Now Available for the First Time in Paperback! This unique volume provides a definitive overview of modern and traditional brewing fermentation. Written by two experts with unrivalled experience from years with a leading international brewer, coverage includes all aspects of brewing fermentation together with the biochemistry, physiology and genetics of brewers' yeast. Brewing Yeast and Fermentation is unique in that brewing fermentation and yeast biotechnology are covered in detail from a commercial perspective. Now available for the first time in paperback, the book is aimed at commercial brewers and their ingredient and equipment suppliers (including packaging manufacturers). It is also an essential reference source for students on brewing courses and workers in research and academic institutions. Definitive reference work and practical guide for the industry. Highly commercially relevant yet academically rigorous. Authors from industry leading brewers.

"A fresh, appealing guide to brewing hard cider that makes everything from sourcing fruits and juices to bottling the finished cider accessible and fun, with recipes for basic ciders, traditional ciders from around the world, cider cousins like Perry, and innovative recipes that take ciders to the next level with beer-brewing techniques and alternative fruits"--

"An accessible homebrew guide for alcoholic and non-alcoholic fermented drinks, including beer, mead, soda, kefir, kombucha, hard cider, sake, and fruit wines"--Provided by publisher.

Add some fizzy sparkle to your life and discover the delicious and refreshing world of homemade soft drinks. Drawing on centuries-old traditions from American general stores and pharmacy soda fountains, this fun and informative guide has recipes for perennial favorites like birch beer and ginger beer, as well as more adventurous concoctions like Molasses Switchel and Dandelion Champagne. Stephen Cresswell provides easy-to-follow directions that cover everything from extracting the earthy undertones of sassafras for an exciting root beer to whipping up a caffeine-charged Coffee Whizzer.

Updated business wisdom from the founder of Dogfish Head, the nation's fastest growing independent craft brewery Starting with nothing more than a home brewing kit, Sam Calagione turned his entrepreneurial dream into a foamy reality in the form of Dogfish Head Craft Brewery, one of America's best and fastest growing craft breweries. In this newly updated Second Edition, Calagione offers a deeper real-world look at entrepreneurship and what it takes to operate and grow a successful business. In several new chapters, he discusses Dogfish's most innovative marketing ideas, including how social media has become an integral part of the business model and how other small businesses can use it to catch up

with bigger competitors. Calagione also presents a compelling argument for choosing to keep his business small and artisanal, despite growing demand for his products. Updated to offer a more complete look at what it takes to keep a small business booming An inspiring story of renegade entrepreneurialism and the rewards of dreaming big, working hard, and thinking unconventionally Shows how to use social media to reach new customers and grow a business For any entrepreneur with a dream, Brewing Up a Business, Second Edition presents an enlightening, in-depth look at what it takes to succeed on their own terms. Personal tales of perseverance and beer making from the founder of Sierra Nevada Brewing Co. Beyond the Pale chronicles Ken Grossman's journey from hobbyist homebrewer to owner of Sierra Nevada Brewing Co., one of the most successful craft breweries in the United States. From youthful adventures to pioneering craft brewer, Ken Grossman shares the trials and tribulations of building a brewery that produces more than 800,000 barrels of beer a year while maintaining its commitment to using the finest ingredients available. Since Grossman founded Sierra Nevada in 1980, part of a growing beer revolution in America, critics have proclaimed his beer to be "among the best brewed anywhere in the world." Beyond the Pale describes Grossman's unique approach to making and distributing one of America's best-loved brands of beer, while focusing on people, the planet and the product Explores the "Sierra Nevada way," as exemplified by founder Ken Grossman, which includes an emphasis on sustainability, nonconformity, following one's passion, and doing things the right way Details Grossman's start, home-brewing five-gallon batches of beer on his own, becoming a proficient home brewer, and later, building a small brewery in the town of Chico, California Beyond the Pale shows how with hard work, dedication, and focus, you can be successful following your dream. A former milkman in the small village of Hoegaarden, Belgium, Pierre Celis opened a brewery that brought back the extinct witbier style of his native Hoegaarden and rejuvenated an old-world tradition throughout Belgium and Europe. Following a devastating fire in his native country, the godfather of witbier set up shop in Texas, where his passion took fresh shape in the form of Celis Beer and influenced an entire generation of beer lovers. His legacy continues under the stewardship of his daughter, Christine, who revived the brand in 2017, along with his granddaughter, Daytona, who brews there now. Author Jeremy Banas relates how the Hoegaarden legend founded Austin's first craft brewery. During the 75th anniversary year of the repeal of Prohibition, an emerging generation of Indiana craft beer brewers sat down with their friend and fellow beer aficionado Rita T. Kohn for in-depth interviews on the trials and tribulations of pursuing their passion. The result is a fascinating social history of the growth of handcrafted beer within the state. True Brew vibrantly details the brewers' journey in the creation and sharing of their brews. Continuity, interconnectedness, and civic concern are themes that permeate their stories, but readers may be surprised by the brewers' strong advocacy for restoring

