Its A Guy Thing David Deida

In the area of sacred intimacy, David Deida is holding a lightning holt. He sheds an astonishing light."----Marianne Williamson, Author of A Return to Love.

From bestselling writer David Graeber—"a master of opening up thought and stimulating debate" (Slate)—a powerful argument against the rise of meaningless, unfulfilling jobs...and their consequences. Does your job make a meaningful contribution to the world? In the spring of 2013, David Graeber asked this question in a playful, provocative essay titled "On the Phenomenon of Bullshit Jobs." It went viral. After one million online views in seventeen different languages, people all over the world are still debating the answer. There are hordes of people—HR consultants, communication coordinators, telemarketing researchers, corporate lawyers—whose jobs are useless, and, tragically, they know it. These people are caught in bullshit jobs. Graeber explores one of society's most vexing and deeply felt concerns, indicting among other villains a particular strain of finance capitalism that betrays ideals shared by thinkers ranging from Keynes to Lincoln. "Clever and charismatic" (The New Yorker), Bullshit Jobs gives individuals, corporations, and societies permission to undergo a shift in values, placing creative and caring work at the center of our culture. This book is for everyone who wants to turn their vocation back into an avocation and "a thought-provoking examination of our working lives" (Financial Times).

In this pioneering new work, celebrated historian David Nasaw examines the life of Joseph P. Kennedy, the founder of the twentieth century's most famous political dynasty. Drawing on neverbefore-published materials from archives on three continents and interviews with Kennedy family members and friends, Nasaw tells the story of a man who participated in the major events of his times: the booms and busts, the Depression and the New Deal, two world wars and the Cold War, and the birth of the New Frontier. In studying Kennedy's life, we relive the history of the American century. "Riveting . . . The Patriarch is a book hard to put down . . . As his son indelibly put it some months before his father was struck down: 'Ask not what your country can do for your - ask what you can do for your county.' One wonders what was going through the mind of the patriarch, sitting a few feet away listening to that soaring sentiment as a fourth-generation Kennedy became president of the United States. After coming to know him over the course of this brilliant, compelling book, the reader might suspect that he was thinking he had done more than enough for his country. But the gods would demand even more." - New York Times Book Review

#1 NEW YORK TIMES BESTSELLER • Discover the life-changing memoir that has inspired millions of readers through the Academy Award®—winning actor's unflinching honesty, unconventional wisdom, and lessons learned the hard way about living with greater satisfaction. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE GUARDIAN "McConaughey's book invites us to grapple with the lessons of his life as he did—and to see that the point was never to win, but to understand."—Mark Manson, author of The Subtle Art of Not Giving a F*ck I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me. Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges—how to get relative with the inevitable—you can enjoy a state of success I call "catching greenlights." So I took a one-way ticket to the desert and wrote this book: an album, a record, a story of my life so far. This is fifty years of my sights and seens, felts and figured-outs, cools and shamefuls. Graces, truths, and beauties of brutality. Getting away withs, getting caughts, and getting wets while trying to dance between the raindrops. Hopefully, it's medicine that tastes good, a couple of aspirin instead of the infirmary, a spaceship to Mars without needing your pilot's license, going to church without having to be born again, and laughin

What is your true purpose in life? What do women really want? What makes a good lover? If you're a man reading this, you've undoubtedly asked yourself these questions but you may not have had much luck answering them. Until now. In The Way of the Superior Man David Deida explores the most important issues in men's lives from career and family to women and intimacy to love and spirituality offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom. Join this bestselling author and internationally renowned expert on sexual spirituality for straightforward advice, empowering skills, body practices, and more to help you realize a life of fulfillment, immediately and without compromise.

