandings of work and organization. While the notion of PF has been extensively investigated in cultural and media studies, it has yet to emerge within organization studies - remaining marginal to understandings of work based experiences and subjectivities.

Understanding PF as a discursive cultural context not only draws on an established epistemological orientation to organizations as discursively constructed and reproduced but allows us to highlight how PF may underpin and be underpinned by other discursive regimes. This book, as the first in the field, draws on key international authors to explore: the contextual ‘backdrop’ of PF and its links with neo-liberalism, transnational feminism and other hegemonic discourses; the different ways in which this backdrop has infiltrated organizational values and practice through the primacy attached to choice, merit and individual agency as well as through the widespread perception that gender disadvantage has been ‘solved’; and the implications for organizational subjectivity and for how inequality is experienced and perceived. This book introduces postfeminism as a critical concept with contemporary importance for the study of organizations, arguing for its explanatory potential when: Exploring women’s and men’s experience of managing and organizing; Investigating the gendered aspects of organizational life; Analysing the contemporary validation of the feminine and the associated feminization of management/leadership and organizations; Tracing the emergence of new femininities and masculinities within organizational contexts. The

book is ideal reading for researchers working in the area of Gender and Organization Studies but is also of interest to researchers in the areas of Cultural Studies, Media Studies, Women's Studies and Sociology.

Though women's employment patterns in Europe have been changing drastically over several decades, the repercussions of this social revolution are just beginning to garner serious attention. Many scholars have presumed that diversity and change in women's employment is based on the structures of welfare states and women's responses to economic incentives and disincentives to join the workforce; *How Welfare States Care* provides in-depth analysis of women's employment and childcare patterns, taxation, social security, and maternity leave provisions in order to show this logic does not hold. Combining economic, sociological, and psychological insights, Kremer demonstrates that care is embedded in welfare states and that European women are motivated by culturally and morally-shaped ideals of care that are embedded in welfare states—and less by economic reality.

After four decades of eradicating gender barriers at work and in public life, why do men still dominate business, politics and the most highly paid jobs? Why do high-achieving women opt out of successful careers? Psychologist Susan Pinker explores the illuminating answers to these questions in her groundbreaking first book. In *The Sexual Paradox*, Susan Pinker takes a hard look at how fundamental sex differences continue to play out in the workplace. By comparing the lives of fragile boys and promising girls, Pinker turns several assumptions upside down: that the sexes are biologically equivalent; that smarts are all it takes to succeed; that men and women have identical goals. If most children with problems are boys, then why do many of them as adults overcome early obstacles while rafts of competent, even gifted women choose jobs that pay less or decide to opt out at pivotal moments in their careers? Weaving interviews with men and women into the most recent discoveries in psychology, neuroscience and economics, Pinker walks the reader through these minefields: Are men the more fragile sex? Which sex is the happiest at work? What does neuroscience tell us about ambition? Why do some male school drop-outs earn more than the bright, motivated girls who sat beside them in third grade? Pinker argues that men and women are not clones, and that gender discrimination is just one part of the persistent gender gap. A work world that is satisfying to us all will recognize sex differences, not ignore them or insist that we all be the same.

An innovative exploration of self-reported happiness, referred to as subjective well-being, observed through the lens of time-use.

Now in its 10th edition, AHRI-endorsed *Human Resource Management: Strategy and Practice* provides a strong conceptual and practical framework for students of human resource management. The successful integrative strategic HRM model is retained and the most recent developments in human resource management theories and practices are explored. A multitude of contemporary regional and international examples are incorporated throughout, alongside expanded coverage on the future of work and emerging HRM issues. Thoroughly revised and updated with the latest research findings, this edition adopts a lateral approach to illustrating the evolving HRM landscape and promoting employability. Now available on the MindTap platform, *Human Resource Management: Strategy and Practice* provides an optional online learning experience with interactive, skills-based activities as well as new opportunities

for student engagement and revision. Premium online teaching and learning tools are available on the MindTap platform. Learn more about the online tools [cengage.com.au/mindtap](http://cengage.com.au/mindtap)

Written in response to the Supreme Court's landmark Daubert decision regarding provision of expert witness scientific testimony, *Assessment of Rehabilitative and Quality of Life Issues in Litigation* focuses on quality of life as a means of conceptualizing and measuring pain and suffering in the controversial enjoyment of life debate. The authors make a compelling argument for a quality of life paradigm based on a rehabilitation and health economics analysis, demonstrating that qualified rehabilitationists are the best experts to provide analyses of the impact of disability or injury on quality of life over the lifespan. The extensive literature review enables attorneys and litigation experts to easily access quality of life literature.

