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## **Little Red Book Harvey Penick Ebooks About Little Red Book Harvey Penick Or Read Online Viewer Search Ki**

Shane Jones had been a golf enthusiast for many years, yet he rarely broke 80 in his games. He watched what others did and found that golfers, non-professional and professional alike, shared common traits for a good game. He compiled what he noticed, put it to practice, and wrote this book about his findings.

The first-ever biography of the iconic and beloved golf coach who caddied for Francis Ouimet, played with Ben Hogan, competed against Bobby Jones, shaped Ben Crenshaw, and distilled his golf wisdom into the Little Red Book, granting simplicity to a vexing yet beloved sport. Millions of people were charmed by the homespun golf advice dispensed in Harvey Penick's Little Red Book, a sports classic that went on to become the best-selling sports book of all time. Yet, beyond the Texas golf courses where Penick happily toiled for the better part of eight decades, few people knew the self-made golf pro who coaxed the best out of countless greats — Tom Kite, Ben Crenshaw, Betsy Rawls, Mickey Wright — all champions who considered Penick their coach and lifelong friend. In *Harvey Penick*, Kevin Robbins tells the story of this legendary steward of the game. From his first job as a caddie at age eight to his ascendance to head golf pro at the esteemed Austin Country Club to his playing days when he competed with Bobby Jones and Walter Hagen to his mentorship of some of golf's finest players, Penick

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studied every nuance of the game. Along the way, he scribbled his observations and anecdotes, tips and tricks, and genuine love of the sport in his little red book, which ultimately became a gift to golfers everywhere. Part elegy to golf's greatest teacher, part inquiry into his simple, impactful teachings, part history of golf over the past century, Harvey Penick is an exquisitely written sports biography.

For the first time, champion Tiger Woods reveals the five secrets to his amazing success--a combination of physical, metaphysical and psychological practices he uses daily to keep his game in top shape.

Golf.

The Big Miss is Hank Haney's candid and surprisingly insightful account of his tumultuous six-year journey with Tiger Woods, during which the supremely gifted golfer collected six major championships and rewrote golf history. Hank was one of the very few people allowed behind the curtain. He was with Tiger 110 days a year, spoke to him over 200 days a year, and stayed at his home up to 30 days a year, observing him in nearly every circumstance: at tournaments, on the practice range, over meals, with his wife, Elin, and relaxing with friends. The relationship between the two men began in March 2004 when Hank received a call from Tiger in which the golf champion asked him to be his coach. It was a call that would change both men's lives.

Tiger—only 28 at the time—was by then already an icon, judged by the sporting press as not only one of the best golfers ever, but possibly the best athlete ever. Already he was among the world's highest paid celebrities. There was an air of mystery surrounding him, an aura of invincibility. Unique among athletes, Tiger seemed to be able to shrug off any level of pressure and find a way to win. But Tiger was always looking to improve, and he wanted Hank's help.

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What Hank soon came to appreciate was that Tiger was one of the most complicated individuals he'd ever met, let alone coached. Although Hank had worked with hundreds of elite golfers and was not easily impressed, there were days watching Tiger on the range when Hank couldn't believe what he was witnessing. On those days, it was impossible to imagine another human playing golf so perfectly. And yet Tiger is human—and Hank's expert eye was adept at spotting where Tiger's perfection ended and an opportunity for improvement existed. Always haunting Tiger was his fear of "the big miss"—the wildly inaccurate golf shot that can ruin an otherwise solid round—and it was because that type of blunder was sometimes part of Tiger's game that Hank carefully redesigned his swing mechanics. Hank's most formidable coaching challenge, though, would be solving the riddle of Tiger's personality. Wary of the emotional distractions that might diminish his game and put him further from his goals, Tiger had developed a variety of tactics to keep people from getting too close, and not even Hank—or Tiger's family and friends, for that matter—was spared "the treatment." Toward the end of Tiger and Hank's time together, the champion's laser-like focus began to blur and he became less willing to put in punishing hours practicing—a disappointment to Hank, who saw in Tiger's behavior signs that his pupil had developed a conflicted relationship with the game. Hints that Tiger hungered to reinvent himself were present in his bizarre infatuation with elite military training, and—in a development Hank didn't see coming—in the scandal that would make headlines in late 2009. It all added up to a big miss that Hank, try as he might, couldn't save Tiger from. There's never been a book about Tiger Woods that is as intimate and revealing—or one so wise about what it takes to coach a superstar athlete.

