

Uniformes Garys Uniformes Y Ropa Laboral

Immanuel Gabriel encounters his deceased grandfather as he attempts to investigate the end of the world, predicted by Mayan prophecy to occur in 2012, and learns dark secrets about human history.

Woolwich. Club Paradise. Valentine's Night. Nigerian nightclub toilet attendants Abiodun and Sophie brace themselves for the busiest night of the year. Tonight Abiodun and Sophie are also marking their one year anniversary together having met in Paradise: united in love, divided by a toilet wall. But as the countdown to midnight and the end of their shift begins, bosses, exes and clubbers threaten to stall the anniversary plans of the young lovers. Will Abiodun and Sophie make it back in time for their very own Valentine's celebration?

Business Forecasting Pearson Higher Ed

Whether single, separated or someone's spouse, everyone wants to find and keep this elusive thing called love. Bestselling author and foremost relationship expert Barbara De Angelis teams up as a co-author of Chicken Soup for the Couple's Soul, a collection of heartwarming stories about how real people discovered true love with the person of their dreams.

A story in bright, musical verse that transmits values such as equality and having the courage to follow your dreams. Guided Reading Level: M, Lexile Level: 930L

Hunted by the seven deadly sins, two nuns must deliver a secret message for the Knights Templar across the Camino de Santiago before it's too late. Faced with unthinkable trials and life-altering lessons, this adventure is filled with mystery, humor, and self-discovery. Back: Through a Field of Stars is an action-packed historical fantasy that reveals spiritual wisdom from time immemorial. This novel is the second book in the international award-winning Through a Field of Stars trilogy, which has been hailed as a faith-based Da Vinci Code for a new era. In Back: Through a Field of Stars, Princess Isabella of France must convince her father to give up his quest for the Knight Templars' most valued treasure and make amends with her enemy, Templar Grand Master Jacques de Molay, to save those she loves. With Isabella and Molay both trapped in Paris, the weight of the world hangs on the shoulders of two unsuspecting nuns who are caught up in a game of control for the medieval world. Sister Fransie and Sister Caroline must flee France and smuggle the key to the Templars' greatest secret across the Camino de Santiago. On their pilgrimage, the sisters are forced to face the seven deadly sins, which have taken on a physical form and threaten to stop them at every turn. Will the wisdom they learn on the Camino be enough for them to succeed? Or, will they fail to deliver their message before time runs out for the Templars? Even though this novel is a work of fiction, if you visit the Camino de Santiago today, you can still see the symbols and runes that inspired the secret Templar code, as well as the towns, cathedrals, and castles from the story.

The birth of Judge Dredd's world is revealed. How America became a wasteland with two enormous Mega-Cities on each seaboard. How Judge Dredd himself came to be, and his first taste of dealing justice on the streets. Secrets will be revealed. The future will be forged. Justice will be served. An unusual delivery is made to the Grand Hall of Justice, a package that will force Judge Dredd to lead a mission into the Cursed Earth and into the darkest recesses of the history of the Judges and Mega-City One... Now in this much-anticipated Dredd epic, history is written by Dredd co-creators John Wagner (A History of Violence) and Carlos Ezquerro (Strontium Dog) with a special introductory tale featuring the art of Kev Walker.

Steward leadership is a form of leadership that focuses on others, the community and society at large, rather than the self. Many senior leaders and executives across the globe appear to 'naturally' move into a stewardship mindset at a ripe age or when their careers have matured, whereas executives of around 30 years old, on average, are typically focused on their personal self-interests. The authors of Steward Leadership: a maturational perspective, who teach MBA courses around the world, wondered how to develop stewards at younger ages and set about creating a framework for stewardship and its requisite behaviour. Their research was conducted among a group of MBA students, testing nine stewardship attributes: personal vision, personal mastery, vulnerability and maturity, risk-taking and experimentation, mentoring, raising awareness, shared vision, valuing diversity, and delivering results. The outcome of the study, which is explored in this book, provides a base-line of attitudes which were tested against various demographic variables. In addition, the authors interviewed industry leaders from around the world to gauge their perspectives on and experience with the concept of stewardship and some of its dimensions, to gain qualitative insights. The results of their research provide the theoretical as well as consulting tools with which organisations can develop stewards, whether through training programmes, mentoring programmes, coaching initiatives and/or personal development practices. The authors believe that stewardship is a more viable and indeed better alternative to current leadership concepts. This book provides a roadmap by which contemporary and upcoming leaders can be guided into developing their leadership abilities – and become the stewards of the future.

