

How To Remember Anything Mark Channon

You may remember visiting a grandparent or elder friend who lived in a nursing home memory unit. When you were a child you may recall sights, sounds, and smells that caused you to feel uneasy. Step into any one of today's 16,000 long-term care facilities across the US, and suddenly those memories reemerge. Nurse Supervisor K. Allen tells of the emotional investments found while working with seniors inside the Van Gogh, a large upscale urban assisted living complex. Located at its core is found a locked memory care unit, the Rembrandt, where he and his heroic support team struggle to comfort those suffering from Alzheimer's and other types of Dementia. Emotionally rich and deeply moving, *Remembering What I Forgot* tells of a day in the life of a memory unit nurse and the unimaginable obstacles faced by today's health care workers. A first of its kind, the story provides its reader with a rare glimpse into "life on a memory unit" including the emotional torment experienced by visitors who witness their loved one slip into ever increasing apathy and confusion. In its truest sense a love story of the need to cope and how to find hope when someone we love suddenly cannot remember well and is handed a diagnosis of Dementia. Insightful, humorous and heartfelt, *Remembering What I Forgot* conveys a message of inspiration and helps us connect with those in the final chapter of their life. Let us not forget them.

BOOK ONE IN THE BROKEN EMPIRE TRILOGY "Prince of Thorns deserves attention as the work of an iconoclast who seems determined to turn that familiar thing, Medievallesque Fantasy Trilogy, entirely on its head."—Locus When he was nine, he watched as his mother and brother were killed before him. By the time he was thirteen, he was the leader of a band of bloodthirsty thugs. By fifteen, he intends to be king... It's time for Prince Honourous Jorg Ancrath to return to the castle he turned his back on, to take what's rightfully his. Since the day he hung pinned on the thorns of a briar patch and watched Count Renar's men slaughter his mother and young brother, Jorg has been driven to vent his rage. Life and death are no more than a game to him—and he has nothing left to lose. But treachery awaits him in his father's castle. Treachery and dark magic. No matter how fierce his will, can one young man conquer enemies with power beyond his imagining?

Otto Klein is a young man living in Singen, Germany at the start of World War II. His life-long ambition is to be a train engineer. After passing his examinations for the Railroad Institute, Otto is accepted into the school. His father, the chief of the Singen fire department, believes that Otto will follow in his footsteps and become a fireman. Otto chooses instead to follow his dream of becoming an engineer and in the process, ignites the anger of his father. Just before leaving Singen he meets Drina, a gypsy whose prophecy of marriage and children shakes him to his very core. After leaving

Singen, Otto embarks on a career of improbable travels and dangerous missions that carry him closer and closer to the fulfillment of Drina's prophecy. Engine 81 is a story of family bonds ripped apart by pride and anger and the redemption of those bonds in the face of near certain death.

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In the primary arc, a rich young woman is abused, humiliated and abandoned by her new husband, Jacob Fuller, whom she married against the wishes of her father. The young Fuller resents her father's rejection and dismissal of him as a ne'er-do-well and resolves to exact his revenge by mistreating his new bride.

The old saying goes, "To the man with a hammer, everything looks like a nail." But anyone who has done any kind of project knows a hammer often isn't enough. The more tools you have at your disposal, the more likely you'll use the right tool for the job - and get it done right. The same is true when it comes to your thinking. The quality of your outcomes depends on the mental models in your head. And most people are going through life with little more than a hammer. Until now. The Great Mental Models: General Thinking Concepts is the first book in The Great Mental Models series designed to upgrade your thinking with the best, most useful and powerful tools so you always have the right one on hand. This volume details nine of the most versatile, all-purpose mental models you can use right away to improve your decision making, productivity, and how clearly you see the world. You will discover what forces govern the universe and how to focus your efforts so you can harness them to your advantage, rather than fight with them or worse yet- ignore them. Upgrade your mental toolbox and get the first volume today. AUTHOR BIOGRAPHY Farnam Street (FS) is one of the world's fastest growing websites, dedicated to helping our readers master the best of what other people have already figured out. We curate, examine and explore the timeless ideas and mental models that history's brightest minds have used to live lives of purpose. Our readers include students, teachers, CEOs, coaches, athletes, artists, leaders, followers, politicians and more. They're not defined by gender, age, income, or politics but rather by a shared passion for avoiding problems, making better decisions, and lifelong learning. AUTHOR HOME Ottawa, Ontario, Canada