A unique, entertaining and honest review of the world's best golf courses by world renowned

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golf architect Tom Doak

A collection of wit and wisdom on golf offers practical advice to everyone from golf pros--including Tom Kite, Ben Crenshaw, and Sandra Palmer--to high-handicap amateurs. 20,000 first printing.

Two highly respected outdoor journalists, Kirk Deeter of Field & Stream and Charlie Meyers of the Denver Post, have cracked open their notebooks and shared straight-shot advice on the sport of fly fishing, based on a range of new and old experiences—from interviews with the late Lee Wulff to travels with maverick guides in Tierra del Fuego. The mission of The Little Red Book of Fly Fishing is to demystify and un-complicate the tricks and tips that make a great trout fisher. There are no complicated physics lessons here. Rather, conceived in the “take dead aim” spirit of Harvey Penick’s classic instructional on golf, The Little Red Book of Fly Fishing offers a simple, digestible primer on the basic elements of fly fishing: the cast, presentation, reading water, and selecting flies. In the end, this collection of 240 tips is one of the most insightful, plainly spoken, and entertaining works on this sport—one that will serve both novices and experts alike in helping them reflect and hone in their approaches to fly fishing.

Half of all new golfers are women, and here Harvey Pennick directs his advice to meet the unique needs of the woman golfer.

By combining classic insights and stories from Zen tradition, Zen Golf helps eliminate the mental distractions that routinely cause poor shots and loss of concentration, allowing golfers to feel in “the zone” that professionals have learned to master. “The lessons in Zen Golf make the mental game seem so simple. Dr. Parent has given me

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very effective methods for working with thoughts and emotions, and for taking the negatives out of the picture.” —Vijay Singh, Masters and PGA Champion The best players know that golf is a game of confidence, and most important, concentration—the ability to focus and block out distraction. The goal of achieving clear thought is also at the heart of Buddhist teachings. In his highly original and groundbreaking book, noted PGA coach and Buddhist instructor, Dr. Joseph Parent, draws on this natural connection and teaches golfers how to clear their minds, achieve ultimate focus, and play in the moment for each shot. Zen Golf presents a simple system for building “mental game mastery.” Dr Parent’s unique PAR Approach (focusing on Preparation, Action, and Response to Results) guides golfers with specific techniques for each aspect of their games. In chapters such as “How to Get From the Practice Tee to the First Tee”, “You Produce What You Fear”, and “How to Enjoy a Bad Round of Golf”, the author shares a personal teaching regimen that has helped improve the games of professionals and amateurs alike. Clear, concise, and enlightening, Zen Golf shows golfers how to prepare for, execute, and equally important, respond the results of any golf shot. A different approach to golf instruction, this book shapes ancient philosophies into new teachings.

The Little Red Book of Golf Wisdom is packed full of thoughtful and witty quotes on the game that has maddened, excited, and delighted generations of players and fans alike. Golfing legends, literary giants, celebrities, and politicians offer pithy and memorable

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comments on the sport that A. A. Milne once described as “the best game in the world at which to be bad.” Read musings on golf from such noteworthy folks as: • John Updike • Bill Clinton • Ben Hogan • Annika Sorenstam • Rex Lardner • Tiger Woods • Jack Nicklaus • P.G. Wodehouse • Althea Gibson • And hundreds of others! The Little Red Book of Golf Wisdom will entertain, instruct, and capture the essence of the game that has an irresistible hold on anyone connected with it—whether as a participant or a spectator. There’s a reason why people all over the world are drawn to a game that can easily break one’s heart. This book tells you why.

