

Memorize The Faith And Most Anything Else Using Methods Of Great Catholic Medieval Memory Masters Kevin Vost

Learn how St. Thomas memorized the Faith. St. Thomas Aquinas perfected an easy method for his students to memorize most any information, but especially the truths taught by Christ and His Church. Thanks to the delightful pages of Memorize the Faith!, you can easily learn the Faith by tapping into the power of the classical memory system that helped St. Thomas become the Church's preeminent theologian and made it easier for him to become one of its greatest saints.

Janet Pope has memorized an amazing 90 chapters of the Bible, including 11 New Testament books. In His Word in My Heart, she enthusiastically shares with readers why memorizing Scripture is so important to the walk of the believer.

Author Kevin Vost presents St. Albert's brilliant scholarly career at the height of the Church's intellectual renewal in the thirteenth century. St. Albert was a scientist, theologian, and philosopher; a teacher, preacher, and negotiator; a shrewd shepherd and an unflinching defender of the Faith. He was tireless (and courageous) in his leadership and works of reform as a Dominican provincial and diocesan bishop. Desperate popes pressed him into diplomatic missions, hoping that Magnus might succeed in making peace where lesser men had failed. These pages not only tell St. Albert's story they share his lessons. Each chapter uses Albertine teachings, and the witness of the saint's life, to instruct, edify, and inspire us to greater holiness and more ardent love. Are you ready to strengthen your relationship with God and take your faith to a new level? Then read on. Throughout history, many Christian icons -- including Martin Luther, Chuck Swindoll and Fanny Crosby -- have extolled the benefits of memorizing scripture, and there's a good reason for this. When you commit the word of God to memory, just a few of the benefits you stand to gain include: Sharper and more effective witnessing Stronger prayer Greater alertness and higher observation skills Enhanced confidence and assurance But ultimately, the greatest benefit of them all is that you will feel a stronger connection to God and a solidification of your faith. Memorizing the scriptures may seem like an insurmountable task -- but not only is it possible; it's enriching. Anything worth doing takes work, and memorizing the word of God is no different. But supplied with the right strategies and a strong determination, this is the most rewarding work you will ever do, and you'll find that it will bring you closer to God in a way that simply reading the scriptures cannot. Whether you have 15 minutes, 30 minutes, or an hour a day to spare, you can commit God's word to heart -- no matter how bad you think your memory is. In Memorizing Daniel and the Lions' Den, you'll be given everything you need to memorize the chapter. You'll discover: A step-by-step guide to memorizing scripture that you can later apply to any part of the Bible you wish A one-verse-at-a-time approach to the entire chapter that makes memorizing not only achievable, but deeply rewarding A week-by-week course for memorizing scripture, including easy weekly planning to make memorization a doddle Ways you can adapt the process to fit your life -- no matter how little time you have 5 fundamental tips to optimize your memory A fool-proof way to memorize scripture without needing the Bible in front of you The chapter broken down into digestible, memory-friendly chunks What 'the 10-10-10 method' is -- and how to use it to bring you closer to God Next steps -- exactly how you can use what you've learned and apply it to any other part of the Bible you'd like to commit to memory And much more. If you think your memory isn't good enough to memorize scripture, think again. You've learned so many things over the course of your life, from cooking your favorite recipe to the best route to drive to work. They don't feel like a big deal anymore because you put the work in, and now they're just a part of your life. No matter what reason you've been putting this off, now's the time to memorize the word of God -- not only in your mind, but in your heart -- and with a little work and a patient guide, it's going to be a lot easier than you imagine. If you're ready to strengthen your relationship with God, then buy your copy now.

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In just fifteen minutes a day, you can master the 52 most important verses in the Bible in a year. While there are lots of one-year Bible reading plans, few help you understand the words that you're reading. What if we could introduce you to a Bible reading plan that would dramatically increase your mastery of the Bible in one year? Mark Moore coaches you through 52 of the Bible's most important verses. These are the "core" of the Bible. Each verse clears the path to master and manage dozens of other verses that run along the same principle path. At the end of this journey, you will move from curiosity about the Bible to competence in the Bible. It is the quickest onramp to understanding the whole of God's Word for your life.