"Having been born a freeman, and for more than thirty years enjoyed the blessings of liberty in a free State—and having at the end of that time been kidnapped and sold into Slavery, where I remained, until happily rescued in the month of January, 1853, after a bondage of twelve years—it has been suggested that an account of my life and fortunes would not be uninteresting to the public." -an excerpt

Dr. Vincent Morrow, specialist in supernatural diseases, is back -- but this time, he's the patient! In the second collection of the hit medical horror series, Doc Morrow himself is targeted by shadowy supernatural forces. With his body betraying him, Morrow races against the clock to diagnose the threats he faces -- and to punish those responsible!

When Maxine Nicholls discovers her fiancé is cheating, she turns to fast food and nighttime soap operas, but her sister has a plan—unbridled rebound sex with a stranger. As one of Toronto's hottest players, Antony Laurent tallies scores on and off the ice, but when the chiseled defense man hits a slump, rumors of a trade to the minor league send him to ambush a managers meeting at a posh club. That night a chance encounter ends up as an unforgettable evening of passion. But Maxine and Antony are about to discover a game of casual hook ups can lead to something neither one of them thought they deserved—the right fit.

From the author of the #1 bestselling The 17 Day Diet, the inspiring and easy-to-follow plan for staying young and healthy, based on the same 17 day model that made the diet the bestselling diet book of 2011. Every year, every month, every day, every hour, every minute that you are alive, you are getting older. No matter how old you are, your body is undergoing age-related changes that can lead to less energy, painful joints, droopy skin, unsightly wrinkles, and overall declining health. But what if someone told you that getting older and the physical process of aging don't have to be so closely entwined? And what if you had the ability to slow down the aging of your body so much that you could actually live to see, and more important, enjoy your 100th birthday or beyond? From feeling pain in your joints to realizing that your memory isn't what it used to be, our bodies all suffer from wear and tear as we get older. But Dr. Mike Moreno—author of the #1 bestselling sensation The 17 Day Diet—explains that it is totally within your power to prevent and even reverse these symptoms of aging. The 17 Day Plan to Stop Aging is a 4-cycle plan that uses nutrition, physical fitness, and mental exercise to get you ready for longevity. Each cycle focuses on a different set of body parts and offers prescriptive solutions for improving the way those parts function. The plan is set up so that you can target specific areas or work on improving whole-body health at once. From your heart to your lungs, your nervous system to your reproductive system, the book is packed with information about what you can do to start feeling more vital. The 17 Day Plan to Stop Aging puts the power in your hands so you will never have to fear the prospect of old age again. Dare to imagine not just living 100 years, but thriving for all of them. The time to get started is now! *** The 17 Day Plan to Stop Aging is a 4-cycle system designed to help you feel healthier and younger. Whether you want to focus on a specific part of your body or feel rejuvenated from top to bottom, this is your guide to a happier, more vital life! • Cycle 1—Restore: The plan begins with basic anti-aging approaches that will help restore all of your body's

systems to a healthy baseline, stop potential medical problems before they start, and make way for a healthier, happier lifestyle—in 17 days flat. This cycle focuses on your heart, lungs, and brain, which Dr. Moreno considers to be the primary systems worthy of your immediate attention. • Cycle 2—Rebuild: This cycle shows you how to protect your immune, digestive, and musculoskeletal systems. Through simple shifts in diet, unexpected ways to get your body moving, and a healthy dose of common sense, it's easy to strengthen these secondary systems so they can do their most efficient work for years to come. • Cycle 3—Refine: When your reproductive and urinary systems are performing properly, you are most likely to feel energetic and sexy. Whether you want to avoid unpleasant symptoms like urinary incontinence or your goal is to keep your sex life thriving for years to come, Cycle 3 offers tools that you can easily apply to your life. • Cycle 4—Renew: The strategies you'll master in the last 17 days of this plan will not only leave you feeling rejuvenated, but they will ensure that you are ready to make the most—in every way—of the long, happy, and healthy life that you're working toward. The vital elements in this final cycle help you achieve true harmony among your health, environment, and overall lifestyle.