You are deeper than your life shows, and you know it. You are more loving than your relationships allow, more brilliant than your career suggests. In your secret depth of being, you are infinite, creative, boundless and utterly unable to press your full glory into the world. Or so it seems. In Blue Truth, David Deida presents a treasury of skills and insights for uncovering and offering your true heart of purpose, passion, and unquenchable love. In Part One, Deida shows you how to open as the entirety of the moment, feeling as deep inside and as far outside as you can, for as long as now opens. In Part Two, he reveals how to walk this path in the wilderness of intimate relationship, illuminating the art and play of sexual gifting, including how to expertly navigate the tangle of anger, jealousy, fear, lust, and much, much more. "Knowing the truth is fairly useless; feeling it is profound; living it makes all the difference," teaches David Deida. With Blue Truth, you have an unprecedented guide for living your own deep truth, and awakening "as the bare openness you are, in the free offering of love to all." Blue Truth was named by Spirituality & Health Magazine (June 2006 issue) as one of the Best Spiritual Books of 2005, in the Personal Growth category. Praise "Blue Truth is a brilliant book, absolutely gorgeous. Ancient wisdom on sacred sexuality, freed of historical and cultural trappings, glows from these pages in exhilarating, luminous prose. Deida brilliantly lays bare the hidden psychology of feminine and masculine and offers clear instructions for tapping into our deepest core and achieving true harmony through sexual intimacy. I feel that Deida has reached a new level of poetic genius in his writing, and his understanding of feminine psychology astounds me. I am just knocked out by this book." —Miranda Shaw, PhD, author of Passionate Enlightenment: Women in Tantric Buddhism "David Deida is in the dynamic living oral tradition of maverick spiritual teachers who, like free-jazz musicians, can riff directl

practice that is freely offered today." —Lama Surya Das, bestselling author of Awakening the Buddha Within "The openness, the love! What lively new language David Deida finds for the unsayable." —Coleman Barks, author of The Essential Rumi

Meet Mykonos: scurrilous madman - and voice of truth. Wild Nights presents David Deidas remarkable account of his days with the unconventional teacher who revealed to him the deeper wisdom of the erotic path to the divine. From our very first encounter to the "burden of bliss" that is his parting gift, Mykonos challenges our understanding of what makes a spiritual life. Brutally candid, he offers his teaching to anyone ready to listen, with an uncanny ability to see into the hearts and minds of his students better than they can their own. Charged with provocative scenes of unbridled passion and play, Wild Nights explodes with spiritual insights into our choice to "open as love, or close and suffer" yogic sexual techniques including circular breathing and expanding feeling beyond the self and into the heart of a lover and why, for some, full sexual expression is a requirement of spiritual maturation. For its honest depiction of the spiritual teacher and student relationship - and the questions it demands we ask about our own sexuality - Wild Nights proclaims David Deida a guiding light in the often cloudy realm of sex and spirit.

Presents a groundbreaking investigation into the origins of morality at the core of religion and politics, offering scholarly insight into the motivations behind cultural clashes that are polarizing America.

Draws on cutting-edge research, as well as examples from cultural history and psychology, to explore what the author believes will be inevitable physical relationships between people and machines.

In Dear Lover: A Woman's Guide to Men, Sex, and Love's Deepest Bliss, David Deida explores every aspect of the feminine practice of spiritual intimacy, from sexuality and lovemaking to family and career to emotions, trust, and commitment. Written as a collection of letters from a man to his "dear lover,"here is this internationally acclaimed writer's invitation to practice love as a living art, as you discover.

#1 WALL STREET JOURNAL BESTSELLER * NEW YORK TIMES BESTSELLER New York Times finance editor David Enrich's explosive exposé of the most scandalous bank in the world, revealing its shadowy ties to Donald Trump, Putin's Russia, and Nazi Germany "A jaw-dropping financial thriller" —Philadelphia Inquirer On a rainy Sunday in 2014, a senior executive at Deutsche Bank was found hanging in his London apartment. Bill Broeksmit had helped build the 150-year-old financial institution into a global colossus, and his sudden death was a mystery, made more so by the bank's efforts to deter investigation. Broeksmit, it turned out, was a man who knew too much. In Dark Towers, award-winning journalist David Enrich reveals the truth about Deutsche Bank and its epic path of devastation. Tracing the bank's history back to its propping up of a default-prone American developer in the 1880s, helping the Nazis build Auschwitz, and wooing Eastern Bloc authoritarians, he shows how in the 1990s, via a succession of hard-charging executives, Deutsche made a fateful decision to pursue Wall Street riches, often at the expense of ethics and the law. Soon, the bank was manipulating markets, violating international sanctions to aid terrorist regimes, scamming investors, defrauding regulators, and laundering money for Russian oligarchs. Ever desperate for an American foothold, Deutsche also started doing business with a self-promoting real estate magnate nearly every other bank in the world deemed too dangerous to touch: Donald Trump. Over the next twenty years, Deutsche executives loaned billions to Trump, the Kushner family, and an array of scandal-tarred clients, including convicted sex offender Jeffrey Epstein. Dark Towers is the never-before-told saga of how Deutsche Bank became the global face of financial recklessness and criminality—the corporate equivalent of a weapon of mass destruction. It is also the story of a man who was consumed by fear of what he'd seen at the bank—and his son's obsessive search for the secrets he kept.