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Observe...Interpret...Apply People with Bibles don't always know how to use them. They're good at absorbing and repeating material from sermons, commentaries, and blogs, but they miss the fullness and joy that comes from studying the Bible for themselves. The power to change the world is available, but it goes untapped. Though study aids are helpful, imagine if your primary ministry curriculum was Scripture itself. You could study the Bible, teach people how to study it themselves, and expect those folks to lead their own Bible studies with their neighbors, coworkers, and friends. Each year, you'd see an increasing number of men and women wield the sword of the Spirit, piercing hearts and drawing the lost to Jesus. Ordinary people can learn to study the Bible. These people may not have been to seminary. They don't have much free time. But they love Jesus and want to be more like him. They want to know him. *Knowable Word* offers a foundation on why and how to study the Bible. Using a running study of the first chapter of Genesis, it illustrates how to observe, interpret, and apply the Scripture--and gives the vision behind each step. It also shows how to read each Bible passage in light of salvation history. But besides being just a how-to on Bible study, it fuels the desire to learn and grow through studying the Scriptures. This book will appeal to three kinds of people: 1. Beginners who love God and his Word 2. Mature Christians who want to improve their Bible study skills 3. Leaders who long not only to teach but also to equip *Knowable Word* offers what each group needs: a sensible Bible study method. By learning to observe, interpret, and apply, ordinary people will grow extraordinarily close to Jesus Christ as they learn to study his knowable Word.

Christ's death on the cross offers victory over bitterness, addictions, occult bondage, and debilitating strongholds. *Encounter! Receive Christ's Freedom* will show you how to apply Christ's victory to your own life. This book is an excellent resource for someone who is bound by sinful habits or who simply needs to live an abundant life. It explains clearly how to receive the fullness of the Holy Spirit and then to walk in the Spirit's power. It's a great resource to use individually or in a retreat setting. In the back of the book, there's a coach's section to help guide someone else through the contents of this book. Topics include: Repentance and forgiveness; The power of the cross over sin, Satan, and demonic strongholds; How to receive inner healing; Freedom from the fear of death; How to be filled with the Spirit.

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Even while he was still alive, Dominican friar Albert of Cologne was widely called Magnus the Great. His contemporaries said St.

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Albert simply knew all there was to know; he was a scientist, theologian, and philosopher; a teacher, preacher, and negotiator; a shrewd shepherd and an unflinching defender of the Faith. The time has come to re-discover St. Albert's greatness, and to profit from his prodigious wisdom and virtue as did his famous student, St. Thomas Aquinas. Author Kevin Vost presents St. Albert's brilliant scholarly career at the height of the Church's intellectual renewal in the thirteenth century. St. Albert was tireless (and courageous) in his leadership and works of reform as a Dominican provincial and diocesan bishop. Desperate popes pressed him into diplomatic missions, hoping that Magnus might succeed in making peace where lesser men had failed. These pages not only tell St. Albert's story they share his lessons. Each chapter uses Albertine teachings, and the witness of the saint's life, to instruct, edify, and inspire us to greater holiness and more ardent love. Read St. Albert and see why the greatest man of his age has great things to offer our age as well.

Why Memorize Scripture? You will always have God's Word with you. Your prayer life will become stronger. Your mind will become sharper and more observant. Your witnessing will be much more effective. Your confidence will be boosted. Your faith will be strengthened. Memorizing Scripture is one of the most crucial elements to spiritual growth and victory over sin. When we fill our minds with His words, we make use of the most powerful spiritual tool there is. This book contains 52 verses. You can choose to memorize one per week for a year or you may choose to progress at your own pace. Each verse will be memorized by breaking it down into 4 sessions. The beginning verses will be shorter in length and easier to memorize. Don't worry, memory is a skill you can learn, a muscle you can strengthen. Study after study has shown that memorizing Scripture will improve your memory in other areas as well! Order today and get started on your journey through the Scriptures!

Provides a list of one hundred Bible verses, along with sidebar notes and memorization tips for each verse.

