

Insiders Guide To Egg Donation A Compassionate And Comprehensive Guide For All Parents To Be

Let's Talk About Egg Donation was written by, for, and about families built through egg and embryo donation. It takes the reader on a journey--from infertility diagnosis, to pregnancy, to how to talk to your child about egg donation. Let's Talk About Egg Donation tells true stories of real families who are parenting via egg and embryo donation. Their stories are woven throughout the book to craft an informative, easy-to-read narrative that focuses on positive language choices. This is the first book written by parents through egg donation that gives you age-appropriate scripts for how to take the scary out of talking to your kids about the special way in which they were conceived.

Offers a systematic approach to product/market fit, discussing customer involvement, optimal time to obtain funding, and when to change the plan.

Degradation, dehumanization, instrumentalization, humiliation, and nonrecognition – these concepts point to ways in which we understand human beings to be violated in their dignity. Violations of human dignity are brought about by concrete practices and conditions; some commonly acknowledged, such as torture and rape, and others more contested, such as poverty and exclusion. This volume collates reflections on such concepts and a range of practices, deepening our understanding of human dignity and its violation, bringing to the surface interrelationships and commonalities, and pointing to the values that are thereby shown to be in danger. In presenting a streamlined discussion from a negative perspective, complemented by conclusions for a positive account of human dignity, the book is at once a contribution to the body of literature on what dignity is and how it should be protected as well as constituting an alternative, fresh and focused perspective relevant to this significant recurring debate. As the concept of human dignity itself crosses disciplinary boundaries, this is mirrored in the unique range of perspectives brought by the book's European and American contributors – in philosophy and ethics, law, human rights, literature, cultural studies and interdisciplinary research. This volume will be of interest to social and moral philosophers, legal and human rights theorists, practitioners and students.

A biography of venture capitalist and entrepreneur Peter Thiel, the enigmatic, controversial, and hugely influential power broker who sits at the dynamic intersection of tech, business, and politics A New York Times Book Review Editors' Choice "Max Chafkin's *The Contrarian* is much more than a consistently shocking biography of Peter Thiel, the most important investor in tech and a key supporter of the Donald Trump presidency. It's also a disturbing history of Silicon Valley that will make you reconsider the ideological foundations of America's relentless engine of creative destruction."—Brad Stone, author of *The Everything Store* and *Amazon Unbound* Since the days of the dot-com bubble in the late 1990s, no industry has made a greater impact on the world than Silicon Valley. And few individuals have done more to shape Silicon Valley than Peter Thiel. The billionaire venture capitalist and entrepreneur has been a behind-the-scenes operator influencing countless aspects of our contemporary way of life, from the technologies we use every day to the delicate power balance between Silicon Valley, Wall Street, and Washington. But despite his power and the ubiquity of his projects, no public figure is quite so mysterious. In the first major biography of Thiel, Max Chafkin traces the trajectory of the innovator's singular life and worldview, from his upbringing as the child of immigrant parents and years at Stanford as a burgeoning conservative thought leader to his founding of PayPal and Palantir, early investment in Facebook and SpaceX, and relationships with fellow tech titans Mark Zuckerberg, Elon Musk, and Eric Schmidt. *The Contrarian* illuminates the extent to which Thiel has sought to export his values to the corridors of power beyond Silicon Valley, including funding the lawsuit that destroyed the blog Gawker and strenuously backing

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far-right political candidates, notably Donald Trump for president in 2016. Eye-opening and deeply reported, *The Contrarian* is a revelatory biography of a one-of-a-kind leader and an incisive portrait of a tech industry whose explosive growth and power is both thrilling and fraught with controversy.

Throughout Danny's life, sharing good food has always been essential--whether it was home-cooked meals made by his mom while imagining the menu for their dream restaurant or whipping up post-wrap celebratory tacos for his Hollywood friends. Now, with his own restaurant empire growing, Danny shares his favorite recipes for bold, fun, and versatile Mexican food by way of L.A. You'll come away with the know-how and skills for cooking slow-braised pork shoulder with bacon and chiles for unbelievably flavorful carnitas, turning spiced fried chicken or Mexi-falafel into tacos and burritos, and how to make cotija and chile mashed potatoes that will impress all your friends (especially when served with brisket!). The book also includes stories about Danny's lifelong love of food, from the meals his mom made when he was growing up in the San Fernando Valley to a map of his favorite restaurants and hangouts in Los Angeles, how his time in prison led to his acting career and opening a restaurant, and his journey of becoming an AA/NA counselor. Like Danny's restaurants, Trejo's Tacos is generous, hospitable, and symbolic of L.A.'s vibrant Latino culture.