In a world without political freedom, personal freedom and precious little faith in anything comes a mysterious man in a white porcelain mask who fights political oppressors through terrorism and seemingly absurd acts. It's a gripping tale of the blurred lines between ideological good and evil. The inspiration for the hit 2005 movie starring Natalie Portman and Hugo Weaving, this amazing graphic novel is packaged with a collectable reproduction of the iconic "V" mask.

Finalist for the 2016 Man Booker Prize Winner of the 2016 Paris Review Plimpton Prize for Fiction A magnificent and ambitiously conceived portrait of contemporary life, by a genius of realism Nine men. Each of them at a different stage in life, each of them away from home, and each of them striving--in the suburbs of Prague, in an overdeveloped Alpine village, beside a Belgian motorway, in a dingy Cyprus hotel--to understand what it means to be alive, here and now. Tracing a dramatic arc from the spring of youth to the winter of old age, the ostensibly separate narratives of All That Man Is aggregate into a picture of a single shared existence, a picture that interrogates the state of modern manhood while bringing to life, unforgettably, the physical and emotional terrain of an increasingly globalized Europe. And so these nine lives form an ingenious and new kind of novel, in which David Szalay expertly plots a dark predicament for the twenty-first-century man. Dark and disturbing, but also often wickedly and uproariously comic, All That Man Is is notable for the acute psychological penetration Szalay brings to bear on his characters, from the working-class ex-grunt to the pompous college student, the middle-aged loser to the Russian oligarch. Steadily and mercilessly, as this brilliantly conceived book progresses, the protagonist at the center of each chapter is older than the last one, it gets colder out, and All That Man Is gathers exquisite power. Szalay is a writer of supreme gifts--a master of a new kind of realism that vibrates with detail, intelligence, relevance, and devastating pathos.

NEW YORK TIMES BESTSELLER • "None of this is real and all of it is true." —Jim Carrey Meet Jim Carrey. Sure, he's an insanely successful and beloved movie star drowning in wealth and privilege—but he's also lonely. Maybe past his prime. Maybe even ... getting fat? He's tried diets, gurus, and cuddling with his military-grade Israeli guard dogs, but nothing seems to lift the cloud of emptiness and ennui. Even the sage advice of his best friend, actor and dinosaur skull collector Nicolas Cage, isn't enough to pull Carrey out of his slump. But then Jim meets Georgie: ruthless ingénue, love of his life. And with the help of auteur screenwriter Charlie Kaufman, he has a role to play in a boundary-pushing new picture that may help him uncover a whole new side to himself—finally, his Oscar vehicle! Things are looking up! But the universe has other plans. Memoirs and Misinformation is a fearless semi-autobiographical novel, a deconstruction of persona. In it, Jim Carrey and Dana Vachon have fashioned a story about acting, Hollywood, agents, celebrity, privilege, friendship, romance, addiction to relevance, fear of

personal erasure, our "one big soul," Canada, and a cataclysmic ending of the world—apocalypses within and without.

NATIONAL BOOK AWARD FINALIST • NATIONAL BESTSELLER • A twisting, haunting true-life murder mystery about one of the most monstrous crimes in American history, from the author of The Lost City of Z. In the 1920s, the richest people per capita in the world were members of the Osage Nation in Oklahoma. After oil was discovered beneath their land, the Osage rode in chauffeured automobiles, built mansions, and sent their children to study in Europe. Then, one by one, the Osage began to be killed off. The family of an Osage woman, Mollie Burkhart, became a prime target. One of her relatives was shot. Another was poisoned. And it was just the beginning, as more and more Osage were dying under mysterious circumstances, and many of those who dared to investigate the killings were themselves murdered. As the death toll rose, the newly created FBI took up the case, and the young director, J. Edgar Hoover, turned to a former Texas Ranger named Tom White to try to unravel the mystery. White put together an undercover team, including a Native American agent who infiltrated the region, and together with the Osage began to expose one of the most chilling conspiracies in American history.