*Business Cases in Ethical Focus* is a new collection of in-depth case studies from around the world, covering all major areas of business ethics. Cases address a broad range of topics such as the ethics of entrepreneurship and finance, the challenges that diversity raises for business, and whistleblowing. The cases are provocative yet complex, conveying the difficulty of moral dilemmas and the potential for reasonable disagreement.

This international collection explores aspects of lifestyle and identity, societal influences on ways of living, the relevance of social networks and geographic communities for lifestyle choices, and the significance of organisational policies and practices for lifestyle outcomes.

*Work-Lifestyle Choices in the 21st Century Preference Theory* OUP Oxford

Women's employment is one of the most widely-discussed and often-misunderstood issues of modern society. Are women today oppressed, or do they have the best of both worlds? Do women have to go out to work to gain equality with men, or do they already do more than their share of domestic work, caring work and voluntary work as well as work in the informal economy? Do women seek careers on the same terms as men, or are they content to be dependent wives or secondary earners taking jobs on a short-term basis? How important is job segregation in explaining the 20% pay gap between men and women? Have equal opportunities laws had any real impact? Are women in Europe lagging behind, or are they at the forefront of developments in modern societies? This new updated edition of Catherine Hakim's classic text addresses all the key issues currently debated in relation to women's work - in the domestic sphere, as well as paid employment. Dr Hakim tests the power of patriarchy theory and preference theory against economic theories. Sex discrimination, work-life balance, part-time work, flexible hours, homeworking, career patterns across the life cycle, labour mobility, labour turnover, the returns to education, occupational segregation, the pay gap, the glass ceiling, and the impact of European Union policies are all considered. Analysis of historical developments over the twentieth century, based on censuses, is complemented by case studies of people working in occupations undergoing dramatic change. Throughout the book, comparisons are drawn between the USA, Britain, other European countries, Canada, Australia, and also China, Japan and other Far Eastern societies. The analysis draws on sociology, economics, psychology, labour law, history and social anthropology to conclude that the diversity of women's life goals and lifestyle preferences is increasing. This explains the growing

polarisation of women's employment and many contradictory recent research results. This book aims to explore the social and cultural issues within the economic changes that have given rise to service work. Written by specialists in their respective fields, this book draws together authors from interdisciplinary areas that are carrying out significant research into gender and service work within an international context.

This book aims to explore the nature and extent of the 'care deficit' problem in European societies and how effective the different care systems are in dealing with these problems through policy innovation. It combines theoretical and conceptual debates, cross-national comparisons and analytically-driven case studies.

This collection brings together some of the most eminent and exciting authors researching family responsibilities to examine understandings of the day to day responsibilities which people undertake within families and the role of the law in the construction of those understandings. The authors explore a range of questions fundamental to our understanding of 'responsibility' in family life: To whom, and to what ends, are family members responsible? Is responsibility primarily a matter of care? Can we fulfil our family responsibilities by paying those to whom we owe responsibility? Or by paying others to fulfil our caring obligations for us? In each of these circumstances the chapters in this collection explore what it means to have family responsibilities, what constitutes an adequate performance of such responsibilities and the point at which the state intervenes. At the heart of this collection is an interest in the way in which the changing family affects people's perception and exercise their family responsibilities, and how the law attempts to regulate (and understand) those responsibilities. The essays range across intact and separated or fragmented families, from lone and shared parenting in single homes to caring across households (and even across international boundaries) to reflect on the actual caring responsibilities of family members and on the fulfilment of financial responsibilities in families. This collection seeks to advance our understanding of the attempts of the law, and its limits, in regulating the responsibilities which family members take for each other.