This new edition of a popular guide to improving your memory will help you improve your performance at work and sharpen your focus. Written by a former memory champion, Improve Your Memory: Sharpen Focus and Improve Performance shows how a radically improved memory can add real value, helping you build your career and your personal life. As well as offering practical techniques to help you remember numbers, dates and facts, it contains innovative insight into new ways of learning and processing information that could completely change your life. It includes the latest scientific perspectives on mental agility and has a motivational approach that will help you develop smart goals

and achieve a more focused realization of them.

The eye of the camera lens is a window to our world. Through it, we see beauty, tragedy, and the passing of our lives. Sometimes, if we are especially fortunate, we are privileged to view fleeting moments in history. "Eye Remember" is a personal glimpse at the people, places, and events that shaped a generation of post World War II "baby-boomers." This volume contains photos, all from the author's personal collection, and profiles of celebrities, activists, and political leaders from those times. They colored the lives of us all.

Imagine what it would be like to go back in time to the 15th century Venice. And imagine what it would be like to meet your lifelong hero, Michelangelo. And imagine what it would be like if, on first meeting, you spill a tray of pasta and wine on that very same hero. Well, that's what happens to serious young artist Mark Breen. As the result of a drunken bet, Mark knocks out a painting of a toilet bowl. Much to his amazement, he sells it. In short order he's hailed as the new Andy Warhol and becomes an overnight sensation-and a very wealthy man. Soon, images of his toilet bowls are on more t-shirts, mugs, and calendars than Edvard Munch's The Scream. His friend and mentor, Hugh Connelly, afraid that Mark is in danger of losing his "artistic soul," advises him to go back to Italy and reacquaint himself with the "old masters." In Venice, Mark falls in love with Alexandra, a beautiful art restorer, but it's a one-sided affair. One night, hoping to win her over, he climbs up on a roof to find out who painted her favorite fresco. He falls off the roof and wakes up in 15th century Venice where he meets an innkeeper named Francesca, who looks exactly like Alexandra. And it gets curiously and curiously from there. During his stay-which is sometimes zany and sometimes frightening-he meet his hero, Michelangelo, who teaches him the true meaning of art.

Do you find yourself thinking how is my child that old already? "They grow up so fast" is a total cliché but sometimes it feels so true. Or, do you find that you can't remember all the different things you did last week? There are so many wonderful little and big things that happen every week and even every day when you're parents. So many fun, funny and lovely things they say and do - so many memories you want to treasure and look back on, and that is why we created The Memory Journal for the Kids. We wanted to create a journal that would help you remember this important and precious time. Each page of The Memory Journal for the Kids contains an area to write out what you did that day, the memorable things your kids do or say, the highlights of the day, who you saw, a place for doodling and a place for thoughts. So whether you want to record the big milestones - first words, first steps (basically all the firsts), the cute things they do, or the funny things they say, you can in this lovely and practical journal. The layout is simple and makes for fun and easy reflection. And before you know it you can look back with joy at the wonderful things you have done with your kids, and even use it as a bedtime story. What benefits will you see from using this journal? 1. To look back on your

child's life². To remember the small things they do³. To keep track of what you do as a family⁴. A greater sense of gratitude for the small things in your life⁵. A fun way to remember your kids' milestones

A letter written by a seriously ill middle aged man facing the end of his life is found in a safety deposit box after he passes away. The document, immediately thought to be Jack Quinns last will and testament, sends his oldest friend on a quest to find his birth parents, his adoption only revealed to him shortly before he died. The search for the identity of the decedents birth parents takes Mark Purchell, a man who has been Quinns friend for over forty years, from his hometown of Ottawa to a small town on Cape Breton Island in Nova Scotia. Along the way, Purchell encounters and is assisted by a number of intriguing characters, including a seedy but well-meaning neighbour, a stern librarian, a retired police officer, members of the clergy, a newspaper editor, a haughty hotel maitre d and a spirited waitress named Elaine. His investigation of The Hidden History of Jack Quinn eventually leads to a newspaper archive and a surprising answer to a departed friends last request.