Much like Lin-Manuel Miranda did in Hamilton, the New York Times best-selling author David Elliott turns a classic on its head in form and approach, updating the timeless story of Theseus and the Minotaur. A rough, rowdy, and darkly comedic young adult retelling in verse, which NPR called "beautifully clever," Bull will have readers reevaluating one of mythology's most infamous monsters. SEE THE STORY OF THESEUS AND THE MINOTAUR IN A WHOLE NEW LIGHT Minos thought he could Pull a fast one On me, Poseidon! God of the Sea! But I'm the last one On whom you Should try such a thing. The nerve of that guy. The balls. The audacity. I AM THE OCEAN! I got capacity! Depths! Darkness! Delphic power! So his sweet little plan Went big-time sour And his wife had a son Born with horns and a muzzle Who ended up In an underground puzzle. What is it with you mortals? You just can't seem to learn: If you play with fire, babies, You're gonna get burned.

With The Man Code, Bachelor Pad winner and Bachelorette fan favorite David Good empowers women by helping them decipher the unspoken rules that govern masculinity. In his book, Good explains the difference between a Man Code man and a bad boy. He reveals what men like him value, and lists the stumbling blocks they most often experience on the road to love. He also details why he feels the Man Code is a precious set of values increasingly absent from our society. Manliness, he writes, is at a crossroads in our culture.

Beckett was deeply engaged with the visual arts and individual painters, including Jack B. Yeats, Bram van Velde, and Avigdor Arikha. In this monograph, David Lloyd explores what Beckett saw in their paintings. He explains what visual resources Beckett found in these particular painters rather than in the surrealism of Masson or the abstraction of Kandinsky or Mondrian. The analysis of Beckett's visual imagination is based on his criticism and on close analysis of the paintings he viewed. Lloyd shows how Beckett's fascination with these painters illuminates the 'painterly' qualities of his theatre and the philosophical, political and aesthetic implications of Beckett's highly visual dramatic work.

No matter how much people pray or meditate, it is not always easy to integrate sexual pleasure and spiritual surrender. This bestselling author helps single men and women and couples of every orientation live up to the challenge of loving in unbearable rapture.

"Dave Barry is one funny human." --San Francisco Examiner For thousands of years, women have asked themselves: What is the deal with guys, anyway? What are they thinking? The answer, of course, is: virtually nothing. Deep down inside, guys are extremely shallow. But that has not stopped Dave Barry from writing an entire book about them. If you're a guy--or if you're attempting to share a remote control with one--you need this book, because it deals frankly and semi-thoroughly with such important guy issues as: Scratching The role of guys in world history, including the heretofore-unknown relationship between the discovery of North America and golf Why the average guy can remember who won the 1960 World Series, but not necessarily the names of all his children The Noogie Gene Why guys cannot simultaneously think and look at breasts Secret guy orgasm-delaying techniques, including the Margaret Thatcher Method Why guys prefer to believe that there is no such thing as a prostate And much, much more "Whether you're a guy--or attempting to share a bathroom with one--Barry has some wacky words of wisdom for you." --USA Today

Do you believe that spending \$15,000 on a media center is vulgar, but that spending \$15,000 on a slate shower stall is a sign that you are at one with the Zenlike rhythms of nature? Do you work for one of those visionary software companies where people come to work wearing hiking boots and glacier glasses, as if a wall of ice were about to come sliding through the parking lot? If so, you might be a Bobo. In his bestselling work of "comic sociology," David Brooks coins a new word, Bobo, to describe today's upper class -- those who have wed the bourgeois world of capitalist enterprise to the hippie values of the bohemian counterculture. Their hybrid lifestyle is the atmosphere we breathe, and in this witty and serious look at the cultural consequences of the information age, Brooks has defined a new generation.

A Publishers Weekly Top Ten Best Book of the Year An Amazon.com Top Ten Best Book of 2009 A Washington Post Book World's Ten Best Book of the Year A California Literary Review Best Book of 2009 An L.A. Times Top 25 Non-Fiction Book of 2009 An NPR Best Book of the Year, Best Memoir With this stunning graphic memoir, David Small takes readers on an unforgettable journey into the dark heart of his tumultuous childhood in 1950s Detroit, in a coming-of-age tale like no other. At the age of fourteen, David awoke from a supposedly harmless operation to discover his throat had been slashed and one of his vocal chords removed, leaving him a virtual mute. No one had told him that he had cancer and was expected to die. The resulting silence was in keeping with the atmosphere of secrecy and repressed frustration that pervaded the Small household and revealed itself in the slamming of cupboard doors, the thumping of a punching bag, the beating of a drum. Believing that they were doing their best, David's parents did just the reverse. David's mother held the family emotionally hostage with her furious withdrawals, even as she kept her emotions hidden — including from herself. His father, rarely present, was a radiologist, and although David grew up looking at X-rays and drawing on X-ray paper, it would be years before he discovered the shocking consequences of his father's faith in science. A work of great bravery and humanity, Stitches is a gripping and ultimately redemptive story of a man's struggle to understand the past and reclaim his voice.