This comprehensive, accessible guide leads you with confidence through every decision you'll have to make during the adoption process -- including the ones that you'd never know to expect. So you've made the decision to adopt. What's next? For starters, how do you know whether domestic or international adoption is right for you? (And what are the real differences between the two?) Adoption insider Elizabeth Swire Falker answers these questions and many more. As an attorney who practices in the area of adoption and has worked with hundreds of families, and as an adoptive parent herself, she offers expert advice on each stage of the process. Complete with checklists, tips, sidebars, and plenty of advice, it shows you how to: Identify which adoption experts you do and don't need Find the right birth mother or choose the right country for your family-and how to spot red flags in potential situations Select an attorney or agency and prepare for your home visit Finance an adoption on a budget, manage the red tape, and get around the roadblocks Navigate all of the complex emotions that surface along the way With Elizabeth Swire Falker's warm yet been-there-done-that voice, *The Insider's Guide to Adoption* is sure to become a tried-and-true resource for adoptive parents everywhere.

Ready to start (or even thinking of starting) your family? *Love Comes First: Creating LGBTQ Families* has everything you need in a complete three-in-one format so you can easily find the sections that most apply to you. Inspiring, heartwarming (and sometimes challenging!) stories of families created through multiple ways that come to life with engaging photographs. What the experts say about conceiving and raising children in LGBTQ families-from adoption to surrogacy. A tour through the biology and latest technologies of reproductive medicine from an LGBTQ perspective. Are you a gay man or couple considering surrogacy? Read a first-hand account of a gay dad and his surrogate in *Family Stories*. Get the details on egg donation and fertility law in *Expert Advice*. And find out everything you need to know from a biological perspective in *Reproductive Possibilities*. Or a lesbian wanting to build your family through adoption and biologically? You'll find various personal perspectives. And practical information from an organization specializing in adoption for LGBTQ parents as well as sperm donation from the largest sperm bank in the country. The book is endorsed by some of the most known LGBTQ parents: "Love Comes First: Creating LGBTQ Families shares beautiful stories to support all of us, no matter what stage in life you are. It's a resource I wish I had twenty years ago-I love that this book exists now, and for future generations. We are so, so lucky to have these stories to encourage us to live authentically and with purpose, however that may look." - Nate Berkus, host of "Nate & Jeremiah by Design" "Love Comes First: Creating LGBTQ

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Families is an inspiring resource for beginning your journey to parenthood." - Andy Cohen, host of "What Happens Live with Andy Cohen" "Love Comes First: Creating LGBTQ Families shows us all the different ways to build families. It's a lot more than a 'how-to' guide. It gives us hope and encouragement that our families will help make the world a better place." - Melissa Etheridge, multi-award-winning singer, songwriter, musician and activist "My family mean everything to me. I feel extraordinarily blessed to have my beautiful family which as a young, gay man, didn't seem possible or acceptable in the 80s. But LGBTQ parents can be loving and protective parents just like anyone else and I hope we continue to break down the barriers that challenge or stigmatize LGBTQ families." - David Furnish, co-chief of Rocket Pictures along with his husband, Sir Elton John

From one of the world's leading authorities, a practical resource guide filled with the essential information you need to know about assisted reproduction Third-party reproduction is now easier, more accessible, and more successful than ever before, yet it is still a complex process. Before you start down this path to parenthood, there are important questions to consider such as, "How are sperm, eggs, and embryos screened?", "How do I find a donor?", or "What are the legal issues surrounding surrogacy?" Here, psychologist Kim Bergman—an expert in the field and a mother herself through assisted reproduction—provides the answers you need and more. Your Future Family provides a roadmap for navigating the journey of building a family through assisted reproduction. It outlines the very first steps you should take, the options available to you at each turn, and includes essential advice and tips to help set you up for success. Filled with personal anecdotes from Bergman's own life, as well as the lives of her clients, this book brings the human element of creating a family this way to life. The definitive primer on assistant reproduction, Your Future Family provides a foundational knowledge of the entire process, includes essential facts, as well as a list of resources to help you along the way. Kim Bergman's expertise and her open, honest approach will inspire confidence to fulfill your dreams of creating a family.