buildings, invigorating neighborhoods, and practicing sustainability. Join Kohn, Indiana's leading brew masters, and a burgeoning crop of homebrewers as they reflect on the historical, cultural, social, and economic contributions made to Indiana by one of the world's oldest beverages.

The Brewtal Truth Guide to Extreme Beers is the first guide of its type, defining what makes certain craft beers "extremely extreme," featuring descriptions and ratings of more than a 100 of the most insane beers in the world—broken down into a handful of specific categories. These are outrageous brews with unusual ingredients, ridiculously high alcohol by volume (ABV), bizarre names and sometimes unsettling flavors. Appealing to casual and serious beer drinkers alike, the book is the perfect gift for the adventurous guy (or girl) who's always looking for new experiences; the book is a reference guide and a challenge all at once. In addition to focusing on some of the most interesting and hardcore beers in the world, it also features profiles on craft-beer loving metal musicians and extreme craft beer brewers, making it a highly entertaining read. The book sets the scene for what an extreme beer is, drawing parallels and metaphors from the music scene. The author includes an explanation of extreme styles and what defines them. Each beer profiled receives an "extreme" rating, tasting notes information about the beer and what makes it extreme, and a musical pairing selected by the author. There is also a resources section where readers can find recommendations on how and where to buy these brews. Working in partnership with Decibel Magazine, and created out of his Brewtal Truth column with Decibel, Adem Tepedelen opens up the fun and fascinating world of extreme beer.

An archaeologist takes us into the ancient world of traditional crafts to uncover their deep, original histories.

Easy to brew, easy to customize, and enormously delicious! Looking for a crisp, clean, and scrumptious alternative to beer? On a gluten-free diet or allergic to the grains used in brewing beer? Want to experience the pride that comes when your friends crack open one of your bottles and exclaim, "You made this?" Then welcome to the world of hard cider. Suddenly it's everywhere--it's on the menu in pubs and restaurants, and there's a dizzying array of ciders available in stores. And some cider lovers, just like craft beer drinkers, are looking for ways to create their own brew. The Everything Hard Cider Book takes you step by step into the fermentation and bottling process, with tips on finding the proper equipment, sourcing ingredients, varying flavors, and creating unique packaging. You'll also find advice on advanced techniques, like evaluating the finished product, varying recipes for your own taste, and even growing fruit for cider. And with thirty-five essential and adaptable recipes for apple and other fruit ciders, you'll find everything you need to make your own distinctive and delicious beverages.

Starting a successful brewery takes more than heart. The Brewers Association's Guide to Starting Your Own Brewery delivers essential industry knowledge to brewers aspiring to chart their own course. While America's craft beer renaissance continues, emphasis must remain on producing the highest quality beer—or the success of the entire industry is jeopardized. This comprehensive guide will help you plan and open a thriving, quality-oriented brewery. It reviews everything that matters, from site selection and branding to regulatory requirements, flooring choices and equipment considerations. Industry veteran Dick Cantwell of Elysian Brewing adeptly covers ingredients, financing, business plans, quality assurance, distribution, wastewater, sustainability practices and more, for prospective brewpub and packaging brewery owners alike. Cantwell walks the reader through the planning and execution required to turn craft brewing dreams into reality.