Based on questions from women who have attended author David Deida's highly acclaimed relationships seminars, this must-have book puts male behavior under the microscope. Included are chapters on sex, work, relationships and communication. Interspersed throughout are sidebars that shed light on the many faces of men and help women grasp what makes them act the

way they do.

The secret to enlightenment and great sex is revealed to be one and the same in this groundbreaking manual for adventurous lovers. David Deida was trained for decades in the art of spiritual and sexual awakening. Now he presents the ultimate collection of skills for opening to the physical, emotional, and spiritual rewards of intimate embrace. In paperback for the first time, The Enlightened Sex Manual teaches you how to transform simple "skin friction" into the depths and embodiment of ecstasy, how to develop sexual abilities as gifts of heart rapture and bodily surrender, how to achieve the principal types of orgasm - and all their varieties - and much more.

Having escaped from the eastern European concentration camp where he has spent most of his life, twelve-year-old David struggles to cope with an entirely strange world as he flees northward to freedom in Denmark. Originally published as North to Freedom. An ALA Notable Book. Simultaneous.

NEW YORK TIMES BESTSELLER • From an award-winning journalist at The Atlantic, these searing essays make a damning case that cruelty is not merely an unfortunate byproduct of the Trump administration but its main objective and the central theme of the American project. "No writer better demonstrates how American dreams are so often sabotaged by American history. Adam Serwer is essential."—Ta-Nehisi Coates "Trump summoned the most treacherous forces in American history and conducted them with the ease of a grand maestro." Like many of us, Adam Serwer didn't know that Donald Trump would win the 2016 election. But over the four years that followed, the Atlantic staff writer became one of our most astute analysts of the Trump presidency and the volatile powers it harnessed. The shock that greeted Trump's victory, and the subsequent cruelty of his presidency, represented a failure to confront elements of the American past long thought vanquished. In this searing collection, Serwer chronicles the Trump administration not as an aberration but as an outgrowth of the inequalities the United States was founded on. Serwer is less interested in the presidential spectacle than in the ideological and structural currents behind Trump's rise—including a media that was often blindsided by the ugly realities of what the administration represented and how it came to be. While deeply engaged with the moment, Serwer's writing is also haunted by ghosts of an unresolved American past, a past that torments the present. In bracing new essays and previously published works, he explores white nationalism, myths about migration, the political power of police unions, and the many faces of anti-Semitism. For all the dynamics he examines, cruelty is the glue, the binding agent of a movement fueled by fear and exclusion. Serwer argues that rather than pretending these four years didn't happen or dismissing them as a brief moment of madness, we must face what made them possible and continues to endure. Unless we confront these toxic legacies, t

In this "little gem" (Washington Independent Review of Books), Pulitzer Prize—winning columnist and New York Times bestselling author Dave Barry learns how to age happily from his old but joyful dog, Lucy. As Dave Barry turns seventy—not happily—he realizes that his dog, Lucy, is dealing with old age far better than he is. She has more friends, fewer worries, and way more fun. So Dave decides to figure out how Lucy manages to stay so happy, to see if he can make his own life happier by doing the things she does (except for drinking from the toilet). He reconnects with old friends and tries to make new ones—which turns out to be a struggle, because Lucy likes people a lot more than he does. And he gets back in touch with two ridiculous but fun groups from his past: the Lawn Rangers, a group of guys who march in parades pushing lawnmowers and twirling brooms (alcohol is involved), and the Rock Bottom Remainders, the world's oldest and least-talented all-author band. With each new lesson, Dave riffs hilariously on dogs, people, and life in general, while also pondering Deep Questions, such as when it's okay to lie. (Answer: when scallops are involved.) Lessons From Lucy shows readers a new side to Dave Barry that's "touching and sentimental, but there's still a laugh on every page" (The Sacramento Bee). The master humorist has written a witty and affable guide to joyous living at any age.