Supported by state-of-the-art motion analysis research, "short game guru to the pros" James Sieckmann unveils his "finesse wedge" swing -- a proven and pragmatic way to learn, practice, and perform with each wedge in the bag in every situation -- and shows players that upgrading their short game is possible. Since James Sieckmann first revealed his short-game methods two decades ago, he has amassed a cultlike following of more than seventy PGA and LPGA Tour disciples and has been dubbed the “short-game guru to the pros” (GOLF Magazine). Using his system, several of Sieckmann’s students have become some of the best short-game players of the modern era. A two-time winner on the PGA Tour jumped 117 spots in the Sand Save rankings in one season; another client quickly jumped 81 spots in Scrambling percentage. The benefits of a good short game are undisputed. Unfortunately, players at all levels fail to develop effective short-game skills because instructors teach the

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exact opposite of the correct technique. Sieckmann studied the greatest short-game players in recent memory—including Seve Ballesteros, Corey Pavin, and Raymond Floyd—to develop a proven and pragmatic way to learn, practice, and perform with each wedge in every situation. His unique observations, which were later verified by motion capture technology, work equally well for amateurs and pros. In his long-awaited first book, Sieckmann opens up his vault of secrets for all golfers. After breaking down the basics, he presents a session-by-session training and practice guide—the same one he creates for his tour clients—to help the reader develop and sustain correct habits, avoid common flaws, and master essential skills. Next, Sieckmann explains how to optimize a player’s wedge swing for every scenario. An easy-to-learn and easy-to-use system, *Your Short Game Solution* will be the go-to guide anywhere golf is played.

"Followed by a wolf, a huntsman, and a porridge-sampling nuisance called Goldie, Red embarks on a quest to find a magical cure for her ailing grandmother."--

When a group of middle-class buddies obsessed with golf set up a bet to see who can finagle their way onto the nearby private course, their friendship is tested in ways they had never expected in this humorous novel from Rick Reilly, one of America’s most popular sportswriters. *Missing Links* is the story of four middle class buddies who live outside of Boston and for years have been 1) utterly obsessed with golf and 2) a regular foursome at Ponkaquoque Municipal Course and Deli, not so fondly known as Ponky, the single worst golf course in America. Just adjacent to these municipal links lies the

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Mayflower Country Club, the most exclusive private course in all of Boston and a major needle in their collective sides. Frustrated by the Mayflower's finely manicured greens and snooty members, three of Ponky's finest and most courageous—Two Down, Dannie, and Stick—set up a bet: \$1,000.00 apiece, and the first man to somehow finagle his way on to the Mayflower course takes all. Lying, cheating, and forgery are encouraged, to put it mildly, and with the constant heckling and rare aid of Chunkin' Charlie, Hoover, and Bluto--a few more of Ponky's elite--the games begin. One of the three will eventually play the Mayflower's course, but their friendships--and everything else--will change as various truths unravel and the old Ponky starts looking like the home they never should have left.

Abiding deep within every golfer's spirit is a unique swing. This intriguing page-turner unravels the mystery and confusion surrounding playing great golf!

The popular golf instructor shares the most important lessons he has learned about the game of golf, presenting a four-pronged approach that emphasizes the swing, the short game and putting, mental preparation and course management, and physical conditioning

"Minneapolis record indicates that 75% are successful in A.A." - The A.A. Grapevine, August 1946 In 1942, Ed W. began teaching the "Twelve Step Study" classes that helped the Minneapolis Group achieve their 75% recovery rate. Then in 1946, he and Barry C. (The first sober A.A. in the state) published the lectures used for these classes