Having Your Baby Through Egg Donation is a helpful, authoritative guide to negotiating the complex and emotive issues that arise for those considering whether or not to pursue egg donation. It presents information clearly and with compassion, exploring the practical, financial, logistical, social and ethical questions that commonly arise. This fully updated second edition also includes recent developments in the field, including travelling for egg donation and the emerging field of epigenetics. This book will be valued by all those considering or undergoing donor conception, as well as the range of professionals who support them, including infertility counsellors, psychologists, therapists and social workers.

Travel by canoe, hiking, and biking the 200 miles of the Dan, southern branch of the Roanoke; river history , geology, hydrology, natural history. Maps and guide pages for 21 day trips.

A Pulitzer Prize-winning journalist offers an intimate investigation of China's one-child policy and its consequences for families and the nation at large. For over three decades, China exercised unprecedented control over the reproductive habits of its billion citizens. Now, with its economy faltering just as it seemed poised to become the largest in the world, the Chinese government has brought an end to its one-child policy. It may once have seemed a shortcut to riches, but it has had a profound effect on society in modern China. Combining personal portraits of families affected by the policy with a nuanced account of China's descent towards economic and societal turmoil, Mei

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Fong reveals the true cost of this controversial policy. Drawing on eight years of research, Fong reveals a dystopian legacy of second children refused documentation by the state; only children supporting their parents and grandparents; and villages filled with ineligible bachelors. A “vivid and thoroughly researched” piece of on-the-ground journalism, *One Child* humanizes the policy that defined China and warns that the ill-effects of its legacy will be felt across the globe (The Guardian, UK).

A debut thriller for fans of Lucy Foley and Liz Moore, *Dark Things I Adore* is a stunning *Gone Girl*-esque tale of atonement that proves that in the grasp of manipulative men, women may momentarily fall. But in the hands of fierce women, men will be brought to their knees. Three campfire secrets. Two witnesses. One dead in the trees. And the woman, thirty years later, bent on making the guilty finally pay. 1988. A group of outcasts gather at a small, prestigious arts camp nestled in the Maine woods. They're the painters: bright, hopeful, teeming with potential. But secrets and dark ambitions rise like smoke from a campfire, and the truths they tell will come back to haunt them in ways more deadly than they dreamed. 2018. Esteemed art professor Max Durant arrives at his protégé's remote home to view her graduate thesis collection. He knows Audra is beautiful and brilliant. He knows being invited into her private world is a rare gift. But he doesn't know that Audra has engineered every aspect of their weekend together. Every detail, every conversation. Audra has woven the perfect web. Only Audra knows what happened that summer in 1988. Max's secret, and the dark things that followed. And even though it won't be easy, Audra knows someone must pay. A searing psychological thriller of trauma, dark academia, complicity, and revenge, *Dark Things I Adore* unravels the realities behind campfire legends—the horrors that happen in the dark, the girls who become cautionary tales, and the guilty who go unpunished. Until now.

Introduces young readers to Catholic beliefs as expressed in the Catechism of the Catholic Church.

NEW YORK TIMES EDITORS' CHOICE • Big Tobacco meets Silicon Valley in this “deeply reported and illuminating” (The New York Times Book Review) corporate exposé of what happened when two of the most notorious industries collided—and the vaping epidemic was born. “The best business book I’ve read since *Bad Blood*.”—Jonathan Eig, New York Times bestselling author of *Ali: A Life* Howard Willard lusted after Juul. As the CEO of tobacco giant Philip Morris’s parent company and a veteran of the industry’s long fight to avoid being regulated out of existence, he grew obsessed with a prize he believed could save his company—the e-cigarette, a product with all the addictive upside of the original without the same apparent health risks and bad press. Meanwhile, in Silicon Valley, Adam Bowen and James Monsees began working on a device that was meant to save lives and destroy Big Tobacco, but they ended up baking the industry’s DNA into their invention’s science and marketing. Ultimately, Juul’s e-cigarette was so effective and so market-dominating that it put the company on a collision course with Philip Morris and sparked one of the most explosive public health crises in recent memory. In a deeply reported account, award-winning journalist Lauren Etter tells a riveting story of greed and deception in one of the biggest botched deals in business history. Etter shows how Philip Morris’s struggle to innovate left Willard desperate to acquire Juul, even as his own team sounded alarms about the startup’s reliance on underage customers. And she shows how Juul’s executives