From the enduring global dominance of Guinness to exciting new craft porters to the resurgence of Russian imperial stouts, porters and stouts are among the most popular beer

styles today among homebrewers and craft beer drinkers alike. In Brewing Porters and Stouts widely respected beer and brewing writer Terry Foster presents the history and development of these styles as well as the guidance and expertise necessary to successfully homebrew them yourself. The book opens with the history of the styles, including the invention of porter in eighteenth-century England, how stouts were born from porters (stouts were originally bolder and stronger or stout porters), the development in the United Kingdom, and introduction to Ireland and eventually the United States, where they remained popular even as they fell out of favor in Britain and surged in popularity as the craft brewing revolution took hold. Foster then goes on to explore the many sub-styles of porters and stouts, providing commercial examples and showcasing some of the most exciting developments in craft brewing today, before breaking down the ingredients, including the various malts as well as special flavorings—such as vanilla, coffee, chocolate, and even bourbon—and finally the yeasts, hops, and waters that are well suited to brewing these styles. Finally, Foster provides a collection of sixty recipes—up to six for each sub-style—showcasing the variety and range of ingredients explored in the book and providing both extract and all-grain instructions. Brewing Porters and Stouts belongs in the library of every craft beer drinker or homebrewer. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

From Stouts, Barleywines, and Lambics to food pairing, tasting, and homebrewing—this is beer as you've never known it before. The Naked Pint is a definitive primer on craft brews that celebrates beer for what it truly is: sophisticated, complex, and flavorful. Covering everything from beer history to the science behind beer, food and beer pairings, tasting, and homebrewing, Perozzi and Beaune strip down America's favorite beverage to its truest form. Whether you've just started wondering what life is like beyond the ice-cold six-pack or have already discovered your favorite Porter or IPA, The Naked Pint will help you unearth the power that comes with knowing your ales from your lagers.

Saying "Cheers!" Never Felt Better Fermented foods have taken the world by storm, largely due to their health and real food benefits. They help improve digestion, enable us to better assimilate vitamins and minerals, and strengthen the immune system. Of all fermented foods, drinks are some of the most versatile—and tasty! Think kombucha, kefir, and real ginger ale. Many of these items you can buy in the store, but making them at home is simple, economical, and even better for you. With just a few ingredients and materials, you can start brewing your own delicious beverages for your family. Ferment Your Drinks is packed with innovative drink recipes, from healthy homemade sodas to traditional kyass and cider, that you can make in your home kitchen and enjoy all year long! Inside, you'll learn: --Why to ferment your drinks --The history of fermentation and the value of traditional foods --The benefits of fermented drinks to your health --All the basics: the process, the tools, and how to get started --Fiveminute recipes for lassis, fermented lemonade, and more -- How to use starters to make kombucha, kefir, root beer, wine, and others again and again -- Age-old recipes for kvass, switchel, vinegar, and mead -- Everything you need to know about why the recipes work, why they are safe, what to do if they go wrong, and how to modify them to suit your taste Raise a glass to good health with Ferment Your Drinks!

Experimentation, mystery, resourcefulness, and above all, fun--these are the hallmarks of

brewing beer like a Yeti. Since the craft beer and homebrewing boom of the late twentieth and early twenty-first centuries, beer lovers have enjoyed drinking and brewing a vast array of beer styles. However, most are brewed to accentuate a single ingredient--hops--and few contain the myriad herbs and spices that were standard in beer and gruit recipes from medieval times back to ancient people's discovery that grain could be malted and fermented into beer. Like his first book, Make Mead Like a Viking, Jereme Zimmerman's Brew Beer Like a Yeti returns to ancient practices and ingredients and brings storytelling, mysticism, and folklore back to the brewing process, including a broad range of ales, gruits, bragots, and other styles that have undeservingly taken a backseat to the IPA. Recipes inspired by traditions around the globe include sahti, gotlandsdricka, oak bark and mushroom ale, wassail, pawpaw wheat, chicha de muko, and even Neolithic "stone" beers. More importantly, under the guidance of "the world's only peace-loving, green-living Appalachian Yeti Viking," readers will learn about the many ways to go beyond the pale ale, utilizing alternatives to standard grains, hops, and commercial yeasts to defy the strictures of style and design their own brews.