Memorize the Faith! (and Most Anything Else) Using the Methods of the Great Catholic Medieval Memory Masters Sophia Inst Press

In Memorize the Latin Mass! Dr. Kevin Vost harnesses the powerful memory methods of Sts. Albert the Great and Thomas Aquinas to help readers learn and remember all the parts and rites of the Traditional Latin Mass as they delve deep into the meaning and history of each one of them, gleaned from the wisdom of the Church and her saints. Crafted to supplement a Missal and to stimulate further reading, this book is a primer for readers, their children, grandchildren--and perhaps great-grandchildren--to help them come to better appreciate the beauty, sanctity, and mystery of the still enduring form of the sacrifice of the Mass that has nourished countless great saints for the vast majority of the history of the Catholic Church. Here, in Memorize the Latin Mass! we focus entirely on the Traditional Latin Mass (also known as the Tridentine Mass of the council of Trent and Pope Pius V, the Gregorian Rite, the usus antiquior, vetus ordo, and the Extraordinary Form of the Roman Rite) with adapted text from Memorize the Mass! and a new Appendix on The Last Gospel. Those who have read Memorize the Mass! will find much of the information in that book duplicated here. This more slender volume has been prepared for those who want a primer for themselves, their children, grandchildren--and perhaps great grandchildren, to help them come to better know and love still enduring form of the sacrifice of the Mass that has nourished countless great saints for the vast majority of the history of the Catholic Church. This completely guided and illustrated tutorial in the Catholic Art of Memory will enable you to engrave each and every one of those rites upon the tablet of your heart, knowing them literally forward and backward, and loving the Latin Mass all the more for it! [Excerpts from the English translation of The Roman Missal (c) 2010, International Commission on English in the Liturgy Corporation. All rights reserved.]

"They laughed when I said I could name all 27 books of the New Testament . . . but after I named them all in order, plus the 46 books of the Old Testament, they begged me to show them how I did it." Yes, I know that memorizing the Faith is no substitute for living a holy life, but even devout people can't live by truths and precepts they don't remember. That's why, over 700 years ago, St. Thomas Aquinas perfected an easy method for his students to memorize most any information, but especially the truths taught by Christ and His Church. As the years passed, our need for this ancient art of memorization grew, yet somehow our culture largely forgot it . . . which is why today, when you and I try to remember a list of things, we have to repeat their names over and over. Or, to remember to call the dentist, we tie a string on our finger. And we clutch at any means whatsoever to recall our passwords for ATMs, credit cards, and voicemail, our login names for Yahoo, eBay, and Amazon, and the host of other names and numbers that clog our minds and clutter our days. Now, thanks to the delightful pages of Memorize the Faith!, you can easily keep all these in mind — and learn the Faith! — by tapping into the power of the classical memory system that helped St. Thomas become the Church's preeminent theologian, and made it easier for him to become one of its greatest saints. Here, Catholic scholar Kevin Vost makes available again Aquinas's easy-to-learn method — the method Dr. Vost himself has used for decades to recall names, dates, phone numbers, the first dozen digits of pi (3.141592653589) and even whether, when his wife called him at work today, she asked him to bring home ice cream and toffee . . . or was it truffles and coffee? Indeed, Dr. Vost will teach you to remember virtually anything, but he devotes most of his book to showing you how to improve your memory of Catholic truths so you can live the Faith better. By the time you finish this book, you will have memorized dozens of key teachings of the Church, along with hundreds of precepts, traditions, theological terms, Scripture verses, and other elements of the Faith that every good Catholic needs to know by heart. Memory is the foundation of wisdom. It makes holiness easier. To grow wiser in the Faith . . . and holier . . . turn to Memorize the Faith! today. Note: Memorize the Faith! will teach you and your children how to remember anything, but it's particularly useful to those involved in religious education: catechists and converts, CCD teachers, RCIA members, and homeschoolers of all ages. Here, Dr. Vost and St. Thomas Aquinas show you easy ways to memorize the following truths and precepts of our Faith, plus many more: The 9 Beatitudes The 12 Apostles The 7 Virtues The 7 Sacraments The 4 Last Things The 7 Capital Sins The 10 Commandments The 4 Marks of the Church The 14 Stations of the Cross The 5 Precepts of the Church The 7 Gifts of the Holy Spirit The 12 Fruits of the Holy Spirit The 7 Spiritual Works of Mercy The 20 Mysteries of the Rosary The 7 Corporal Works of Mercy The 10 Holy Days of Obligation The 6 Sins Against the Holy Spirit The 5 Proofs for the Existence of God The 27 Books of the New Testament The 46 Books of the Old Testament And anything else you want to remember, from the 14 items on your grocery list to the birthdays of your 7 nephews and nieces!