Looking for a great meal? Discover a selection of over 560 scrumptious restaurants, all recommended, in the MICHELIN Guide New York City 2019. Trained anonymous inspectors use the famous Michelin food star rating system to create the ultimate restaurant guide to the city, offering a wealth of tasty cuisines for all budgets. Visitors and locals alike can rely on this annually updated guide with its helpful maps, handy thematic indexes and objective descriptions for a memorable culinary experience. Our famous one, two and three stars identify establishments serving the highest quality cuisine - taking into account the quality of ingredients, the mastery of technique and flavors, the levels of creativity and, of course, consistency. In addition, the Bib Gourmand symbol (also known as the inspectors' favorites) highlights restaurants offering good quality at a good value. To enhance your visit, check out the Michelin Green Guide to New York City which details sites and attractions using the famed Michelin star-rating system so you can prioritize your trip based on your time and interest. Or try the new Michelin Map & Guide New York City, organized by neighborhood and highlights star-rated attractions in addition to where to eat, take a break, go shopping and enjoy nightlife in the area. For navigating your way around the city, pick up the Michelin New York City Laminated Map or the Streetwise Manhattan Laminated City Map by Michelin.

Extreme sports, those activities that lie on the outermost edges of independent adventurous leisure activities, where a mismanaged mistake or accident would most likely result in death, have developed into a significant worldwide phenomenon (Brymer & Schweitzer, 2017a). Extreme sport activities are continually evolving, typical examples include BASE (an acronym for Buildings, Antennae, Span, Earth) jumping and related activities such as proximity flying, extreme skiing, big wave surfing, waterfall kayaking, rope free solo climbing and high-level mountaineering. While participant numbers in many traditional team and individual sports such as golf, basketball and racket sports have declined over the last decade or so, participant numbers in so called extreme sports have surged. Although extreme sports are still assumed to be a Western pastime, there has been considerable Global uptake. Equally, the idea that adventure sports are only for the young is also changing as participation rates across the generations are growing. For example, baby boomers are enthusiastic participants of adventure sports more generally (Brymer & Schweitzer, 2017b; Patterson, 2002) and Generation Z turn to extreme sports because they are popular and linked to escapism (Giannoulakis & Pursglove, 2017). Arguably, extreme sports now support a multi-billion dollar industry and the momentum seems to be intensifying. Traditional explanations for why extreme sports have become so popular are varied. For some, the popularity is explained as the desire to rebel against a society that is becoming too risk averse, for others it is about the spectacle and the merchandise that is associated with organised activities and athletes. For others it is just that there are a lot of people attracted by risk and danger or just want to show off. For others still it is about the desire to belong to sub-cultures and the glamour that goes with extreme sports. Some seek mastery in their chosen activity and in situations of significant challenges. This confusion is unfortunate as despite their popularity there is still a negative perception about extreme sports participation. There is a pressing need for clarity. The dominant research perspective has focused on positivist theory-driven perspectives that attempt to match extreme sports against predetermined characteristics. For the most part empirical research has conformed to predetermined societal perspectives. Other ways of knowing might reveal more nuanced perspectives of the human dimension of extreme sport participation. This special edition brings together cutting-edge research and thought examining psychology and extreme sports, with particular attention paid to the examination of motivations for initial participation, continued participation, effective performance, and outcomes from participation. References Brymer, E. & Schweitzer, R. (2017a) Phenomenology and the extreme sports experience, NY, Routledge. Brymer, E. & Schweitzer, R. D. (2017b) Evoking the Ineffable: The phenomenology of extreme sports, *Psychology of Consciousness: Theory, Research, and Practice* 4(1):63-74 Giannoulakis, C., & Pursglove, L., K., (2017) Evolution of the Action Sport Setting. In S.E. Klein Ed. *Defining Sport: Conceptions and Borderlines*. Lexington Books, London. 128-146 Patterson, I. (2002) Baby Boomers and Adventure Tourism: The Importance of Marketing the Leisure Experience, *World Leisure Journal*, 44:2, 4-10, DOI: 10.1080/04419057.2002.9674265

After ten years of separation, Tessa and Alec are called to the deathbed of Tessa's father and tasked with solving a mystery that points to WWII, the Nazi régime, and the shadowy world of the Djinn. Although their passion still burns, forgiveness requires more than desire. Alec, the Riddle King to the Defensori, is used to shutting out the world and working on his puzzles alone. But this time, he can't shut Tessa out. This time, he needs his estranged wife's help. Tessa and her gift hold the key, and failure could cost her sanity...or her life. Insecurity, immaturity, and misunderstanding drove them apart. Can they rebuild their shattered trust and work together to rescue a captive Djinni, stay one step ahead of the servants of the Fallen, and save their marriage along with Tessa's life?