The earliest of the four Gospels, the book portrays Jesus as an enigmatic figure, struggling with enemies, his inner and external demons, and with his devoted but disconcerted disciples. Unlike other gospels, his parables are obscure, to be explained secretly to his followers. With an introduction by Nick Cave

Humorous Wit is a new compilation of quotations in their most humoristic form. There are over 15,000 of these taken from various parts of the world, with over 1,200 of them translated into English for the first time. This book features 5,000 authors from every corner of the globe, covering a period starting before classical antiquity, when man first started to record his thoughts, to modern times, enriching the cultural heritage. This does not in any way mean that the caveman was less humorous, but the richness of the environment we live in today and the variety of subject matter contribute considerably to a refined sense of humour. Moreover, considering that chimps and other primates also possess the ability to laugh, humour may have been around longer than the human race :)

What would you do if you could remember anything? "How to Remember Anything" shows how a radically improved memory can add real value in life and in business and can help build your career and your personal life. It is full of practical techniques that will not just show you how to remember things such as numbers, dates and facts, but also real and innovative insight into new ways of learning and processing information that could completely change your life. The goal of this book is to show you how to use your new, improved memory to enhance your career, your personal life and your leisure time, and because of this it is more practical and transformational than any other 'Memory boosting' title available.

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The verbal section of the GRE is essentially a vocabulary test. With a few exceptions, if you know the word, you will probably be able to answer the question correctly. Thus, it is crucial that you improve your vocabulary. Even if you have a strong vocabulary, you will still encounter unfamiliar words on the GRE. Many students write off questions, which contain words, they don't recognize. This is a mistake. This book introduces numerous techniques that decode unfamiliar words and prod your memory of words you only half-remember. With these techniques, you will often be able to squeeze out enough meaning from an unfamiliar word to answer a question correctly. Nevertheless, don't rely on just these techniques--you must study word lists. Obviously, you cannot attempt to memorize the dictionary, and you don't need to. The GRE tests a surprisingly limited number of words, and this book has 4000 prime candidates. Granted, memorizing a list of words is rather dry, but it is probably the most effective way of improving your performance on the verbal section. All the words you need for success on the GRE! Features: * 4000 Words Defined * Word Analysis section * 200 Prefixes, Roots, and Suffixes * Concise, practical definitions

This book will help you to remember who you truly are, and to be your true, authentic self, in its entirety, to unlock the beautiful spirit and essence of you. You have a soul mission: it's time to wake up to it and fulfill your destiny and be everything you ever dreamed of being, your soul and spirit self really are, unafraid to shine in a world that all too often might seem might seek to undermine or limit you...You are filled with infinite possibilities and great gifts. Many of us are waking up from the illusion of fear, lower consciousness and vibration that we have been trapped in. Though times may be dark, the light can prevail and by holding on to our dreams and visions, we will emerge with a higher consciousness. We will shed all the restrictions of the past, and break the chains of the judgmental and fear-based systems which have ruled and limited our lives in so many ways, to take a jump and leap of faith and really be the full expression of our unique and special souls. "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul.... I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure" "What a beautiful book; one that touches you and works on so many levels." "It doesn't matter where you are on your journey, in this book you will find something new, something to remind you of who and where you are, why you are following the path you have chosen and affirmation that you are not alone, the Universe is always supporting you. I found the book easy to read, to me the energy of the words just flow off the page, and hit the spot. Read it from cover to cover, dip in and out, the choice is yours and the book supports you in what ever way you wish to connect with it. Bursting with information and and workable ways to experiment and include in your spiritual practice. Sally has worked really hard to make this work appeal to as wider audience as possible and I feel she has pulled it off with a flourish. Well done Sally, when's the next one?" "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul and I felt curiously emotional. I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure & refer to when I am in need of uplifting"

The Gospels and Acts are composed of writings from St. Matthew, St. Mark, St. Luke, St. John and the Book of Acts. The purpose of which is to give you the spiritual lens that will enable you to see clearly what you fail to see using your physical lens. As you read this collection, try to see the three spiritual themes to it. Get a copy today.