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negotiated a lavish deal that let them pocket the lion's share of Philip Morris's \$12.8 billion investment while government regulators and furious parents mounted a campaign to hold the company's feet to the fire. The Devil's Playbook is the inside story of how Juul's embodiment of Silicon Valley's "move fast and break things" ethos wrought havoc on American health, and how a beleaguered tobacco company was seduced by the promise of a new generation of addicted customers. With both companies' eyes on the financial prize, neither anticipated the sudden outbreak of vaping-linked deaths that would terrorize a nation, crater Juul's value, end Willard's career, and show the costs in human life of the rush to riches—while Juul's founders, board members, and employees walked away with a windfall.

Provides information and advice about egg donation for families of all types, including same-sex couples and single parents.

The Immortal Life of Henrietta Lacks meets Get Out in this landmark investigation of racial inequality at the core of the heart transplant race. In 1968, Bruce Tucker, a black man, went into Virginia's top research hospital with a head injury, only to have his heart taken out of his body and put into the chest of a white businessman. Now, in *The Organ Thieves*, Pulitzer Prize-nominated journalist Chip Jones exposes the horrifying inequality surrounding Tucker's death and how he was used as a human guinea pig without his family's permission or knowledge. The circumstances surrounding his death reflect the long legacy of mistreating African Americans that began more than a century before with cadaver harvesting and worse. It culminated in efforts to win the heart transplant race in the late 1960s. Featuring years of research and fresh reporting, *The Organ Thieves* is a story that resonates now more than ever, when issues of race and healthcare are the stuff of headlines and horror stories.

The James Beard Award-winning chef of Underbelly Hospitality, a champion of Houston's diverse immigrant cooks—Vietnamese, Korean, Mexican, Indian, and more—shows you how to work with their flavors and cultures with respect and creativity. **JAMES BEARD AWARD FINALIST** Houston's culinary reputation as a steakhouse town was put to rest by Chris Shepherd, the *Robb Report's* Best Chef of the Year. A cook with insatiable curiosity, he's trained not just in fine-dining restaurants but in Houston's Korean grocery stores, Vietnamese noodle shops, Indian kitchens, and Chinese mom-and-pops. His food, incorporating elements of all these cuisines, tells the story of the city, and country, in which he lives. An advocate, not an appropriator, he asks his diners to go and visit the restaurants that have inspired him, and in this book he brings us along to meet, learn from, and cook with the people who have taught him. The recipes include signatures from his restaurant—favorites such as braised goat with Korean rice dumplings, or fried vegetables with caramelized fish sauce. The lessons go deeper than recipes: the book is about how to understand the pantries of different cuisines, how to taste and use these flavors in your own cooking. Organized around key ingredients like soy, dry spices, or chiles, the chapters function as master classes in using these seasonings to bring new flavors into your cooking and new life to flavors you already knew. But even beyond flavors and techniques, the book is about a bigger story: how Chris, a son of Oklahoma who looks like a football coach, came to be "adopted" by these immigrant cooks and families, how he learned to connect and share and truly cross cultures with a sense of generosity and respect, and how we can all learn to make not just better cooking, but a better community, one meal at a time.

The maternal womb modifies the genetics of the embryo conceived with own egg or donated by another woman, as in a case of a lesbian couple (who'd prefer to use the ROPA method) or with an unrelated surrogate. With healthy habits maintained over time we can optimise the inheritance we receive from our parents and grandmothers and pass it on to our grandchildren

Struggling with debt? Frustrated about work? Just not satisfied with life? The Simple Dollar can

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change your life. Trent Hamm found himself drowning in consumer debt, working in a job he couldn't stand... and figured out how to escape that debt and build the fulfilling career he'd always dreamt about, all at the same time. Hamm shared his experiences at TheSimpleDollar.com—and built it into one of America's top personal finance websites. Now, The Simple Dollar is a book: packed with practical tips, tools, and lessons you can use to transform your life, too. This isn't just "another" personal finance book: it's profoundly motivating, empowering, practical, and 100% grounded in today's American realities. Trent Hamm will show you how to rewrite the rules, creating healthier relationships with money... and with your loved ones, too. With his help, you can get out of debt, start moving forward, and build the strong personal community that offers true happiness—no matter what happens to the economy.