To truly understand your intimate relationships, you must read this book! David Deida, internationally known for his work in personal growth and intimate relationships, shares the deep understandings and effective techniques that he has refined through his 20 years of consultation, research and spiritual practice. Learn how to keep your relationships growing--beyond the sexually neutralized roles so typical of today--and create a relationship that is spiritually erotic, sexually deep and passionately committed to love. In today's disconnected, distracted world, it seems like deep love gets harder to maintain every day. We spend more time looking at screens than at each other, cycle through new partners every time the spark starts to fade, and wall away our feelings until we become strangers who share a house and kids. But underneath all this, our souls long for an unbreakable love which deepens over time and lovemaking that gets hotter, not cooler, inside a lifetime commitment. This bond we yearn for is not impossible. It's not even improbable. You can create it in your life right now¿intimacy that opens both you and your partner to a divine awakening you could not create on your own, lovemaking that curls your toes, and a partnership where both people champion each other's best interests, where even the difficult moments bring you closer together. This is sacred relationship, and it exists in these pages. This book is an owner's manual for intimacy, a map for loving at the deepest level, and an invitation into sacred practice where divine connection becomes part of everyday life.

Are You Ready to Open to Loves Deepest Bliss? Every woman knows the fairy tale: find the right man, give him what he wants and needs, and hell love you forever. But when the myth youve been asked to believe fails to deliver - when you sense youve been settling for far less than you know in your heart is possible - how do you attract and keep a man capable of meeting what you most passionately yearn for? In Dear Lover: A Womans Guide to Men, Sex, and Loves Deepest Bliss, David Deida explores every aspect of the feminine practice of spiritual intimacy, from sexuality and lovemaking to family and career to emotions, trust, and commitment. Written as a collection of letters from a man to

his "dear lover," here is this internationally acclaimed writers invitation to practice love as a living art, as you discover: Why your man is always your choice - and how to pick the man of deep integrity who will satisfy the needs of your body, heart, and spirit "Sexual essence" and the three stages of loving: how to understand your fluctuating capacity to experience divine connection with another Knowing when to end a relationship and how to deal with the "him-shaped void" your absent man leaves behind Daily exercises to help you and your partner move from separation to openness in two-bodied devotional trust Ultimately, what every woman wants is to give and receive love fully. Whether youre partnered or alone, Dear Lover reveals that "your love is the same love that yearns to open at everybodys heart. You will attract and inspire a man as willing and able to open as you are. Constant yearning is the call to open and give yourself to all as loves offering

An odorless baby found orphaned in a Paris gutter in 1738 grows to become a monster obsessed with his perfect sense of smell and a desire to capture, by any means, the ultimate scent that will make him human. Reader's Guide available. Reprint. 20,000 first printing.

A NEW YORK TIMES BESTSELLER "A memoir in essays about so many things—growing up in an abusive cult, coming of age as a lesbian in the military, forced out by homophobia, living on the margins as a working class woman and what it's like to grow into the person you are meant to be. Hough's writing will break your heart." —Roxane Gay Searing and extremely personal essays, shot through with the darkest elements America can manifest, while discovering light and humor in unexpected corners. As an adult, Lauren Hough has had many identities: an airman in the U.S. Air Force, a cable guy, a bouncer at a gay club. As a child, however, she had none. Growing up as a member of the infamous cult The Children of God, Hough had her own self robbed from her. The cult took her all over the globe--to Germany, Japan, Texas, Chile—but it wasn't until she finally left for good that Lauren understood she could have a life beyond "The Family." Along the way, she's loaded up her car and started over, trading one life for the next. She's taken pilgrimages to the sights of her youth, been kept in solitary confinement, dated a lot of women, dabbled in drugs, and eventually found herself as what she always wanted to be: a writer. Here, as she sweeps through the underbelly of America—relying on friends, family, and strangers alike—she begins to excavate a new identity even as her past continues to trail her and color her world, relationships, and perceptions of self. At once razor-sharp, profoundly brave, and often very, very funny, the essays in Leaving Isn't the Hardest Thing interrogate our notions of ecstasy, queerness, and what it means to live freely. Each piece is a reckoning: of survival, identity, and how to reclaim one's past when carving out a future. A VINTAGE ORIGINAL

Ronnie, Fleur, and Claude are the LBD—Les Bambinos Dangereuses. These best friends are hip, feisty, and ready for the Astlebury Music Festival, a weekend of music, dancing, and guy watching. Except for one thing -- their fun-hating, ogre parents won't let them go. To save their social lives the girls come up with a brilliant plan. They'll put on a concert of their own, featuring their school's finest talent (and hottest guys). But staging a music festival isn't easy, especially when the LBD's sworn enemy, Panama Goodyear, is the headline act. Panama threatens to steal the spotlight as well as Ronnie's crush, Jimi. It's up to the LBD to use their sass, class, and humor to make Blackwell Live a huge success, complete with post-concert snogging and all. With LBD in charge—it's not just a girl thing; it's the best thing! Barred by their overprotective parents from attending a rock music festival, fourteen-year-olds Ronnie, Fleur, and Claude, also known as "Les Bambinos Dangereuses," decide to stage their own music festival at Blackwell School.