Packed with recipes, expert advice, step-by-step photos, and more, this official guide from Brew Your Own is a necessity for anyone who's into homebrew. For more than two decades, America's homebrewers have turned to Brew Your Own magazine for the best information on making incredible beer at home. From well-tested recipes to expert advice, Brew Your Own sets the standard for quality. Now, for the first time, the magazine's best homebrew guides, recipes, troubleshooting, and tips are brought together in one book. The Brew Your Own Big Book of Homebrewing is the ultimate all-in-one homebrew book. It's a first-time homebrewer's best friend, explaining the entire brewing process from start to finish with step-by-step photography. Yet it has plenty for the experienced homebrewer as well, including: - Fully-illustrated guides for making the jump to all-grain brewing and for setting up your first kegging system - More than 50 sought-after recipes to craft your favorite breweries' beers - A deep dive on brewing ingredients - The most useful troubleshooting features and tips from the pros from two decades of the magazine Whether you're looking to get into brewing, up your game, or find inspiration for your next brew day, this book has what you need.

In the 1970s and '80s, the brewing industry shifted was from large corporate suppliers to smaller, independent "microbrewers," typified by producers such as the Boston Beer Company and Sierra Nevada Brewing Company. Today, the market is going even smaller—with tiny, independent brewers setting up shop in neighborhood brew houses nationwide, focusing on crafting unique, flavorful brews specifically for their extremely local clientele. The reality is that beer is in the midst of a renaissance in this country, driven by a new class of these dedicated craft "nanobrewers" and growing communities of drinkers looking for something more from their daily brew—something higher-quality, more unique, more local. These microbrewers rent out small spaces or buy industrial equipment to install in their garages. They're accountants, middle-school teachers, and plumbers who are passionate about beer and who dedicate their free time to producing three or so barrels of their own brew at a time. They sell their bottles to close friends and gift it to family members for birthdays and holidays. They enjoy what they do and they're proud of their product. What's it like inside these small-time brewing operations? What happens behind the scenes? What goes into making highend craft beer on a small scale? True Beer takes an on-the-ground look at the ultrasmall side of the craft brewing movement from the inside out by profiling a number of independent American breweries in detail and using that as a jumping-off point to

examine the art and science of brewing, the local farmers and providers behind the scenes, the market itself as well as national trends in nanobrewing, and modern craft beer production. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home. Beer School - An Insider's Guide to Craft Beer, the World's Greatest Drink The wonderful world of craft beers. Beer has come a long way in the 6,000 years since the first taste. The legends of the craft beer industry have made sure everyone's within reach of the perfect pint. But, how do you get the right brew for you? And, can you learn to make a beer that will add to the lager legacy? Beers of the world. Welcome to Beer School, brought to you by the heroes of YouTube sensation the Craft Beer Channel, a guide to everything you need to know about the wide and wonderful beers of the world. In Beer School, Jonny and Brad explain the intricacies of the finest artisan craft brews including: ales, lagers, porters, stouts, IPSs, and bitters. How to make beer. The lads have the inside scoop on everything from hop varieties and barrel aging, to serving temperatures and glassware. Beer School helps you learn how to make beer and how to get the most out of every sip. You will learn about: grain, mash, water, hops, boil, yeast, fermentation, serving, storing, pouring, and tasting. If you have read books such as The Complete Beer Course by Joshua M. Bernstein or The Beer Bible by Jeff Alworth, you will love Jonny Garrett's Beer School.