Beginning with the piece that made Mark Twain famous--"The Notorious Jumping Frog of Calaveras County"--and ending with his fanciful "How I Edited an Agricultural Paper," this treasure trove of an anthology, an abridgment of the 1888 original, collects twenty of Twain's own pieces, in addition to tall tales, fables, and satires by forty-three of Twain's contemporaries, including Washington Irving, Harriet Beecher Stowe, Ambrose Bierce, William Dean Howells, Joel Chandler Harris, Artemus Ward, and Bret Harte.

Everyone has had the frustrating experience of putting something down and then forgetting where. Although there are many factors that contribute to the ability to remember; it is also a simple fact that some people are better at remembering than others. Outside influences like stress, hormone problems, or even the side-effects of medications can make people absentminded and forgetful. But what if your memory is simply getting progressively worse? Are you frequently embarrassed at not being able to remember someone's name? Have you ever driven away from a petrol station and genuinely forgotten to pay? Are these episodes of memory loss driving you to despair? If so, then this book by Miller Caldwell is not only going to amuse and entertain you, but it will provide you with many serious tips and selfhelp exercises that will help you train your brain all over again! Mr Caldwell begins by explaining his own diagnosed condition called mild cognitive impairment (MCI) and the frustration he felt at having to retire early because of shortterm memory loss. He explains in simple terms how the human brain processes our thoughts and then stores them in preparation for recall. He explains how in most people, sharp thinking and reasoning skills are unaffected by shortterm memory decline and suggests that, if an older person learns information in the right way, he or she is just as likely to remember it as a younger counterpart. Each helpful tip and suggested exercise comes with an anecdote from Caldwell's many varied and fascinating life experiences, including how he almost married the wrong woman! Presented in a delightful and straightforward format, this book will be an invaluable companion to those of us who are just a little bit forgetful or, equally, to those in the early stages of dementia. Oh, and just in case you forget, the charming cover illustration of an elephant with a knot in its trunk will remind you to pick up a copy of your own. With half a million copies in print, *How to Read a Book* is the best and most successful guide to reading comprehension for the general reader, completely rewritten and updated with new material. A CNN Book of the Week: "Explains not just why we should read books, but how we should read them. It's masterfully done." –Farheed Zakaria Originally published in 1940, this book is a rare phenomenon, a living classic that introduces and elucidates the various levels of reading and how to achieve them—from elementary reading, through systematic skimming and inspectional reading, to speed reading. Readers will learn when and how to "judge a book by its cover," and also how to X-ray it, read critically, and extract the author's message from the text. Also included is instruction in the different techniques that work best for reading particular genres, such as practical books, imaginative literature, plays, poetry, history, science and mathematics, philosophy and social science works. Finally, the authors offer a recommended reading list and supply reading tests you can use measure your own progress in reading skills, comprehension, and speed.

A bestselling modern classic—both poignant and funny—about a boy with autism who sets out to solve the murder of a neighbor's dog and discovers unexpected truths about himself and the world. Nominated as one of America's best-loved novels by PBS's *The Great American Read* Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. He relates well to animals but has no understanding of human emotions. He cannot stand to be touched. And he detests the color yellow. This improbable story of Christopher's quest to investigate the suspicious death of a neighborhood dog makes for one of the most captivating, unusual, and widely

heralded novels in recent years.

Discusses the best methods of learning, describing how rereading and rote repetition are counterproductive and how such techniques as self-testing, spaced retrieval, and finding additional layers of information in new material can enhance learning.