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as a book. Initially titled *The Twelve Steps*, it was affectionately nicknamed "the little red book." Back in print for the first time in more than 65 years, the original 1946 edition reveals firsthand how some of A.A.'s earliest members made the program their way of life. Everyone from newcomers to oldtimers will find a wealth of practical experience in this comprehensive guide to the Twelve Steps. Praise for the 1946 edition of *The Little Red Book*: "I have enjoyed your little book very much & know that it will prove to be of a lot of help to many." - Dr. Bob, co-founder of Alcoholics Anonymous From a letter to Ed W., dated December 29th, 1946 "Everybody who has read it seems to like it very much - which of course was to be expected!" - Bill W., co-founder of Alcoholics Anonymous From a letter to Ed W., dated November 14th, 1946 *The Little Red Book: The Original 1946 Edition* is sold at cost, to carry the message to alcoholics. The publisher makes no money from the sale of this book. In order to facilitate study by the broadest possible audience, all references to Alcoholics Anonymous have been altered to correspond to the fourth edition. No other changes have been made to the original text. Don't be misled: Look for "The Original 1946 Edition" on the cover before purchasing. This is the only accurate reprint of the text as it was originally written.

Was there ever a year in golf like 1960? It was the year that the sport and its vivid personalities exploded on the consciousness of the nation, when the past, present, and future of the sport collided. Here was Arnold Palmer, the workingman's hero, "sweating, chain-smoking, shirt-tail flying"; Ben Hogan, the greatest player of the fifties,

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a perfectionist battling twin demons of age and nerves; and, making his big-time debut, a crew-cut college kid who seemed to have the makings of a champion: twenty-year-old Jack Nicklaus. And of course, the rest: Ken Venturi, Chi Chi Rodriguez, Doug Sanders, Gary Player, and the many other colorful characters who chased around a little white ball—and a dream. Would Palmer win the mythical Grand Slam of golf? Could Hogan win one more major tournament? Was Nicklaus the real thing? Even more than an intimate portrait of these men and their exciting times, *The Eternal Summer* is also an entertaining, perceptive, and hypnotically readable exploration of professional golf in America.

This old adage is familiar to all golfers but is especially resonant with Dr. Bob Rotella, the bestselling author of *Golf Is Not a Game of Perfect* and one of the foremost golf authorities today. In *Putting Out of Your Mind*, Rotella offers entertaining and instructive insight into the key element of a winning game—great putting. He here reveals the unique mental approach that great putting requires and helps golfers of all levels master this essential skill. Much like *Golf Is Not a Game of Perfect* and *Golf Is a Game of Confidence*, *Putting Out of Your Mind* is an informative and valuable guide to achieving a better golf game. While most golfers spend their time trying to perfect their swing so they can drive the ball farther, Rotella encourages them to concentrate on their putting—the most crucial yet often overlooked aspect of the game. Great players are not only aware of the importance of putting, they go out of their way to master it,

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and mastery can only begin with the understanding of the attitude needed to be a better putter. Rotella's mental rules have helped some of the greatest golfers in the world become champion putters and, for the first time, are now available to golfers everywhere. With everything from true-to-life stories of such greats as Davis Love III, David Duval, and Brad Faxon to dozens of game-changing practice drills, *Putting Out of Your Mind* is the new bible of putting for amateurs and pros alike.

NEW YORK TIMES BESTSELLER "Reilly pokes more holes in Trump's claims than there are sand traps on all of his courses combined. It is by turns amusing and alarming." -- *The New Yorker* "Golf is the spine of this shocking, wildly humorous book, but humanity is its flesh and spirit." -- *Chicago Sun-Times* "Every one of Trump's most disgusting qualities surfaces in golf." -- *The Ringer* An outrageous indictment of Donald Trump's appalling behavior when it comes to golf -- on and off the green -- and what it reveals about his character. Donald Trump loves golf. He loves to play it, buy it, build it, and operate it. He owns 14 courses around the world and runs another five, all of which he insists are the best on the planet. He also claims he's a 3 handicap, almost never loses, and has won an astonishing 18 club championships. How much of all that is true? Almost none of it, acclaimed sportswriter Rick Reilly reveals in this unsparing look at Trump in the world of golf. Based on Reilly's own experiences with Trump as well as interviews with over 100 golf pros, amateurs, developers, and caddies, *Commander in Cheat* is a startling and at times hilarious indictment of Trump and his golf game. You'll