- Escape the plastic prison, and stop running to stand still 5 simple steps to eliminate credit card debt...
- and 5 more to start moving forward
- Shift your life's balance towards more positive, stronger relationships
- Learn how to put the golden rule to work for you
- Discover the power of goals in a random world
- Then, learn how to overcome inertia, and transform goals into reality
- Navigate the treacherous boundaries between love and money
- Move towards deeper communication, greater honesty, and more courage

A Brookings Institution Press and the National University of Singapore Press publication This is the story of the Singapore healthcare system: how it works, how it is financed, its history, where it is going, and what lessons it may hold for national health systems around the world. Singapore ranks sixth in the world in healthcare outcomes, yet spends proportionally less on healthcare than any other high-income country. This is the first book to set out a comprehensive system-level description of healthcare in Singapore, with a view to understanding what can be learned from its unique system design and development path. The lessons from Singapore will be of interest to those currently planning the future of healthcare in emerging economies, as well as those engaged in the urgent debates on healthcare in the wealthier countries faced with serious long-term challenges in healthcare financing.

Policymakers, legislators, public health officials responsible for healthcare systems planning, finance and operations, as well as those working on healthcare issues in universities and think tanks should understand how the Singapore system works to achieve affordable excellence. A practical guide for prospective parents covering the key decisions, stages and ethical questions relating to donor conception

A compassionate, step-by-step guide to overcoming fertility challenges outlines the range of available treatments from in vitro fertilization and intrauterine insemination to surrogacy and embryo donation, in a reference that also discusses alternative treatments and shares tips on how to manage related financial issues. Original.

The inside scoop... for when you want more than the official line! Once you decide to start a family, you may think pregnancy will occur quickly. However, it takes the average healthy young couple six months to a year to conceive. This guide helps you get in the best possible shape for conceiving, discussing conception and misconceptions in depth. If pregnancy doesn't happen "automatically," you're not alone; one in six couples have fertility problems. The Unofficial Guide to Getting Pregnant provides clear, unbiased guidance on the many confusing medical, emotional, and financial issues related to getting pregnant. This book objectively reviews state-of-the-art infertility treatments and procedures, including fertility drugs, corrective surgery, IVF, and the other assisted reproductive technologies. It also covers third-party procedures, such as

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sperm and egg donation and surrogacy. Vital Information few resources reveal--information that can help you zero in on the most effective, economical approach for you. Insider Secrets about choosing a specialist, potential legal issues with third-party procedures, and alternative treatments that might work. Money-Saving Information to help you compare the cost of different treatments, decipher state laws on insurance coverage, and more. Time-Saving Tips to avoid delays in diagnosing and treating problems while your biological clock is ticking. The Scoop on the newest fertility drugs, microsurgical techniques, and assisted reproductive technologies.

If you need help having a baby, reproductive technology can supply the answer. But it also raises a host of questions that won't arise until after the child is born: What will you say to "Where did I come from?" when the answer includes a donor or surrogate? Will knowing the truth about how you conceived make your child love you less? Will having a baby with someone else strain your relationship with your spouse or partner? What will grandparents, family members, friends, and coworkers think? Dr. Diane Ehrensaft--a developmental and clinical psychologist who's worked with families formed using assisted reproductive technology for more than 20 years--helps you anticipate the big questions and find solutions that are right for you and your loved ones. Dr. Ehrensaft offers information, support, and straightforward advice for coping with private worries, confronting public prejudices, and raising happy, healthy children. Single or married, straight or gay, anyone looking forward to the joys and challenges of building a family with the help of a donor or surrogate will discover a wealth of thought-provoking ideas and fresh insights in this sensitive, practical, and positive book.

From one of the world's leading experts, an absorbing narrative history of the changing structure of modern families, showing how children can flourish in any kind of loving home. The past few decades have seen extraordinary change in the idea of a family. The unit once understood to include two straight parents and their biological children has expanded vastly -- same-sex marriage, adoption, IVF, sperm donation, and other forces have enabled new forms to take shape. This has resulted in enormous upheaval and controversy, but as Susan Golombok shows in this compelling and important book, it has also meant the health and happiness of parents and children alike. Golombok's stories, drawn from decades of research, are compelling and dramatic: family secrets kept for years and then inadvertently revealed; children reunited with their biological parents or half siblings they never knew existed; and painful legal battles to determine who is worthy of parenting their own children. Golombok explores the novel moral questions that changing families create, and ultimately makes a powerful argument that the bond between family members, rather than any biological or cultural factor, is what ensures a safe and happy future. *We Are Family* is unique, authoritative, and deeply humane. It makes an important case for all families--old, new, and yet unimagined.