Presents rhyming words, numbers, colors, shapes, go-togethers, and directional words.

This book is intended for Prizes won etc.

Looking for a great new mystery series? You've come to the right place. Three western writers begin their journeys with tales of wide-open skies, death in the dust, Native American mysticism, greed, lust, friendship, and honor. Law enforcement agents and Native American players partner and sometimes clash on the unpredictable path toward truth and justice. R. Lawson Gamble - THE DARK ROAD - Zack Tolliver is a newly minted FBI agent assigned to the Four Corners Indian Affairs FBI liaison team on the Navajo Reservation. Raised in eastern suburbia, he is dropped into a strange land and culture where he is immediately assigned to a missing person case that may have links to sheep mutilation and a murder. A total novice in all areas of his experience, he must rely on the Navajo men with whom he is partnered, one of whom will one day become his best friend and mentor. This novella is a prequel to the Zack Tolliver, FBI, Mystery Series. Mark Reys - NATIVE ROOTS - Zeb Hanks is a modern lawman, but he had to start somewhere. This two-part novella explores Zeb's roots as a young man and his early law enforcement career as a border patrol agent and Tucson policeman. A mysterious beating, illegal immigrants crossing the border, and a brush with the jaded world of politics mesh together to teach Zeb the meaning of justice, western style. This novella is a prequel to the Zeb Hanks Mystery Series. Felix F. Giordano - MISSING IN MONTANA - Axe Killian was a Knuckle Dragger, ex-military now undercover FBI with a Harley, an attitude, and a secret. When he stumbles upon a five-year old cold case abduction, his past coaxes him to accept the assignment. As he closes in on the missing, mixed-blood Blackfeet teenage girl, she would not only change who he was, but who he would become. This novella is an introduction to the Jim Buchanan Series, set in Montana.

When Anastasia Steele, a young literature student, interviews wealthy young entrepreneur Christian Grey for her campus magazine, their initial meeting introduces Anastasia to an exciting new world that will change them both forever. Reissue. Movie tie-

in.

Pop Larkin - junk-dealer, manages to sell the nearby crumbling, tumbling country home to city dwellers Mr and Mrs Jerebohm. But the Larkin's new neighbours aren't quite so accepting of Pop's little eccentricities. In fact, it's not long before a wobbly boat, a misplaced pair of hands and Mrs Jerebohm's behind have Pop up before a magistrate.

This book reviews the state-of-the-art developments in nature-inspired algorithms and their applications in various disciplines, ranging from feature selection and engineering design optimization to scheduling and vehicle routing. It introduces each algorithm and its implementation with case studies as well as extensive literature reviews, and also includes self-contained chapters featuring theoretical analyses, such as convergence analysis and no-free-lunch theorems so as to provide insights into the current nature-inspired optimization algorithms. Topics include ant colony optimization, the bat algorithm, B-spline curve fitting, cuckoo search, feature selection, economic load dispatch, the firefly algorithm, the flower pollination algorithm, knapsack problem, octonian and quaternion representations, particle swarm optimization, scheduling, wireless networks, vehicle routing with time windows, and maximally different alternatives. This timely book serves as a practical guide and reference resource for students, researchers and professionals.

Exhilarating, ever-evolving and unforgettable-New York is one of the most visited cities in the world, known for its world-class museums and galleries, dazzling Broadway shows, towering skyscrapers, amazing food, and fast-paced life. Your DK Eyewitness Top 10 travel e-guide ensures you'll find your way around New York City with absolute ease. Our annually updated Top 10 travel guide breaks down the best of New York City into helpful lists of ten-from our own selected highlights to the best museums, art galleries, restaurants, performing arts venues, children's attractions, LGBT+ points of interest, and famous department stores. You'll discover: - Fifteen easy-to-follow itineraries, perfect for a day trip, a weekend, or a week - Top 10 lists of New York City's must-sees, including detailed descriptions of the Empire State Building, American Museum of Natural History, Solomon R. Guggenheim Museum, Rockefeller Center, Fifth Avenue, the Statue of Liberty, Ellis Island, Times Square and Theater District, Central Park and the Metropolitan Museum of Art - New York City's most interesting areas, with the best places for shopping, going out, and sightseeing - Inspiration for different things to enjoy during your trip - including festival and events, bars and lounges, hidden gems off the beaten track, and things to do for free - Streetsmart advice: get ready, get around, and stay safe DK Eyewitness Top 10s are the UK's favourite pocket guides and have been helping travellers to make the most of their breaks since 2002. Looking for more New York City's culture, history, and attractions? Try our DK Eyewitness New York City.