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learn how Trump cheats (sometimes with the help of his caddies and Secret Service agents), lies about his scores (the "Trump Bump"), tells whoppers about the rank of his courses and their worth (declaring that every one of them is worth \$50 million), and tramples the etiquette of the game (driving on greens doesn't help). Trump doesn't brag so much, though, about the golf contractors he stiffes, the course neighbors he intimidates, or the way his golf decisions wind up infecting his political ones. For Trump, it's always about winning. To do it, he uses the tricks he picked up from the hustlers at the public course where he learned the game as a college kid, and then polished as one of the most bombastic businessmen of our time. As Reilly writes, "Golf is like bicycle shorts. It reveals a lot about a man." Commander in Cheat "paints a side-splitting portrait of a congenital cheater" (Esquire), revealing all kinds of unsightly truths Trump has been hiding.

A rerelease of a classic reference draws on decades of experience by the late renowned golf pro as documented in a small red notebook throughout his career, sharing practical, non-technical wisdom for players of any experience level on how to maximize golf skills.

Dr Bob Rotella is one of the hottest golfing performance consultants in the world today. Unlike other performance consultants, Rotella goes beyond the usual mental aspects of the game and the reliance on specific techniques. In this extraordinary book, and with his clients, he creates an attitude and a mindset about all aspects of the golfer's game,

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from mental preparation to competition. And, as some of the world's greatest golfers will attest, the results are spectacular. Filled with charming and insightful stories about golf and the golfers Rotella works with, **GOLF IS NOT A GAME OF PERFECT** will improve the game of even the most casual weekend player.

Byron Nelson's beloved Little Black Book, his personal golfing journal, is a must addition of every golfer's library.

"This book is an unprecedented view of how one of our era's best architects thinks about his craft, his peers and his business. It reads like a long conversation about a craft he has loved, studied, and honed for nearly 40 years - golf course architecture."--Back cover.

Learn how to swing a golf club from the golfer with the most perfect golf swing of all time, Mickey Wright. Oh yeah, who says so ? Ben Hogan ! Harvey Penick in his Little Red book said," Surely Mickey Wright is ther greatest woman player of all time. It is a thrill for me to remember that beautiful swing of hers." You can learn the swing that won Mickey Wright 90 professional tournaments and 13 major championships before retiring at the young age of 34. Your drives can become longer and more accurate.

Written by the author of *The Little Red Golf Book*, this volume picks up where the first book left off. It features the same blend of simple wisdom, sound golfing instruction and good common sense that made the previous title so popular with golfers of all ages and levels of ability.

Byron Nelson was one of golf's greatest legends. He was one of the finest golfers ever to pick up a putter, and the man who had the most magnificent year any golfer has ever had—1945,

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when he won an incredible eighteen PGA tournaments, including eleven in a row, and finished second in seven others. How I Played the Game is the beautifully told tale, in his own words, of a man determined to be the best ever: his hardscrabble rural Texas upbringing and his near-death experience with typhoid fever; his early years as a caddie at Fort Worth's Glen Garden Country Club (where as a 15-year-old he beat another young caddie named Ben Hogan in the Caddie Championship); the lean years as an amateur and as a young pro during the Depression; and the golden years of the 1940s, when he invented the modern golf swing and forged the legend of "Lord Byron." Even after his sudden retirement (the real reason for which is finally revealed here) his impact on the game never lessened. Besides his many years as an insightful TV golf commentator, he was mentor to several future golf champions, Ken Venturi and Tom Watson among them. And he continued to play top-caliber golf with the greats of the game, like Hogan, Jack Nicklaus, and Arnold Palmer, and some who were less than great—President Eisenhower, Bing Crosby, Bob Hope, and a host of others. Laced throughout with scores of priceless stories, anecdotes, opinions, and even golf tips, and with an in-depth, event-by-event recreation of his golden year, 1945, How I Played the Game is golf writing and remembrance of the highest order—irresistible reading for every golfer and fan.