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Whether you're going through a hard time and need faith to overcome, or if you just want to know how to take your faith to the next level -no matter what, this book is for you. *Slaying Your Giants* is a book that will change your life. It will teach you everything you need to know to have that mountain moving, giant tackling faith that God has always wanted from you. But prepare yourself for a total life makeover. Because radical faith creates radical changes.

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The Gospels and Acts are composed of writings from St. Matthew, St. Mark, St. Luke, St. John and the Book of Acts. The purpose of which is to give you the spiritual lens that will enable you to see clearly what you fail to see using your physical lens. As you read this collection, try to see the three spiritual themes to it. Get a copy today.

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Train for strength in body and soul! Catholic psychologist and veteran bodybuilder Kevin Vost shows that God's command to "be perfect" applies not only to our moral life, but also to our bodies. Dr. Vost explains the basic principles of strength and endurance training and then helps you assemble an effective, personalized workout program that can be performed in as little as twenty minutes per week, leaving you plenty of time (and energy) to be an active Christian parent, spouse, and disciple.

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The seven deadly sins are generals leading a vast and deadly army. The soldiers are a variety of sins and misdeeds, and the capital sins are the officers who sent them on their nefarious tasks. With the writings of St. Thomas Aquinas as his guide, best-selling author Kevin Vost tackles the deadly sins one-by-one, showing how they take root in our soul and give birth to offspring — other sinful thoughts and deeds that help it reach its sinful goals. You'll learn how they attacks us, and how they become ingrained habits that prevent virtue from raising us to heaven. Indeed, these sins hold us down to earth — and possibly, ultimately, even much lower. The deadly sins can be conquered, and in these pages you'll learn the methods employed by saints to vanquish vicious habits and replace them with virtuous ones. Follow the advice in this book, and you'll soon strike at the head of sin and walk more positively in the light and love of Christ. You'll also learn: Which sin can truly be called the deadliest in the world Why there are only seven deadly sins What takes place within our souls when we grapple with sin The relationship between vices and sins - and how to sever their bonds How each and every deadly sin is outnumbered by several opposite virtues Six deadly dominoes: Do you know the sins that almost always cause us to commit additional sins? How “the mother of the virtues” dethrones “the queen of the vices” Seven sacramental and saint-sanctioned strategies to call forth God's graces to grapple with each deadly sin

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Regardless of their sometimes ambiguous concepts of God, the Roman Stoic philosophers did acknowledge Him, but on the basis of reason alone, because they had not met Christ. Nonetheless, they did deduce from God's existence our need to live lives of virtue, honor, tranquility, and self-control--and they developed effective techniques to help us achieve this. Musonius Rufus the teacher, Epictetus the slave, Seneca the adviser to emperors, and Marcus Aurelius, the emperor himself, produced a practical technology we can use to integrate Christian ethics into our own daily practice. As Kevin Vost so wonderfully illustrates in his new book, *The Porch and the Cross*, the Stoics can help us learn--and remember--what is up to us, and what is up to God alone. Here, Dr. Kevin Vost provides you with 12 essential life lessons, culled from the writings of St. Thomas Aquinas. Together these lessons will elevate your mind, enrich your spirit, and teach you how to participate fully in the universal vocation to holiness and happiness. Distilling Thomas's timeless and unparalleled spiritual wisdom, Vost shows you: --The things you must believe, know, and desire in order to be saved (and how to thoroughly attend to these in your daily life) --Why you must be religious and not merely “spiritual” --How sloth in particular can blind you to the highest meaning of life (and which virtues supply the antidote) --The surprising and dreadful effects of wrath in your life --How to recognize injustices you may be committing daily—and how to train yourself to fight those impulses --How to free yourself from the crushing yoke of envy --How and why you should be your own best friend --Which virtues you need so you can hate the sin while loving the sinner --Why you should care about angels --What you need to know about the saints in order to become one These 12 life lessons from St. Thomas Aquinas will help you cultivate a rich, robust faith life that will bring you into closer communion with God and beckon others to follow. With the help of Vost and Thomas, you'll soon find yourself confidently and happily living in imitation of Our Lord, the Way, the Truth, and the Life for all men. Discover the specific talents God gave you. Kevin Vost here unearths a treasure for those who are struggling to live a life of Christian virtue. He shows you how to discover each of your ten talents, and then to understand and perfect them. You'll quickly develop your noble ability to reason and prepare yourself to live a life that honors God.