Free speech is a myth. Technically we're allowed to say what we want and won't get arrested for it, but we constantly have to self-censor our speech, including our political opinions, for many reasons. You're allowed to express some opinions, so long as they're the right opinions. But if you lose your ability to pay your bills as a result of your honest and open speech, then you're not really free. A handful of social justice warriors in Silicon Valley are able to decide what we can and cannot talk about, and when we can't openly express controversial opinions in the public square, then we have lost our democracy. I was a high school history teacher for 11 years and during that time I learned the hard way that my opinions were the wrong opinions. After getting an unpaid suspension for starting a blog called AidanFromWorcester.com, which expressed opinions on issues that the school did not approve of, I decided to create an anonymous blog that would act as the voice of the people - Turtleboy Sports. Turtleboy started as a hobby but has grown to a website with millions of monthly followers and is now my business. I hire bloggers who pen under nom de plumes because anonymity gives people the freedom to express opinions that many others agree with, but are afraid to say out loud out for fear of consequences. Turtleboy is popular and has grown so quickly because we say what many other people are thinking. I left teaching in November of 2014 after a blogger from Buffalo wrote a libelous blog about me, alleging that I sexually assaulted a woman in front of 60,000 people at a Patriots-Bills game. The blogger was successfully sued for libel, but so many of my students read it that it became impossible to teach anymore. After the school received hundreds of calls and death threats they offered me a full year's salary to walk away quietly. I took the money and used it to turn Turtleboy from a hobby into a business. Turtleboy has broken major stories that the mainstream media couldn't because we have better sources. We've exposed corruption involving the Massachusetts State Police and politicians that led to the resignation of the 4 highest-ranking members of the MSP. The blog has helped expose contractors and con-artists, drug dealing state troopers, brought criminals to justice, shut down a death factory of a puppy mill, reformed school districts, and exposed insurance fraud, non-profit fraud, sexual abuse, food stamp fraud, fake hate crimes, and many other stories that the mainstream media would never touch. When I left teaching I felt liberated and free for the first time, but because our bloggers are unapologetic, brutally honest, we get a lot of pushback. We entertain by not only reporting news, but by using language that some might find unsavory. As a result outside forces have used various methods to try to silence the blog. Turtleboy has been the subject of countless boycotts. I've been unsuccessfully sued for libel many times; including by a former advertiser who was upset the blog didn't endorse him for Mayor. I've gotten too many death threats to count, had "fuck you" keyed into the hood of my car, and been angrily confronted in restaurants. I've had a Facebook page with 112,000 followers removed for wishing people a Merry Christmas, and had 32 business pages taken down since. The blog has been blacklisted by Google AdSense, and my house and phone are permanently banned from creating Twitter accounts. All of these things have combined to cost my business hundreds of thousands of dollars in just a couple years. But they will never stop Turtleboy because I refuse to censor and give up the rights that our Founding Fathers sacrificed their lives for because people who disagree with us use fear, intimidation, and economic warfare to silence us. When we self-censor we don't contribute to public discourse in the public square, and in doing so we lose our democracy. This is the story of Turtleboy.

"For Tim, it wouldn't be smart to fall for Alice. For Alice, nothing could be scarier than falling for Tim. But Tim has never been known for making the smart choice, and Alice is starting to wonder if 'smart' is always right. ... Told in Tim's and Alice's ... voices, this return to the setting of My life next door is a love story about failing first, trying again, and having to decide whether to risk it all once more."--Provided by publisher.

The current debate over the economics of advertising has long focused on two questions. The first concerns the impact of advertising on the relative positions of large and small firms in an industry and thereby on the state of competition. The second examines the role of advertising on consumer purchasing decisions over broad consumption categories. Comanor and Wilson use the modern tools of economic theory and statistics to build and test their hypotheses, and contribute important analytical and empirical evidence on the key issues. The authors find that consumer decisions are affected substantially by the volume of advertising. Indeed, advertising is a weightier factor than relative prices. Their conclusions surely contribute to the nervousness long felt by economists over the use of consumer preferences to evaluate the welfare implications of resource allocation.