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#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —USA Today **DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.**

NEW YORK TIMES BESTSELLER USA TODAY BESTSELLER NATIONAL INDIE BESTSELLER THE WASHINGTON POST BESTSELLER Recommended by Entertainment Weekly, Real Simple, NPR, Slate, and Oprah Magazine #1 Library Reads Pick—October 2020 #1 Indie Next Pick—October 2020 **BOOK OF THE YEAR (2020) FINALIST**—Book of The Month Club A “Best Of” Book From: Oprah Mag * CNN * Amazon * Amazon Editors * NPR * Goodreads * Bustle * PopSugar * BuzzFeed * Barnes & Noble * Kirkus Reviews * Lambda Literary * Nerdette * The Nerd Daily * Polygon * Library Reads * io9 * Smart Bitches Trashy Books * LiteraryHub * Medium * BookBub * The Mary Sue * Chicago Tribune * NY Daily News * SyFy Wire * Powells.com * Bookish * Book Riot * Library Reads Voter Favorite * In the vein of *The Time Traveler's Wife* and *Life After Life*, *The Invisible Life of Addie LaRue* is New York Times bestselling author V. E. Schwab's genre-defying tour de force. A Life No One Will Remember. A Story You Will Never Forget. France, 1714: in a moment of desperation, a young woman makes a Faustian bargain to live forever—and is cursed to be forgotten by

everyone she meets. Thus begins the extraordinary life of Addie LaRue, and a dazzling adventure that will play out across centuries and continents, across history and art, as a young woman learns how far she will go to leave her mark on the world. But everything changes when, after nearly 300 years, Addie stumbles across a young man in a hidden bookstore and he remembers her name. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

These eight new stories from the celebrated novelist and short-story writer Nathan Englander display a gifted young author grappling with the great questions of modern life, with a command of language and the imagination that place Englander at the very forefront of contemporary American fiction. The title story, inspired by Raymond Carver's masterpiece, is a provocative portrait of two marriages in which the Holocaust is played out as a devastating parlor game. In the outlandishly dark "Camp Sundown" vigilante justice is undertaken by a group of geriatric campers in a bucolic summer enclave. "Free Fruit for Young Widows" is a small, sharp study in evil, lovingly told by a father to a son. "Sister Hills" chronicles the history of Israel's settlements from the eve of the Yom Kippur War through the present, a political fable constructed around the tale of two mothers who strike a terrible bargain to save a child. Marking a return to two of Englander's classic themes, "Peep Show" and "How We Avenged the Blums" wrestle with sexual longing and ingenuity in the face of adversity and peril. And "Everything I Know About My Family on My Mother's Side" is suffused with an intimacy and tenderness that break new ground for a writer who seems constantly to be expanding the parameters of what he can achieve in the short form. Beautiful and courageous, funny and achingly sad, Englander's work is a revelation.

An instant New York Times bestseller and #1 Wall Street Journal bestseller. JIM KWIK, the world's #1 brain coach, has written the owner's manual for mental expansion and brain fitness. Limitless gives people the ability to accomplish more--more productivity, more transformation, more personal success and business achievement--by changing their Mindset, Motivation, and Methods. These "3 M's" live in the pages of Limitless along with practical techniques that unlock the superpowers of your brain and change your habits. For over 25 years, Jim Kwik has worked closely with successful men and women who are at the top in their fields as actors, athletes, CEOs, and business leaders from all walks of life to unlock their true potential. In this groundbreaking book, he reveals the science-based practices and field-tested tips to accelerate self learning, communication, memory, focus, recall, and speed reading, to create fast, hard results. Learn how to: FLIP YOUR MINDSET Your brain is like a supercomputer and your thoughts program it to run. That's why the Kwik Brain process starts with unmasking assumptions, habits, and procrastinations that stifle you, redrawing the borders and boundaries of what you think is possible. It teaches you how to identify what you want in every