Enjoy a quick brew day and make Gose, Smoked Ale, Pennsylvania Swankey, Strawberry-Peppercorn Short Mead, Tart Blackberry Cider, Boozy Kombucha, Kefir Beer, Absinthola, Mauby, Tepache, and more! Homebrew tastes great, it's inexpensive to make, and it's equally fun to brew old favorites and new recipes. There's only one thing stopping you from brewing your 1st or 101st batch: time. Whether it's your kids, your job, or a million other things, it can be hard to find a free brew day. Then there's the agonizing wait to crack that first cap. But what if you could brew a session IPA in just a few hours? Or if you could brew a sour beer that's ready to drink in weeks instead of months? In Speed Brewing, author Mary Izett shows you how to make it happen. Whether you're a new or experienced brewer, you'll find time-saving techniques and recipes that save hours on brew day. You'll also find beers, ciders, and meads that pack big flavors but ferment quickly. Lesser-known fast fermentables--boozy kombucha, kefir beer, spirited sodas, and more--ensure there are plenty of exciting experiments for even the most creative brewer. Whether you decide to brew the Bia Hoi, Smoked Summer Ale, or Strawberry-Peppercorn Short Mead, weeknights will never be the same.

Home Brewing Just Got Easier and More Exciting with 1-Gallon Recipes Amber Shehan makes home brewing a breeze for beginners and experts alike with smaller 1-gallon (3.8-L) recipes that reduce the time, money and energy needed to create

delicious brews all year long. Enjoy the nuanced flavors of homebrews like tart Orange-Hibiscus Cider, palate-cleansing Peppermint Wine or soothing Vanilla Bean and Chamomile Mead. As an herbalist, Amber showcases her knowledge of culinary and medicinal herbs, wildflowers and plants in this incredible collection of deliciously infused brews that are both intoxicating and tonic. Rosemary and Clementine Mead is the perfect refresher for a warm summer evening and Spiced Pomegranate Wine will warm you right up on the coldest of winter days. With inventive, potent recipes and all the brewing know-how you need to get started or build your skills, Artisanal Small-Batch Brewing is your go-to guide for creating memorable brews beloved by all. A full-color, lushly illustrated graphic novel that recounts the many-layered past and present of beer through dynamic pairings of pictures and meticulously researched insight into the history of the world's favorite brew. Starting from about 7,000 BC, The Comic Book Story of Beer traces beer's influence through world history, encapsulating early man's experiments with fermentation, the rise and fall of Ancient Rome, the (often beer-related) factors that led Europe out of the Dark Ages, the Age of Exploration, the spread of capitalism, the Reformation, and on up to the contemporary explosion of craft brewing. No book has ever told the story of beer in a graphic format as a liberating or emancipating force that improved the life of everyday people. Visually riffing on abstract subjects like pasteurization, "original gravity," and "lagering," artist Aaron McConnell has a flair for cinematic action and demonstrates versatility in depicting characters and episodes from beer's rich history. Hand-drawn in a classic, accessible style, The Comic Book Story of Beer makes a great gift, and will appeal to the most avid comic book geek and those who live for beer.

"A complete guide for beginning and veteran meadmakers, illustrated with color photos covering the ingredients, equipment, and steps as well as charts and diagrams"-- A "fascinating and well-documented social history" of American beer, from the immigrants who invented it to the upstart microbrewers who revived it (Chicago Tribune). Grab a pint and settle in with AmbitiousBrew, the fascinating, first-ever history of American beer. Included here are the stories of ingenious German immigrant entrepreneurs like Frederick Pabst and Adolphus Busch, titans of nineteenth-century industrial brewing who introduced the pleasures of beer gardens to a nation that mostly drank rum and whiskey; the temperance movement (one activist declared that "the worst of all our German enemies are Pabst, Schlitz, Blatz, and Miller"); Prohibition; and the twentieth-century passion for microbrews. Historian Maureen Ogle tells a wonderful tale of the American dream—and the great American brew. "As much a painstakingly researched microcosm of American entrepreneurialism as it is a love letter to the country's favorite buzz-producing beverage . . . 'Ambitious Brew' goes down as brisk and refreshingly as, well, you know." —New York Post