"Isabella cursed her father for sending her on this quest, but it was her only chance at freedom." Sent by her father to locate the Knights Templar's greatest treasure--and save her kingdom from ruin--Princess Isabella of France finds one of seven secret doors that unlocks the Templars' mysterious treasure. With this discovery, she expects the mission to be easy. But when she is ambushed on the Camino de Santiago, Isabella is not only forced to seek refuge with her father's enemies, but she's unexpectedly reunited with her one true love, Etienne. Shocked that the woman who'd betrayed him so long ago is now before him, Etienne is forced to put the past aside and do his duty as a Templar to help a pilgrim in need. It's not long before the past catches up to them. Now they must both decide: to love again, or to remain loyal? Etienne is tied to his vow as a Templar, and Isabella to the will of her father. As Isabella and her unlikely companions journey across Spain, they unlock the Templars' secret codes, face immortal shadows, and discover the wisdom of the Camino de Santiago. Isabella's quest leads her to love, friendship, and self-discovery--but if she's not careful, it could also lead to the destruction of the world. On April 8, 2017, in the small town of Castrojeriz, I was first told about a secret code of the Knights Templar on the Camino de Santiago. This code inspired me to write *The Way: Through a Field of Stars*. Since that day, I have walked more than a thousand miles across Spain doing research for this book series. Even though this novel is a work of fiction set in the thirteen hundreds, you can still visit all of the towns, cathedrals, and castles in the story. Also, all of the secret codes in the novel are based on symbols, ruins, and other things I saw on my own Camino. If you take a pilgrimage yourself, and know where to look, you can still see all these fascinating markings today.

Two children build sandcastles at the beach and try to out do one another, but soon learn that cooperation will help them both.

The Word Remains is the first English translation of a German book comprised of excerpts from Wilhelm Lohe's extensive writing on mission, pastoral theology, history, and liturgy. Lohe articulates the confessional Lutheran understanding of the church year, the Word of God, and matters related to the Christian life.

Now available in Spanish, the #1 New York Times bestselling phenomenon *The 17 Day Diet* is an incredible weight loss plan designed to fit into any diet's habits. Si necesitas perder peso rápido y de manera segura, eficaz y duradera, ¡este es el libro para ti! *La Dieta de 17 Días* del Dr. Mike Moreno se basa en métodos comprobados para ayudarte a perder peso y mantenerlo a raya por siempre, bien sea que tengas que perder 10 libras o 100. Su programa revolucionario regulará el metabolismo de tu cuerpo para que quemes grasa todo el día. El programa está estructurado en torno a cuatro ciclos de 17 días: **Acelerar**: la fase de pérdida rápida de peso que te ayudará a eliminar de tu sistema el azúcar y la grasa acumulada. **Activar**: es la fase del reinicio de tu metabolismo, alternando días de calorías bajas y altas para ayudarte a eliminar grasa corporal. **Lograr**: esta fase consiste en aprender a controlar las porciones y a introducir nuevas rutinas de acondicionamiento. **Llegar**: es una combinación de los tres primeros ciclos para mantener buenos hábitos para siempre. ¡Puedes disfrutar de tus comidas favoritas los fines de semana! Esta no es una dieta basada en una pequeña lista de alimentos aprobados, rutinas de ejercicio extenuante o conteos de calorías poco realistas que te dejan insatisfecha y con hambre. La moderación y las porciones adecuadas son factores clave en *La Dieta de 17 Días*; el truco consiste en descubrir los alimentos y las rutinas que funcionen mejor con tu verdadero estilo de vida. Es por eso que el libro está lleno de consejos para evitar las trampas de alimentos habituales como las vacaciones, comer por fuera para probar diferentes cocinas, o simplemente un frasco de dulces tentadores. Cada fase cuenta con una extensa lista de alimentos, recetas y muestras de programas de comidas para que las compras de alimentos sea fácil. *La Dieta de 17 Días* es un programa sencillo con el que obtendrás grandes resultados si lo sigues y dejas que el Dr. Mike te ayude a lo largo del camino. Independiente- mente de que éste sea tu primer intento o el número cincuenta con una dieta, tienes que creer que puedes hacer esto. Lo importante ahora es concentrarte en tus objetivos, identificar qué necesitas para lograrlos, y tomar medidas para comenzar el proceso. Tu salud y tu felicidad son importantes, así que sé fuerte, cree en ti, ¡y deja que tu *Dieta de 17 Días* comience ahora mismo!