This volume seeks to address the rising expectations of working parents in advanced Western welfare states for work-life balance and quality of life, and the tensions that ensue from these expectations within individual lives, households, work organizations, and policy frameworks.

This volume is devoted to three key themes central to studies in regional science: the sub-national labor market, migration, and mobility, and their analysis. The book brings together essays that cover a wide range of topics including the development of uncertainty in national and subnational population projections; the impacts of widening and deepening human capital; the relationship between migration, neighborhood change, and area-based urban policy; the facilitating role played by outmigration and remittances in economic transition; and the contrasting importance of quality of life and quality of business for domestic and international migrants. All of the contributions here are by leading figures in their fields and employ state-of-the art methodologies. Given the variety of topics and themes covered this book, it will appeal to a broad range of readers interested in both regional science and related disciplines such as demography, population economics, and public policy. .

Choices! ... Choices! ... Choices! The Battle for Your Health Begins in Your Mind ] Are your choices leading you toward health-or toward disease? Why are lifestyle illnesses

escalating so rapidly today? Find answers to these and many other questions! [What determines your health choices? ... habit, convenience, marketing ploys, or time-tested truths? [Understand why your choice of foods, body-care, and home products is a spiritual issue. [See how Biblical truths can help guide you out of the food-product-disease maze. [Learn the basic differences between the Conventional Medical Model and the Natural Health Model of health and healing. [Expand your knowledge of the many dangerous but disguised ingredients in your food. [Become more alert to marketing techniques, the steps to mass-mindedness, and how these strategies can affect your health decisions. [Learn how some corporate and governmental agendas can compromise your health. [Discover the latest scientific information about the important mind-body connection. [Understand the essential importance of thoughts and their impact on your emotions. [Learn what a thought looks like, how it is formed in your brain, and why this is important. [Understand the nature of the stress response and implement strategies for a more peaceful, productive, and healthy life. [Explore the myths about vaccinations and discover their dangerous dark side. [Make Lifestyle Choices your choice for small-group study. Enjoy its user-friendly, workbook-style format with helpful summaries, stimulating discussion topics, and ample space for recording your new decisions and progress. Ginger Woods O'Shea, MA, MSW, NH, is a clinical social worker, nutritional herbalist, natural health advocate, and researcher. Her passion is to assist Christians in caring for their bodies as temples of the Holy Spirit. She is currently retired and lives in the mountains of northeast Georgia.

In this book, Hakim presents a new, multi-disciplinary theory for explaining and predicting current and future patterns of women's choice between employment and family work. Preference theory is the first theory developed specifically to explain women's behaviour and choices. As such, it constitutes a major break from male-centred theorizing to date in sociology and economics. Preference theory is grounded on the substantial body of new research on women's work and fertility that has flourished within feminist scholarship. It identifies five major historical changes that collectively are producing a qualitatively new scenario for women in prosperous societies in the 21st century. Throughout the analysis, the USA and Britain illustrate what the new scenario means for women, how it alters their preferences and work-lifestyles choices. Hakim also reviews research evidence on contemporary developments across Europe, Canada, Australia, Japan, and the far East to develop a new theory that is genuine international in perspective.

Providing a critical review of the current state of health promotion research. This book re-conceptualises the field of health promotion as collaborative and integrating enterprise, rather than as a battlefield for disciplinary and intellectual clashes. It makes a significant contribution to ongoing epistemological, theoretical and methodological debates in health promotion research. With contributors from Sweden, Switzerland, Denmark, Ireland, the UK and the US, *Researching Health Promotion* will be of interest to students and professionals working in health promotion, public health, medicine and health policy.