aspect of your life, so you can move from negative thinking to positive possibilities. **IGNITE YOUR MOTIVATION** Uncovering what motivates you is the key that opens up limitless mental capacity. This is where Passion + Purpose + Energy meet to move you closer to your goals, while staying focused and clear. Your personal excitement will be sustainable with self-renewing inspirations. Your mind starts strong, stays strong, and drives further exponentially faster. **MASTER THE METHOD** We've applied the latest neuroscience for accelerated learning. Our process, programs, podcasts, and products unleash your brain's own superpowers. Finish a book 3x faster through speed reading (and remember every part of it), learn a new language in record time, and master new skills with ease. These are just a few of the life-changing self-help benefits. With Kwik Brain, you'll get brain-fit and level-up your mental performance. With the best Mindset, Motivation and Method, your powers become truly limitless.

Think Game of Thrones meets Buffy the Vampire Slayer with a drizzle of E.L. James - Telegraph Perfect for fans of Jessica Jones and True Blood, this is a blockbuster modern fantasy set in a divided world where one woman must uncover the truth to seek her revenge. Half-Fae, half-human Bryce Quinlan loves her life. Every night is a party and Bryce is going to savour all the pleasures Lunathion – also known as Crescent City – has to offer. But then a brutal murder shakes the very foundations of the city, and brings Bryce's world crashing down. Two years later, Bryce still haunts the city's most notorious nightclubs – but seeking only oblivion now. Then the murderer attacks again. And when an infamous Fallen angel, Hunt Athalar, is assigned to watch her every footstep, Bryce knows she can't forget any longer. As Bryce and Hunt fight to unravel the mystery, and their own dark pasts, the threads they tug ripple through the underbelly of the city, across warring continents, and down to the deepest levels of Hel, where things that have been sleeping for millennia are beginning to stir ... With unforgettable characters and page-turning suspense, this richly inventive new fantasy series by #1 New York Times bestselling author Sarah J. Maas delves into the heartache of loss, the price of freedom – and the power of love.

One mistake can shatter dreams and shape the future. Alexis knows this first hand. Even though her memory of that day is hazy, she has spent the last ten years trying to put it behind her. Armed with the knowledge that her career will be her only legacy, Alexis works night and day to prove that she is more than just her last name. It's not only that she doesn't have time for love. She doesn't have the heart for it. After all, there's no point in starting something you can't finish. When she meets Adam, she's drawn to him in a way even she can't deny. The film student is dark and brooding and strangely charming. He's the perfect distraction from her mundane life. And, as if fate is pushing them together, he seems to be around every corner. It's enough to almost make her entirely forget about her past and take a chance. But Adam can recall every detail that she's forgotten. What she doesn't remember, he can't forget.

The world is changing...The Dragon Queen Stir's in her prison... The Red Lord's forces move in the shadows... And the Gods have returned... The Voldin go about their normal lives, Unaware that their existence is hanging by a thread... Between the Chaos and the

Voldin stands Benedict... But can the legend protect his charges, or will he be sucked beneath the wash of evil as it floods across the land.

This book is for any educator who's interested in understanding how learning works, and how to optimise their teaching to make it happen. From the author of Lean Lesson Planning, this latest instalment in the High Impact Teaching series pulls together the best available evidence from cognitive science and educational research, and stitches them together into a concise and coherent set of actionable principles that can be used to improve your impact in the classroom. It's an evidence-informed teacher's guide to building enduring understanding, and sits alongside books such as Make It Stick, Why Don't Students Like School?, and What Every Teacher Needs To Know About Psychology.

It's a Mystic & Supernatural Adventure of Mark and Barbara in search of 'Princess Sorina's Castle in Transylvania that went underground two centuries ago after the mysterious missing of the Princess. Princess Sorina got a Goldstone from his father seven days before her seventeenth birthday. Her father Count Domitru was assassinated and she had been mysteriously missing since 1807. Was she really missing or she was killed? After 200 years, she is back. But why? So, get ready for the mystic journey to Transylvania with Marks, Anthony and Barbara.

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