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A sweet and light-hearted picture book for donor-conceived children that answers the question "where did I come from?" and then gently introduces the concepts of half siblings and donors in an open and honest way. For ages 2-8.

A complete author's toolkit: The guide that demystifies every step of the publishing process. No matter what type of book you want to write—fiction, nonfiction, humor, sci-fi, romance, cookbook, children's book—here is how to take an idea you're passionate about, develop it into a manuscript or proposal, get it published, and deliver it into the hands and hearts of readers. Includes interviews with dozens of publishing insiders—agents, editors, bestselling authors, and booksellers. Real-life success stories and the lessons they impart. Plus sample proposals and query letters, a resource guide, and more. Updated to cover ebooks, self-publishing, digital marketing, the power of social media, and more. This complete author's toolkit includes information on:- locating, luring, and landing an agent - perfecting your pitch - the nuts and bolts of a book proposal - conquering the query letter - finding the right publisher for YOU - four steps to reaching readers online - making Amazon work for you - kickstarting your Kickstarter campaign - the ins and outs of ebooks - 10 things you should have on your author website - turning rejection into a book deal - new frontiers in self-publishing

Stem Cells: An Insider's Guide is an exciting new book that takes readers inside the world of stem cells guided by international stem cell expert, Dr. Paul Knoepfler. Stem cells are catalyzing a revolution in medicine. The book also tackles the exciting and hotly debated area of stem cell treatments that are capturing the public's imagination. In the future they may also transform how we age and reproduce. However, there are serious risks and ethical challenges, too. The author's goal with this insider's guide is to give readers the information needed to distinguish between the ubiquitous hype and legitimate hope found throughout the stem cell world. The book answers the most common questions that people have about stem cells. Can stem cells help my family with a serious medical problem such as Alzheimer's, Multiple Sclerosis, or Autism? Are such treatments safe? Can stem cells make me look younger or even literally stay physically young? These questions and many more are answered here. A number of ethical issues related to stem cells that spark debates are discussed, including risky treatments, cloning and embryonic stem cells. The author breaks new ground in a number of ways such as by suggesting reforms to the FDA, providing a new theory of aging based on stem cells, and including a revolutionary Stem Cell Patient Bill of Rights. More generally, the book is your guide to where the stem cell field will be in the near future as well as a thoughtful perspective on how stem cell therapies will ultimately change your life and our world.

Every successful brand in history is inherently unpopular with a specific demographic. Somewhere along the way, people felt they had to be popular in order to be successful, when in fact, the opposite is true. The brands playing in the space you want to dominate have already figured out the inherent power of

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being unpopular. In *The Power of Unpopular*, you'll discover the difference between flash-in-the-pan brand tactics and those designed to place you miles above the competition. **Brand Personality: What's yours?** Explore the importance of taking a stand and why brands become road kill without a distinct personality. **Community:** It's the number one thing that unpopular brands have figured out—learn how to build yours. **Brand Advocacy:** It knows no scale and your fans don't care how big you are. A guide for businesses on the proper care and feeding of their biggest asset. Erika Napoletano's irreverent yet never insincere tone takes readers on a colloquial and actionable journey, producing concepts that readers can immediately graft onto their existing business strategies. Complete with case studies of businesses from across the country, this is the book that couples theory with practice, creating pathways for business owners of any size and age. Change the way you do business and live your life—become unpopular.