Arkansas's booze scene had a promising start, with America's biggest brewing families, Busch and Lemp, investing in Little Rock just prior to Prohibition. However, by 1915, the state had passed the Newberry Act, banning the manufacturing and selling of alcohol. It was not until sixty-nine years later that the state welcomed its first post-temperance brewery, Arkansas Brewing Company. After a few false starts, brewpubs in Fayetteville, Fort Smith and Little Rock found success. By 2000, the industry had regained momentum. An explosion of

breweries around the state has since propelled Arkansas into the modern beer age.

The complete guide to kombucha— the wildly popular probiotic tea. Kombucha is lauded worldwide by healers, athletes, yogis, and other health-conscious souls, and is now going mainstream. Kombucha, a fermented tea beverage, has many cleansing, healing, and detoxifying effects. Eric and Jessica Childs, founders of Kombucha Brooklyn and experts on the wonders of kombucha, share their knowledge in this complete guide to kombucha. In addition to the science and culture of 'buch, Kombucha! includes recipes and reveals inventive uses for the beverage in cooking, cocktails, and beauty products, tapping the benefits of probiotics for radiant rejuvenation.

Cheers to beer design! The days of boring, mass-produced yellow fizz-water are all but over. These days, independent beer makers are creating a wide variety of interesting beers that exhibit a vast range of depth and flavor. Beer is more than a beverage--it's an artisan craft championed by talented people devoted to quality and good taste. And as craft beer and home brewing continue to grow by leaps and bounds, the culture of beer has made the shift from big business to an industry filled with people who truly care about what they make. And that attention to detail goes for the art and packaging as well as the brews themselves. Cool Beer Labels explores the art and design of beer culture from labels to cans to growlers and more. Inside you'll find: More than 400 full color examples of beer labels from craft and small breweries around the world Case studies from working designers Interviews with brewery owners and master brewers An exploration of breweries by region And more Whether you are a visual creative looking for packaging design inspiration or simply part of the growing community of people who enjoy home brewing, craft beers and beer culture, you're sure to enjoy cracking open a cold one and settling back to enjoy this art-filled celebration of beer.

A collection of 120 paleo-friendly recipes by the "Ditch the Wheat" blogger adapts everyday favorites to eliminate gluten, legumes and dairy, offering such options as Buffalo Chicken Fingers, Grain-Free Sandwich Bread and Cinnamon Buns. Original.

Since its inception in 1996, Stone Brewing Co. has been the fastest growing brewery in the country—Beer lovers gravitate to its unique line-up which includes favorites such as Stone IPA and Arrogant Bastard Ale. This insider's guide focuses on the history of Stone Brewing Co., and shares homebrew recipes for many of its celebrated beers including Stone Old Guardian Barley Wine, Stone Smoked Porter, and Stone 12th Anniversary Bitter Chocolate Oatmeal Stout. In addition, it features recipes from the Stone Brewing World Bistro & Gardens like Garlic, Cheddar, and Stone Ruination IPA Soup, BBQ Duck Tacos, and the legendary Arrogant Bastard Ale Onion Rings. With its behind-the-scenes look at one of the leaders of the craft beer scene, The Craft of Stone Brewing Co. will captivate and inspire legions of fans nationwide.