In understanding faith you will learn what faith really is. the parts of faith ,how to use it. learn of the Spirit of religion and who he is and his part in the unholy god head . learn where faith comes from, where to and how to get more. learn that the spirit of religion is at work in your life and in your church know that the problem you have are caused by you not knowing the laws of faith and that most people don't know them as laws you heard things but not as laws learn what believe is,what is unbelief is? unbelief is not

believing ,it refusing to believe. go in to the bible as never before. understand what the word GOD means, and that you are one. and not a little one as that lie goes around to stop you told be the Spirit of religion.learn your faith is what will cause you to be healed cause the money you need and yes want will cause it to come learn that because you have faith you don't have to ask the father to do this that is unbelief when you understand what faith and how to use it you will whip the devil ever time you see his run of ever time you look for him just to kick his butt not only in your life but others understand who you are and what you have and what you can do.when you understand faith. you will enjoy life,live healthier be worry free.

Unleash the hidden power of your mind It's there in all of us. A mental resource we don't think much about. Memory. And now there's a way to master its power. . . . Through Harry Lorayne and Jerry Lucas's simple, fail-safe memory system, you can become more effective, more imaginative, and more powerful at work, at school, in sports, and at play. • Read with speed and greater understanding. • File phone numbers, data, figures, and appointments right in your head. • Send those birthday and anniversary cards on time. • Learn foreign words and phrases with ease. • Shine in the classroom and shorten study hours. • Dominate social situations: Remember and use important personal details. Begin today. The change in your life will be unforgettable

Prepare to embark on one of the most rewarding exercises of spiritual and mental labor anyone could ever attempt. Many Christians have at least a few Bible verses committed to memory, but An Approach to Extended Memorization of Scripture encourages Christians to ramp up Scripture memorization. Daily procedures and techniques guide the reader through memorizing entire chapters and books of the Bible at one time. Author and pastor Dr. Andrew Davis has used these proven method to commit 35 books of the Bible to memory over the course of his ministry.

Whether you have memorized Bible verses before or are new to exploring God's word, the process of learning scripture can be a daunting task. This simple 12 week journal is a self-guided DIY study. You choose the scripture that best fit your life or use it as a companion to another Bible study. The journal breaks down the process of memorizing scripture into simple steps that are not only helpful, but fun! Write it, doodle it, say it, ponder it, and pray it, until you know it, word for word.

Technology has information at our fingertips. But our relationship with God needs to be one of the heart, not the smartphone. Get engaged with the Word of God in a refreshing and amazing new way! Memorize verses, chapters, and even whole books of the New Testament using the "Bible Memory Man" Prof. Tom Meyer's powerful techniques that he learned while studying in Jerusalem, Israel. Having memorized 20 complete books of the Bible, Tom shares his helpful tips. Go deeper into Scripture and command a greater knowledge, insight, and understanding of God! Discover memorization techniques used throughout Jewish and Christian history as you unleash the true power of the spoken Word Develop a more intimate relationship with God when you memorize and meditate to keep Scripture in your heart Written by the instructor of the only accredited Bible memorization college course in America