A waitress by day and office cleaner by night, Kathy labors to forget her traumatic past. Until the evening when impossibly rich, ruthless and handsome Sergio Torrente takes her virginity. It doesn't take Sergio long to find out about Kathy's damning history—or that she's carrying his baby. He cannot love her, but he will marry her and be a father to their child!

The movement started with "Heather Has Two Mommies," now we have two princesses in an original fairytale.

This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. For undergraduate and graduate courses in Business Forecasting. Written in a simple, straightforward style, *Business Forecasting, 9th Edition* presents basic statistical techniques using practical business examples to teach readers how to predict long-term forecasts.

Immerse yourself in this photographic guide to the key words and phrases in Chinese. This attractive book is perfect for travelling and provides a practical guide to Chinese language and culture. Everyday words are arranged in themes with carefully selected up-to-date images to illustrate key words and phrases, and a two-way index enabling you to find words quickly as you learn. All essential words and phrases for modern life in China are at your fingertips with topics covering home life, work and school environments, shopping, food and drink, sport and leisure, transport, technology, and the environment. Great care has been given to represent modern Chinese culture and enhance your experience of China and its people, including food and drink, customs, celebrations, and festivals.

In this new edition of the #1 bestseller *The 17 Day Diet*, Dr. Mike Moreno includes new chapters on supplements and exercise and more than 30 new recipes to help you achieve results fast and effectively. Dr. Moreno's phenomenal bestseller *The 17 Day Diet* helps you shed pounds fast in a safe, effective, and lasting way. Structured around four simple steps, his proven method adjusts your body's metabolism so you burn fat every day. Now, Dr. Moreno takes the plan to a whole new level. This revised edition incorporates the most up-to-date scientific and medical tools to help you achieve rapid weight loss with even greater effectiveness. Unlike many diets that starve you down to size, Dr. Moreno's structured plan changes your calorie count and the foods you eat every 17 days. The variation keeps your metabolism guessing so that you burn fat every day. The program is structured around four 17-day cycles: **Accelerate**, which helps flush sugar and fat storage out of your system; **Activate**, when you'll jumpstart your metabolism; **Achieve**, a phase that involves learning portion control; and **Arrive**, which combines the first three cycles and helps you maintain your new, healthy habits. Two new chapters explain all you need to know about supplements that can change your metabolism and a 17-minute exercise routine targeting specific areas of the body. With new information, more original recipes, and inspiring testimonials, this edition is destined to secure *The 17 Day Diet's* position as a runaway bestseller!

Thanks to current portrayals of Jesus of Nazareth, we are apt to think of him as having long hair and a short beard. But, the holy scriptures do not describe Christ's physiognomy, and his representations are inconsistent in early Christian and medieval arts. How did this long-haired archetype come to be accepted in the late ninth century as the standard iconography of the Son of God? To answer this question, *The Many Faces of Christ* examines the complex historical and cultural dynamics underlying the making and final establishment of Christ's image between late antiquity and the early Renaissance. Taking into account a broad spectrum of iconographic and textual sources, Michele Bacci describes the process of creating Christ's image against the backdrop of ancient and biblical conceptions of beauty and physicality as indicators of moral, ascetic, or messianic qualities. He investigates the increasingly dominant role played by visual experience in Christian religious practice, which promoted belief in the existence of ancient documents depicting Christ's appearance, and he shows how this resulted in the shaping of portrait-like images that were said to be true to life. With glances at analogous progressions in the Jewish, Muslim, Buddhist, Hindu, Jain, and Taoist traditions, this beautifully illustrated book will be of interest to specialists of Late Antique, Byzantine, and medieval studies, as well as anyone interested in the shifting, controversial conceptions of the historical figure of Jesus Christ.

The final book in Dolores Redondo's atmospheric Baztan trilogy, featuring Inspector Amaia Salazar. With masterful storytelling and a

detective to rival Sarah Lund, this Spanish bestselling series has taken Europe by storm.

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