Longer working hours, insecure jobs, child care, declining birth rates, parental leave, the 'mummy track', the success or failure of feminism - the levels of passion, vitriol, despair and guilt these subjects engender attest to the importance Australians place on them, and rightly so. Their effects go beyond how we feel: they affect vital economic

and demographic trends. The Work/Life Collision, grounded in thorough quantitative and qualitative research, analyses how these factors affect each other, in particular the collision of work and care and its implications for how we live. Pocock demonstrates how the existing 'work/care' regime that shapes how we live and work has high social costs - for mothers, fathers, families and those who want to be both workers and carers. She weighs the hidden costs of how we live and work now - costs that can be measured in bedrooms, kitchens, workplaces and streetscapes - and in our declining birth rate and embedded gender inequality. The Work/Life Collision goes further than just explaining our growing anxiety about quality of life, despite the evidence of unmatched material wealth. Pocock proposes ways in which a new 'work/care' regime can be built, through: the redistribution of working hours the rehabilitation of degraded and insecure part-time jobs a new system of leave from paid work, and better support for mothers, fathers and all kinds of dependants. She guides us through the real experiences of Australian households and points to a uniquely Australian solution to a fairer world.

Childcare is a topic that is frequently in the media spotlight and continues to spark heated debate in the UK and around the world. This book presents an in-depth study of childcare policy and practice, examining middle class parents' choice of childcare within the wider contexts of social class and class fractions, social reproduction, gendered responsibilities and conceptions of 'good' parenting. Drawing on the results of a qualitative empirical study of two groups of middle class parents living in two London localities, this book: takes into account key theoretical frameworks in childcare policy, setting them in broader social, political and economic contexts considers the development of the UK government's childcare strategy from its birth in 1998 to the present day highlights the critical debates surrounding middle class families and their choice of childcare explores parents' experiences of childcare and their relationships with carers. This important study comes to a number of thought-provoking conclusions and offers valuable insights into a complex subject. It is essential reading for all those working in or studying early years provision and policy as well as students of sociology, class, gender and work.

Internationally renowned experts assess the role of retail work in modern industrial economies in Retail Work. Chapters are arranged thematically to capture four aspects of retail work: the nature of work and the shop floor; work across the supply chain and the wider productive system; the skills used in retailing; and workers as a collectivity. Contemporary social transformations, characterised by multi-dimensional globalisation and technological change, have lent new impetus to the emergence of internationally oriented and interdisciplinary childhood and youth studies. Analysis of sharpened polarisations of chances and risks within and between generations in specific life circumstances meets up with the re-conceptualisation of childhood and youth as social constructions within the life-course. As such, insulated national discourses are no longer an adequate framework to address such issues: economic and cultural globalisation processes exert dual and reciprocal influences, restructuring societies and identities from within and without. This collection offers a three-fold thematic focus: on the social construction of the life-course, privileging gendered and family transitions and transformations; on the contours of (not) belonging, in particular bringing migration and poverty into the spotlight; and on the potential of virtual worlds for creating and enabling

new positive and negative forms of individual, social and political action on the part of young people. This collection thus offers a particular snapshot of the current landscape of childhood and youth studies, and it provides a set of exemplars from diverse national contexts. Each chapter can stand for itself – but the contributions are ordered thematically, not according to the corner of the world from which they derive. As the introductory chapter explores, the intention is – via a loose vectoring of theme and context – to encourage multiple opportunities for reflection on relations between the specificities and commonalities of children’s and young people’s lives today. This volume joins the growing library of scholarly resources for international and interdisciplinary childhood and youth studies; it brings together well-established and young scholars writing from an unusual range of national and cultural contexts. The collection will be of interest not simply for specialist researchers and those in related fields, but equally as a teaching and learning resource for higher education professionals and students in social sciences and education, including courses that link theory and research with policy and practice.

This thought-provoking book analyses recent innovations for researching travel behaviour over the life course. Original in its approach, it synthesises quantitative, qualitative and mixed methods to contribute to conceptual, methodological and empirical advancements in the field. This book describes the experience of joblessness and unemployment in contemporary Poland. It does so by combining qualitative and quantitative data from a special project conducted in Poland after the Great Recession and the long-term Polish Panel Survey (POLPAN) to describe the lives of the jobless: women and men currently out of work, the recently re-employed, and housewives. The book uses a class and inequality perspective to investigate how these women and men became jobless, how they look for and find employment, their household and social activities, and their political participation. It contextualizes these experiences with a description of Poland’s economy, labor market and employment policies after the fall of Communism and builds on the active interviewing and social constructionist approaches to explore the complex interviewer-respondent relationship. The work-life balance of fathers has increasingly come under scrutiny in political and academic debates and this collection brings together qualitative and quantitative analyses to explore their approaches to reconciling paid work and care responsibilities.