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work you will ever do, and you'll find that it will bring you closer to God in a way that simply reading the scriptures cannot. Whether you have 15 minutes, 30 minutes, or an hour a day to spare, you can commit God's word to heart -- no matter how bad you think your memory is. In Memorizing Memorizing Psalm 139 - Fearfully and Wonderfully Made, you'll be given everything you need to memorize the chapter. You'll discover: A step-by-step guide to memorizing scripture that you can later apply to any part of the Bible you wish A one-verse-at-a-time approach to the entire chapter that makes memorizing not only achievable, but deeply rewarding A week-by-week course for memorizing scripture, including easy weekly planning to make memorization a doddle Ways you can adapt the process to fit your life -- no matter how little time you have 5 fundamental tips to optimize your memory A fool-proof way to memorize scripture without needing the Bible in front of you The chapter broken down into digestible, memory-friendly chunks What 'the 10-10-10 method' is -- and how to use it to bring you closer to God Next steps -- exactly how you can use what you've learned and apply it to any other part of the Bible you'd like to commit to memory And much more. If you think your memory isn't good enough to memorize scripture, think again. You've learned so many things over the course of your life, from cooking your favorite recipe to the best route to drive to work. They don't feel like a big deal anymore because you put the work in, and now they're just a part of your life. No matter what reason you've been putting this off, now's the time to memorize the word of God -- not only in your mind, but in your heart -- and with a little work and a patient guide, it's going to be a lot easier than you imagine. If you're ready to strengthen your relationship with God, then scroll up and click "Add to Cart" right now. About St. Thomas Aquinas, Pope John XXII said: "A man can derive more profit in a year from his books than from pondering all his life the teaching of others." And Pope Pius XI added: "We now say to all who are desirous of the truth: 'Go to St. Thomas.'" But when we do go to Thomas -- when we open his massive Summa Theologica or another of his works -- we're quickly overwhelmed, even lost. If we find him hard to read, how can we even begin to "think like Aquinas?" Now comes Kevin Vost -- the best-selling author of The One-Minute Aquinas -- armed with a recently rediscovered letter St. Thomas himself wrote -- a brief letter to young novice monk giving practical, sage advice about how to study, how to think, and even how to live. In this letter written almost 800 years ago, St. Thomas reveals his unique powers of intellect and will, and explains how anyone can fathom and explain even the loftiest truths. Vost and St. Thomas will teach you how to dissect logical fallacies, heresies, and half-truths that continue to pollute our world with muddy thinking. Best of all, you'll find a fully-illustrated set of exercises to improve your intellectual powers of memory, understanding, logical reasoning, shrewdness, foresight, circumspection, and practical wisdom. You'll also learn: The four steps to training your memory How to know your mental powers -- and their limits Why critical thinking alone is insufficient for reaching the truth Twenty common fallacies -- and how to spot them The key to effectively reading any book How to set your intellect free by avoiding worldly entanglements How to commit key truths to memory Pius XI called St. Thomas Aquinas the "model" for those who want to "pursue their studies to the best advantage and with the greatest profit to themselves." Leo XIII urged us all to "follow the example of St. Thomas." Over the centuries, dozens of other popes have praised him. Surely it is time to listen to these good men, time to "go to Thomas," to learn to think like him, and, yes, even to live like him.

Pope St. Pius said that "in one year, a man can derive more profit from the works of St. Thomas Aquinas than from a lifetime studying the works of others." If you don't have a year to study the more than 3,000 pages St. Thomas wrote, then turn to The One-Minute Aquinas, the fast-paced book that provides busy readers with simple, readable explanations of the truths that, for 750 years now, have caused the works of St. Thomas to be sought out by kings and popes, scholars and saints, as well as by ordinary souls like you -- hungry to know God and to love him more and more. In this book's lucid pages, author Kevin Vost gives you small, digestible portions of St. Thomas's life-giving wisdom that you can enjoy one minute at a time. Tables and graphics will help you grasp and remember St. Thomas's key ideas with a minimum of time and effort. Best of all, in The One-Minute Aquinas you'll find quick, sure refutations of the countless relativistic, secular, and pseudoscientific ideas that are so influential in our culture today -- and so shallow, contradictory, and wrong! Pope John Paul II declared that "the Church has been justified in consistently proposing St. Thomas as a master of thought and a model of the right way to do theology." Now The One-Minute Aquinas enables even those with limited time and only a modest education to benefit from the wisdom of this great saint. Here, with minimal effort and among scores of other things, you'll finally come to know and understand: Why God permits evil Heaven: what it is (and is not) Five simple proofs that God exists Why God became man Why Jesus let himself be tempted How you can grow quickly in virtue Why all souls need the sacraments Why Jesus let himself be crucified The causes of lust The natural law and the Commandments The soul, free will, sin, and damnation The angels, their ranks, and their powers How God governs (and refrains from governing) God's power and its limits The Bible: why didn't Jesus just write it himself? The surprising qualities of our resurrected bodies

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