Through this moving tribute to his father's love, Davis III passes along the benefits of those lessons in a gem of a book that will improve your golf game—and enhance your life. With every shot he takes, Davis Love III provides a tribute to the strength and the value of his father's teachings. And in Every Shot I Take, he shares with us the psychological and technical lessons he learned about how to play golf with power, with skill, and with joy. His lessons include drills, the Ten Commandments of Putting, six steps to successful long bunker shots, and tips for

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playing in the wind and rain, on fast greens, or out of long rough. Yet each lesson is ultimately about something more than golf. Golf was, for Davis, Jr., a way of being a father, of teaching his sons how to learn, how to approach whatever they might choose to do with knowledge and with care, how to overcome obstacles through dedication and understanding. It was the vehicle through which he taught the most important lesson of all: "Follow your dream, and enjoy the trip."

The instant New York Times bestseller This book is Palmer's parting gift to the world -- a treasure trove of entertaining anecdotes and timeless wisdom that readers, golfers and non-golfers alike, will celebrate and cherish. No one has won more fans around the world and no player has had a bigger impact on the sport of golf than Arnold Palmer. In fact, Palmer is considered by many to be the most important professional golfer in history, an American icon. In *A Life Well Played*, Palmer takes stock of the many experiences of his life, bringing new details and insights to some familiar stories and sharing new ones. This book is for Arnie's Army and all golf fans but it is more than just a golf book; Palmer had tremendous success off the course as well and is most notable for his exemplary sportsmanship and business success, while always giving back to the fans who made it all possible. Gracious, fair, and a true gentleman, "Arnie" was the gold standard of how to conduct yourself in your career, life, and relationships. Perfect for men and women of all ages, his final book offers advice and guidance, sharing personal stories of his career on the course, success in business, and the great relationships that gave meaning to his life.

Hailed as a classic and read everywhere golf is played, *Golf My Way* has sold more than 2 million copies worldwide since it was first published in 1974. Finally, Jack Nicklaus, golf's

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leading master, definitively covers the whole of his game through a lifetime of greatness. Golf My Way presents an all-inclusive, A-to-Z explanation of how this greatest of champions thinks about and plays the game. This book includes:

- New introduction, endpiece, and illustrations
- Brand-new chapters discussing the changes in Nicklaus's outlook and techniques
- Reflections on the differences in tournament golf today compared with when Nicklaus joined the PGA tour in 1962
- Advice on the mental elements of improved playing that are not directly related to ball-striking or shot-making

Tiger Woods? Ben Hogan? Annika Sorenstam? None of these amazing athletes knows more about winning golf tournaments than LPGA legend Kathy Whitworth. In the bestselling tradition of Harvey Penick's Little Red Book, longtime Penick student and World Golf Hall of Fame enshrinee Whitworth presents readers with tee-to-green advice gleaned from years of teaching and tournament golf in Kathy Whitworth's Little Book of Golf Wisdom, first published in 2007. Whitworth amassed a whopping eighty-eight professional wins in her career—a record for both men's and women's US Tours. Small enough to fit inside your golf bag and with much of the simple, easy-to-understand, commonsense manner of Penick's classic books, this book includes expert advice on playing one shot at a time; thinking your way around the golf course; the common traits of all champions; the importance of confidence, concentration, and learning in practice rounds; practicing trouble shots; bad-weather golf; pressure putting; and how to turn things around when you're playing badly. With its invaluable advice, this is an indispensable resource for any golfer. Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about

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your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home. Golf is a disease, not a game. Especially when you take the game up in your fifties, as I did. After a series of injuries stopped my recreational tennis play, and my retirement from a lifetime of coaching and teaching tennis, I tried golf. It didn't take long to realize it was not an easy endeavor. Someone said, "You can't learn anything from a golf book, but you have to read a lot of golf books to find that out!" I found the gurus of golf instruction: Ledbetter, Pelz, and Hogan, who was said to have written the book with the secret! I did find one that really attracted me but in a somewhat different way.