New York Times Bestseller Over 2.5 million copies sold For David Goggins, childhood was a nightmare - poverty, prejudice, and physical abuse colored his days and haunted his nights. But through self-discipline, mental toughness, and hard work, Goggins transformed himself from a depressed, overweight young man with no future into a U.S. Armed Forces icon and one of the world's top endurance athletes. The only man in history to complete elite training as a Navy SEAL, Army Ranger, and Air Force Tactical Air Controller, he went on to set records in numerous endurance events, inspiring Outside magazine to name him The Fittest (Real) Man in America. In this curse-word-free edition of Can't Hurt Me, he shares his astonishing life story and reveals that most of us tap into only 40% of our capabilities. Goggins calls this The 40% Rule, and his story illuminates a path that anyone can follow to push past pain, demolish fear, and reach their full potential.

A New York Times bestseller! "Lively and absorbing. ..." — The New York Times Book Review "Engrossing." —Wall Street Journal "Entertaining and well-researched . . . " —Houston Chronicle Three noted Texan writers combine forces to tell the real story of the Alamo, dispelling the myths, exploring why they had their day for so long, and explaining why the ugly fight about its meaning is now coming to a head. Every nation needs its creation myth, and since Texas was a nation before it was a state, it's no surprise that its myths bite deep. There's no piece of history more important to Texans than the Battle of the Alamo, when Davy Crockett and a band of rebels went down in a blaze of glory fighting for independence from Mexico, losing the battle but setting Texas up to win the war. However, that version of events, as Forget the Alamo definitively shows, owes more to fantasy than reality. Just as the site of the Alamo was left in ruins for decades, its story was forgotten and twisted over time, with the contributions of Tejanos--Texans of Mexican origin, who fought alongside the Anglo rebels--scrubbed from the record, and the origin of the conflict over Mexico's push to abolish slavery papered over. Forget the Alamo provocatively explains the true story of the battle against the backdrop of Texas's struggle for independence, then shows how the sausage of myth got made in the Jim Crow South of the laten inteteenth and early twentieth century. As uncomfortable as it may be to hear for some, celebrating the Alamo has long had an echo of celebrating whiteness. In the past forty-some years, waves of revisionists have come at this topic, and at times have made real progress toward a more nuanced and inclusive story that doesn't alienate anyone. But we are not living in one of those times; the fight over the Alamo's meaning has become more pitched than ever in the past few years, even violent, as Texas's future begins to look more and more different from its past. It's the perfect time for a wise and generous-spirited book

Explore the Other Side of Enlightenment Does enlightenment have a dark side? It does, explains David Deida, but instead of closing to what seems unloving, we can learn to open as what we would rather avoid. In Instant Enlightenment, this maverick author and teacher offers a "rude awakening" through a collection of daring exercises and practices intended to provoke, challenge, and immediately reveal the ever-present "love that lives all things." Each pithy chapter encourages readers to blast the light of consciousness on the taboos we hide in shadow, from our ideas about sex and money to emotions and spirituality. Instant Enlightenment will surprise and possibly offend you—but it will lead you "fast and suddenly" to the realization of the sacred entirety of your experience. "Dive straight into this book. Open to any page and read for two minutes, and you'll see that you are instant enlightenment."—Ken Wilber, author of A Brief History of Everything

Just in time for Valentine's Day comes a confection from David Levithan that is sure to have fans of Boy Meets Boy eager to devour it. Here are 18 stories, all about love, all kinds of love. From the aching for

the one you pine for, to standing up and speaking up for the one you love, to pure joy and happiness, these love stories run the gamut of that emotion that at some point has turned every one of us inside out and upside down. What is love? With this original story collection, David Levithan proves that love is a many splendored thing, a varied, complicated, addictive, wonderful thing.

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