Gardening in Iowa's Amana Colonies is the culmination of techniques that stretch back several centuries to central Europe, when adherents to a new faith called the Community of True Inspiration formed their own self-reliant communities. As a child of parents who were part of the communal life of the Amana Society, Larry Rettig pays homage to the Amana gardening tradition and extends it into the twenty-first century. Each of the seven villages in Amana relied on the food prepared in its communal kitchens, and each kitchen depended on its communal garden for most of the dishes served (the kitchens in Rettig's hometown produced more than four hundred gallons of sauerkraut in 1900). Rettig begins by describing the evolution of communal gardening in old Amana, focusing especially on planting, harvesting, and storing vegetables from asparagus to egg lettuce to turnips. With the passing of the old order in 1932, the number of the society's large vegetable gardens and orchards dwindled, but Larry Rettig and his wife, Wilma, still grow some of the colonies' heirloom varieties in their fourth-generation South Amana vegetable garden. In 1980 they founded a seed bank to preserve them for future generations. Rettig's chapters on modern vegetable and flower gardening in today's Amana Colonies showcase his Cottage-in-the-Meadow Gardens, now listed with the Smithsonian in its Archives of American Gardens. Old intermingles with new across his gardens: heirloom lettuce keeps company with the latest cucumber variety, a hundred-year-old rose arches over the newest daylilies and heucheras, and ancient grapevines intertwine with newly planted wisteria, all adding up to a rich array of colorful plantings. Rettig extends his gardening advice into the kitchen and workroom. He shares family recipes for any number of traditional dishes, including radish salad, dumpling soup, Amana pickled ham, apple bread, eleven-minute meat loaf, and strawberry rhubarb pie. Moving into the workroom, he shows us how to make hammered botanical prints, Della Robbia centerpieces, holiday wreaths, a gnome home, and a waterless fountain. Touring his gardens, with their historic and unusual plants, will make gardeners everywhere want to

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reproduce the groupings and varieties that surround Larry and Wilma Rettig's 1900 red brick house.

(Black & White version) Fundamentals of Business was created for Virginia Tech's MGT 1104 Foundations of Business through a collaboration between the Pamplin College of Business and Virginia Tech Libraries. This book is freely available at: <http://hdl.handle.net/10919/70961> It is licensed with a Creative Commons-NonCommercial ShareAlike 3.0 license.

A Children's Egg Donation Story This charming and light-hearted book is a wonderful way to introduce young children to the idea that a generous donor (along with a doctor and their parents) helped to bring them into the world and into their loving family. The focus is on a "mommy and daddy" who cherish their very special child. (Refers to the need for "sperm from the man" and "eggs from the lady" being needed to "make a baby"). Full color original illustrations make this book a favorite for bedtime reading. It is a book your child will fall in love with.

#1 NEW YORK TIMES BEST SELLER • In this urgent, authoritative book, Bill Gates sets out a wide-ranging, practical—and accessible—plan for how the world can get to zero greenhouse gas emissions in time to avoid a climate catastrophe. Bill Gates has spent a decade investigating the causes and effects of climate change. With the help of experts in the fields of physics, chemistry, biology, engineering, political science, and finance, he has focused on what must be done in order to stop the planet's slide to certain environmental disaster. In this book, he not only explains why we need to work toward net-zero emissions of greenhouse gases, but also details what we need to do to achieve this profoundly important goal. He gives us a clear-eyed description of the challenges we face. Drawing on his understanding of innovation and what it takes to get new ideas into the market, he describes the areas in which technology is already helping to reduce emissions, where and how the current technology can be made to function more effectively, where breakthrough technologies are needed, and who is working on these essential innovations. Finally, he lays out a concrete, practical plan for achieving the goal of zero emissions—suggesting not only policies that governments should adopt, but what we as individuals can do to keep our government, our employers, and ourselves accountable in this crucial enterprise. As Bill Gates makes clear, achieving zero emissions will not be simple or easy to do, but if we follow the plan he sets out here, it is a goal firmly within our reach.

Victoria Hopewell was a forty-something divorcee when she met and married a longtime bachelor whose ninety-year-old parents were anxiously awaiting a grandchild. Yet even though Victoria had two young daughters from a previous marriage, her eggs were aging faster than her healthy hormones and youthful appearance would suppose. Desperate to bear a child, willing to undergo any procedure, she is blocked at every corner of medical protocol. Finally she considers a donor egg. Placed on a lengthy waitlist, Victoria and her husband embark on a surrealistic egg donor hunt. Follow her insider's account of the

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hidden world of egg donation - where women's eggs are bought and sold over the Internet, you can go on blind egg dates to meet a potential donor, or you can breed future superstars with the eggs from musical divas and Olympic athletes. Victoria's experiences offer a useful shopper's guide for any prospective donor egg consumer and spotlight questionable practices in today's unregulated donor egg marketplace.

An engaging guide to navigating the challenges of infertility. After seven years of tests and more tests, treatments and more treatments, Elizabeth Swire-Falker understands what it means to struggle with infertility. In this frank, reassuring, and thoroughly researched handbook, she shares her own personal experience and offers insight into what challenges to expect along the way-from getting support to finding the right doctor to dealing with insurance.

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