Dr Bob Rotella, author of half a dozen bestselling books on golf, including *Golf is Not a Game of Perfect*, brings together his skills and years of experience as a golf psychologist to give readers the insight they need to improve their game -- before they ever step up to the tee. At some point in playing the sport, whether they're competing on the professional tour or enjoying a day with their foursome on any public course, every golfer hits a snag in their mental game. Dr Bob shows readers how to emulate Tiger, become more comfortable with their own

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inner arrogance, how to learn from better golfers, and overcome fear. He teaches readers easy ways to talk themselves into feeling confident and provides a detailed plan that anyone at any level can use to build self-esteem both on and off the course.

Describes how to identify weaknesses in golfing technique, offers strategies for strengthening them, and presents a plan to lower scores by improving the short game

A detailed plan for conquering the FEAR that sabotages swings and ruins psyches, from the pioneering psychologist whose techniques have benefited Davis Love III, Justin Leonard, and numerous other world-class golfers. As Jack Nicklaus once observed, fear is the golfer's greatest enemy, inspiring Tiger Woods to "refuse" to give in to this debilitating emotion. It can turn professionals into jelly and dominate the games of most amateurs. It alters swing paths, causes "tap-in" putts to go awry, and transforms a golfer from a brilliant shot-maker on the practice range into an incompetent hack on the course. Most golfers understand this, but do not have the tools to overcome it. That's where Dr. Gio Valiante comes in. A pioneering sports psychologist, Valiante has studied the sources of an athlete's fear, investigated the physiological and neurological impact of fear on performance, and, most important of all, developed a

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groundbreaking program for conquering it. With Valiante's help and by applying Fearless Golf, Justin Leonard went from three consecutive missed cuts to three consecutive top tens, and Chad Campbell recently moved from 98th in the world to 7th. Davis Love III went from zero wins in 2002 to four wins in 2003, and Chris DiMarco made the 2004 Ryder Cup Team. Emphasizing the need to replace a fixation-on-results with a commitment to mastery of one's body and one's mind, Valiante's approach will not only help golfers reach their true potential, it will make playing every round fun again. Through concrete confidence and mastery drills, he presents specific ways readers can break free of fear's grasp and perform at their best—even under the most extreme pressure. With detailed quotes and anecdotes given exclusively to Dr. Valiante from the best players in the game—including Jack Nicklaus, Ernie Els, and other tour professionals, Fearless Golf is the ultimate guide to the mental game, the hottest topic in golf today.

A player who never turned pro but held one or more major titles every year of his 15-season competitive career, Bobby Jones was the most famous amateur golfer ever to play the game. In the 20 years since his death, America has witnessed an explosion of enthusiasm for golf. Now comes a reissue of Jones' classic instructional, out of print and unavailable for two decades. Line drawings.

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"Golf is a beloved yet technical game, so a sound swing and precise technique are essential. Most golfers who want to improve their skills go to the range and work painstakingly on their swings, not realizing it's often their performance state on the course that needs work, not their technique. Simple things such as awareness of your balance, tension, and tempo, as well as the ability to control mental, emotional, and social variables you encounter while playing can quickly take your game to a new performance level. Pia Nilsson and Lynn Marriott, founders of VISION54's ... golf program, are here to help"--

The professional golfer provides tips on the grip, stance, and swing of successful golf shots

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