Women increasingly make up a significant percentage of the labor force throughout the world. This transformation is impacting everyone's lives. This book examines the resulting gender role, work, and family issues from a comparative worldwide perspective. Working allows women to earn an income, acquire new skills, and forge social connections. It also brings challenges such as simultaneously managing domestic responsibilities and family relationships. The social, political, and economic implications of this global transformation are explored from an interdisciplinary perspective in this book. The commonalities and the differences of women’s experiences depending on their social class, education, and location in industrialized and developing countries are highlighted throughout. Practical implications are examined including the consequences of these changes for men. Engaging vignettes and case studies from around the world bring the topics to life. The book argues that despite policy reforms and a rhetoric of equality, women still have unique experiences from men both at work and at home. *Women, Work, and Globalization* explores: Key issues surrounding work and families from a global cross-cultural perspective. The positive and negative experiences of more women in the global workforce. The spread of women’s empowerment on changes in ideologies and behaviors throughout the world. Key literature from family studies, IO, sociology, anthropology, and economics. The changing role of men in the global work-family arena. The impact of sexual trafficking and exploitation, care labor, and transnational migration

on women. Best practices and policies that have benefited women, men, and their families. Part 1 reviews the research on gender in the industrialized and developing world, global changes that pertain to women's gender roles, women's labor market participation, globalization, and the spread of the women's movement. Issues that pertain to women in a globalized world including gender socialization, sexual trafficking and exploitation, labor migration and transnational motherhood, and the complexities entailed in care labor are explored in Part 2. Programs and policies that have effectively assisted women are explored in Part 3 including initiatives instituted by NGOs and governments in developing countries and (programs) policies that help women balance work and family in industrialized countries. The book concludes with suggestions for global initiatives that assist women in balancing work and family responsibilities while decreasing their vulnerabilities. Intended as a supplemental text for advanced undergraduate and/or graduate courses in Women/Gender Issues, Work and Family, Gender and Families, Global/International Families, Family Diversity, Multicultural Families, and Urban Sociology taught in psychology, human development and family studies, gender and/or women's studies, business, sociology, social work, political science, and anthropology. Researchers, policy makers, and practitioners in these fields will also appreciate this thought provoking book.

As new forms of family and 'non-traditional' families grow in number, there is a need to understand these 'new' arrangements and models of parenthood. This ground-breaking book discusses, using a comparative and a sociological perspective, examples of the relationship between changing gender identities and processes of family formation in the Western experience. It aims to show that, in the 21st century, it is possible to form a family without sex, without children, without a shared home, without a partner, without a working husband, without a heterosexual orientation or without a biological' sexual body. 'Diversity in family life' will help readers discover and understand the characteristics, advantages and drawbacks of these new models of parenthood, and their political implications in terms of social movements, characteristics and demands.

WASHINGTON POST Bestseller List 3/30/14 Solid solutions and step-by-step instructions for planning the next stage of your life Life after 50 isn't what it used to be. The rules have changed. No more guaranteed pensions, retiree health plans, or extensive leisure and travel. It's time to forge new paths and create innovative models. That's where the AARP Roadmap for the Rest of Your Life comes in. Bart Astor, author of more than a dozen books, offers a comprehensive guide for making lifestyle decisions, growing your nest egg, and realizing your goals. This AARP book— Provides guidance on the key areas you'll need to consider: finances and work, health and fitness, Medicare and Social Security, estate planning, insurance, housing, and more Offers expert tips on creating age- and health-specific goals through a personal "Level of Activity" scale based on how active you can and want to be Includes tips for finding fun and fulfilling activities and even completing your bucket list Supplies ready-to-use worksheets to help you set and meet financial planning goals, get your legal affairs in order, and maintain adequate health insurance Contains a comprehensive list of valuable resources A comparative review of the historical transformations in work Opening with engaging vignettes of four workers, Jamal (a low-wage worker), Eileen (a high-powered professional), Dan (a displaced autoworker), and Chi-Ying (a young, Chinese, employee), Changing Contours of Work: Jobs and Opportunities in the New Economy frames the development of jobs and employment opportunities in an international comparative perspective, revealing the historical transformations of work and examining the often profound effects that these changes have had on employee satisfaction. This text provides a rich analysis of the overtime-laden American workplace in the larger context of an integrated global economy and offers strategic recommendations for making the new economy work for us all.