The complete resource for brewing beer with farmed and foraged ingredients, featuring over 50 recipes Forget hops: The revolution in craft beer is taking place in gardens, farmer's markets, and deep in the woods outside rural towns across the country. It's beer that offers a sense of place, incorporating locally sourced and seasonally harvested ingredients into traditional (and untraditional) farmhouse-style beers. The Homebrewer's Almanacis a practical guide for those who are interested in incorporating fresh and foraged ingredients into their beer, written by the brewers of one of the country's hottest new breweries. Recipes include: Sweet Potato Vienna Lager Chanterelle Mushroom Saison Nettle Spicebush Ale Sumac Sour Ale Basil Rye Porter Each chapter offers an overview of what plants to look for in your region, as well as how to harvest and how to preserve them. A brewing guide in the modern DIY tradition with a touch of the retro farmer's almanac, The Homebrewer's Almanac will be a staple in homebrewers' libraries and a source of year-round inspiration. The health benefits of probiotics are no secret—doctors from both the Western and Eastern medicine camps sing the praises of probiotics for their positive effects on digestion, metabolism, and the immune system. Enthusiasts of kombucha—a bubbly probiotic drink now sold regularly in stores from Manhattan delis to Seattle food co-ops—point to its high levels of B vitamins and amino acids, improving mood, energy levels, joint function, ligament health, and skin health. Now you can learn to make kombucha, as well as numerous other probiotic drinks, at home! With clear step-by-step directions, beautiful photographs, and more than seventy-five recipes, this is the ultimate guide to homemade probiotic drinks. You'll find numerous recipes for: Kombucha Jun Kefir Lacto-fermented lemonade Ginger beer Cultured vegetable juices And more! In addition, you'll find recipes for making yogurt, smoothies, and kefir ice cream. Fermenting drinks may seem daunting, but Julia Mueller shows how it can be fun, much more costeffective than buying ready-made drinks from the store, and delicious! Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a

Locally Brewed celebrates the Midwest's craft brewing movement with profiles of 20 of the area's brewmasters and their breweries. These are entertaining and inspiring stories of the individuals who have been essential in the exponential growth of this movement, as told through vivid interviews, beautiful photography,

home.

and dynamic artwork. In just the past 20 years, beer has been transformed from a "low-class" drink to a pluralistic, populist drink with the same stylistic diversity and caring craftsmanship as wine. One of the strongest hotbeds of this cultural shift is in the Midwest, where independently owned craft brewers focus on the creative, artisanal elements of the beer-making process. Locally Brewed explores these trends and the fun, fascinating, and unique details of each brewery, including label art, hand-pull designs, and of course the brews themselves. This is a book that can be enjoyed by the "beer geek" and the casual imbiber alike, as it emphasizes the people behind the beer as well as the beers they brew. Special sidebars and pullouts show what makes each brewery special, weaving together the story of the indie beer movement, relevant to both small-town Midwesterners and big-city beer lovers.

A complete guide to using the best ingredients and minimal equipment to create fun and flavorful brews Ancient societies brewed flavorful and healing meads, ales, and wines for millennia using only intuition, storytelling, and knowledge passed down through generations—no fancy, expensive equipment or degrees in chemistry needed. In Make Mead Like a Viking, homesteader, fermentation enthusiast, and self-described "Appalachian Yeti Viking" Jereme Zimmerman summons the bryggjemann of the ancient Norse to demonstrate how homebrewing mead—arguably the world's oldest fermented alcoholic beverage—can be not only uncomplicated but fun. Armed with wildyeast-bearing totem sticks, readers will learn techniques for brewing sweet, semisweet, and dry meads, melomels (fruit meads), metheglins (spiced meads), Ethiopian t'ej, flower and herbal meads, braggots, honey beers, country wines, and even Viking grog, opening the Mead Hall doors to further experimentation in fermentation and flavor. In addition, aspiring Vikings will explore: • The importance of local and unpasteurized honey for both flavor and health benefits; • Why modern homebrewing practices, materials, and chemicals work but aren't necessary; • How to grow and harvest herbs and collect wild botanicals for use in healing, nutritious, and magical meads, beers, and wines; • Hops' recent monopoly as a primary brewing ingredient and how to use botanicals other than hops for flavoring and preserving mead, ancient ales, and gruits; • The rituals, mysticism, and communion with nature that were integral components of ancient brewing and can be for modern homebrewers, as well; • Recommendations for starting a mead circle to share your wild meads with other brewers as part of the growing mead-movement subculture; and more! Whether you've been intimidated by modern homebrewing's cost or seeming complexity in the past—and its focus on the use of unnatural chemicals—or are boldly looking to expand your current brewing and fermentation practices, Zimmerman's welcoming style and spirit will usher you into exciting new territory. Grounded in history and mythology, but—like Odin's ever-seeking eye—focusing continually on the future of self-sufficient food culture, Make Mead Like a Viking is a practical and entertaining guide for the ages. The Ultimate Book of Craft Beer is the bible for beer lovers and foodies everywhere. From simple lagers to complex stouts, scattered between all the sage advice and mouth-watering recipes, there are profiles on beers from around the world that you'll definitely want to try. Perfect for everyone from beginners to old hands, this fun and accessible book guides you from how beer is made and how to store it, to what to look