This OECD study, part of a series on OECD countries, considers how a tax/benefit and

childcare policies and workplace practices help determine parental labour market outcomes and may impinge on family formation in New Zealand, Portugal and Switzerland.

This handbook offers a comprehensive review on career guidance, with an emphasis on the applied aspects of guidance together with research methods and perspectives. It features contributions from more than 30 leading authorities in the field from Asia, Africa, America, Australasia and Europe and draws upon a wide range of career guidance paradigms and theoretical perspectives. This handbook covers such subjects as educational and vocational guidance in a social context, theoretical foundations, educational and vocational guidance in practice, specific target groups, testing and assessment, and evaluation.

Classed Intersections examines the salience, transformation and tension of class analysis at a crucial juncture in its return to and reinvention of sociological agendas. The contributors, including both established and emerging academics, examine class as produced through combined social, cultural and economic practices but are clear not to reify class over and above other paradigms; instead a number of key intersections are foregrounded including gender, ethnicity and sexuality. The collection draws on a variety of methodological positions, including in-depth interviews, ethnographies, and auto-biographical approaches. It scrutinizes classed intersections across a wide range of social spheres and practices, including education, the workplace, everyday life, citizenship struggles, consumption, the family and sexuality. Taken together, this volume will enhance efforts to establish 'new' working class studies both in the UK and around the world.

Why is the law failing to protect pregnant workers and parents from detrimental treatment in the workplace? This theoretically informed book, which draws on the findings of a large scale, Nuffield Foundation funded, study of pregnancy-related workplace disputes, explores the legal regulation of pregnancy and parenting in the labour market. Using an epistemology that draws primarily on critical feminist debates, theories and critiques, the book adopts a necessarily female standpoint and seeks to answer why, despite positive policy ambitions and ample legislation, law is failing to protect pregnant workers and parents. Whilst sensitive to the limits of law's ability to bring about social change, the book asks whether it is the direction of current policies that need attention, or the substance of the legislation that is flawed. Is it the application of the law in courts and tribunals that fails working families or the mechanics of the employment dispute resolution and tribunal system that needs adjusting? This book will interest academics, students and practitioners of law and social policy interested in employment law and discrimination.

This book brings together the latest European and North American research on a series of key topics in the field of women's employment. Drawing on published and easily accessible statistics, it sets the topics in the appropriate policy contexts and systematically appraises them from the viewpoint of the challenges for the management of human resources. The book explores: occupational segregation the pay gap work-life balance part-time working women, work and pensions women in professional occupations equality and diversity management women and trade unions. This is a highly useful book suitable for a wide range of courses including business studies, sociology, social policy and gender studies.

This book reports on innovative interdisciplinary research in the field of cultural studies.

The study spans the early twentieth to twenty-first centuries and fills a gap in our understanding of how girls' and women's religious identity is shaped by maternal and institutional relations. The unique research focuses on the stories of thirteen groups of Australian mothers and daughters, including the maternal genealogy of the editor of the book. Extended conversations conducted twenty years apart provide a situated approach to locating the everyday practices of women, while the oral storytelling presents a rich portrayal of how these girls and women view themselves and their relationship as mothers and daughters. The book introduces the key themes of education, work and life transitions as they intersect with generational change and continuity, gender and religion, and the non-linear transitional stories are told across the life-course examining how Catholic pasts shaped, and continue to shape, the participants' lives. Adopting a multi-methodological approach to research drawing on photographs, memorabilia passed among mothers and daughters, journal entries and letters, it describes how women's lives are lived in different spaces and negotiated through diverse material and symbolic dimensions.

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