for when you're in a pub. This guide shows you how to identify the beer styles you might like to try with a 'if you like this, try this' section, how to make the most gooey indulgent chocolate brownies with beer, and when and how to add a little pizazz to your cocktails with a splash or two of your favourite brew.

Celebrate the 26th anniversary of the Dogfish Head Craft Brewery with this rich, adventurous history The Dogfish Head Book: 26 Years of Off-Centered Adventures celebrates a quarter-century in business for the Dogfish Head Craft Brewery. Over the past 26 years, the Dogfish Head founders have learned timeless lessons about working and living. This book shares their hard-earned insights and helps readers navigate life's adventures. Through its colorful design and photos, The Dogfish Head Book brings the brewing business to life. Inside, you'll find wisdom and entertainment in the form of memorabilia, photos, and the Dogfish Head Rules of Thumb. Food and beer lovers, entrepreneurs, and business professionals alike will enjoy this unique book, which also makes a perfect gift for any Dogfish Head fan or craft beer enthusiast. Since its start in 1995, Dogfish Head has grown exponentially to become one of the most celebrated craft breweries in the United States. This book lets you tour the history of the iconic brand without leaving home. Recounts the rich history of the Dogfish Head Brewery and Distillery Explores the founders' unique and successful business philosophy Reveals new details about the future of this fast-growing brewery Celebrates the 26th anniversary of Dogfish Head Paired nicely with any Dogfish Head beer, The Dogfish Head Book: 26 Years of Off-Centered Adventures is a living guide to business and life—the Dogfish way!

Transform your dishes with the tremendous flavor of craft beer! The Craft Beer Cookbook doesn't think you need to wait until five o'clock to pop the cap off of a quality beer. From tender pork chops marinated in a bold and citrusy IPA to apple fritters drizzled with an amber ale caramel sauce, the recipes in this book are not only delicious, but they also capture the complex notes and flavors of a perfectly balanced brew. Filled with a diverse selection of varieties, each dish transforms everyday fare into top-shelf plates that are sure to satisfy even the most discerning fan of craft beers. A toast to the world's finest brews, this cookbook highlights inspired dishes like: Sausage and pale ale frittata Roasted mushroom and brown ale soup Salmon with dijon beer cream sauce over drunken couscous Slow-roasted maple stout baby back beef ribs Chocolate stout cake with chocolate raspberry ganache and whipped cream Complete with 100 imaginative craft beer recipes and dozens of four-color photographs, The Craft Beer Cookbook shows you how to incorporate your true love--beer!--into every meal.

2016 Silver Nautilus Book Award Winner Brew your own kombucha at home! With more than 400 recipes, including 268 unique flavor combinations, you can get exactly the taste you want — for a fraction of the store-bought price. This complete guide, from the proprietors of Kombucha Kamp, shows you how to do it from start to finish, with illustrated step-by-step instructions and troubleshooting tips. The book also includes information on the many health benefits of kombucha, fascinating details of the drink's history, and recipes for delicious foods and drinks you can make with kombucha (including some irresistible cocktails!). "This is the one go-to resource for all things kombucha." — Andrew Zimmern, James Beard Award—winning author and host of Travel Channel's Bizarre Foods

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