

Hipnoza Cabinet Individual De Psihologie Ruxandra Marcu

Share in fifty years of a really remarkable cat... The classic Christmas story with Mog, everyone's favourite family cat! This funny and warm-hearted escapade comes as a stunning full-colour ebook, read by the inimitable GERALDINE MCEWAN.

This book presents the first English language guide to adapting schema therapy (ST) for children and adolescents. Written by the developers of the approach, it presents a wide range of innovative child- and parent-specific techniques, with detailed guidance on how to apply them across five key developmental stages from infancy to young adulthood. With detailed guidance on how to enact age-appropriate schema dialogues and imaginative use of play to reinforce or replace imagery rescripting, Schema Therapy for Children and Adolescents allows therapists to help young people put difficult events behind them and choose new, healthier ways forward.

"During the past several years there have been ever-increasing numbers of physicians, dentists, and psychologists interested in hypnosis, both therapeutic and investigative. Reliable sources of clinical information and instruction were practically non-existent except for a few scattered individuals. To meet this need, to interest universities, and to stimulate medical and dental schools to an awareness of the importance of teaching clinical hypnosis, a group of experienced clinicians competent in teaching were formed. Throughout the United States, under the auspices of various professional societies and universities, this group conducted seminars on hypnosis. "This book is compiled from the tape recordings of dozens of those seminars, and thus it contains

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the material as it was presented, with all the simplicity, directness, and effectiveness of the classroom presentation. "It is no more, no less, than a comprehensive presentation of the material upon which thousands of clinicians throughout the United States have based the initiation and development of their successful clinical use of hypnosis." -Milton H. Erickson, M.D. (1961)

This book provides a clear overview of current thinking on the teaching and learning of geography. It is an ideal companion to all students beginning a career in teaching the subject in secondary schools. The chapters are written by experienced teacher educators and bridge both theory and practice. The writers focus on the continuities, whilst setting them in the context of the changing curriculum. The book is divided into four parts. Part One examines the historical context of geography teaching. Part Two looks at issues of course planning, design, syllabuses and programmes of study. Underlying this section is the assumption that geography should not be considered in isolation from other subjects, but rather as part of a whole curriculum. Part Three concentrates on teaching and learning, and includes chapters on the use of maps, field work, IT and first hand experience within a community. The final section covers the issues associated with assessment, across the whole school age range.

Learn the latest details and most recent groundbreaking discoveries that reveal, for the first time, the mystery of life in the spirit world after death on Earth?proof that our consciousness survives?in Journey of Souls by Michael Newton, Ph.D. Using a special hypnosis technique to reach the hidden memories of subjects, Dr. Newton discovered some amazing insights into what happens to us between lives. Journey of Souls is the record of 29 people who recalled their experiences between physical deaths. Through their extraordinary stories, you will learn specifics about: ·How

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it feels to die ·What you see and feel right after death ·The truth about "spiritual guides" ·What happens to "disturbed" souls ·Why you are assigned to certain soul groups in the spirit world and what you do there · How you choose another body to return to Earth ·The different levels of souls: beginning, intermediate, and advanced ·When and where you first learn to recognize soulmates on Earth ·The purpose of life Journey of Souls is a graphic record or "travel log" by these people of what happens between lives on Earth. They give specific details as they movingly describe their astounding experiences. After reading Journey of Souls, you will gain a better understanding of the immortality of the human soul. You will meet day-to-day challenges with a greater sense of purpose. You will begin to understand the reasons behind events in your own life. Journey of Souls is a life-changing book. Already, over 165,000 people have taken Journey of Souls to heart, giving them hope in trying times. You should read a copy, too.

Psihocardiologia constituie o aparitie editoriala inedita in literatura medicala si psihologica romaneasca, evidentiind o relatie legitimata si plina de aplicatii practice intre cele doua specialitati. Asocierea reusita intre doua personalitati – profesorii Ioan-Bradul Iamandescu si Crina Julieta Sinescu de la UMF „Carol Davila“, Bucuresti – a fost cut posibil realizarea acestei lucrari de mare amploare care abordeaza domeniul psihocardiologiei. Profesorul Ioan-Bradul Iamandescu, personalitate a medicinei academice romaneesti, primul profesor de Psihologie medicala si Psihosomatica, s-a remarcat prin contributiile deosebite la statutul psihocardiologiei ca o ramura distincta a psihosomaticii, cu un cadru nosologic bine definit si cunoscut. El se numara printre marile personalitati care s-au preocupat de imbunatatirea invatamantului clinic bazat pe o gandire moderna de orientare biopsihosociala in practica medicinei. Prezent

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binecunoscut? în cardiologia din ?ara noastr?, prof. dr. Crina Julieta Sinescu a dovedit deplin? în?elegere pentru problematica psihocardiologiei, încurajând ?i participând la realizarea unor cercet?ri referitoare la etiopatogenia psihosomatic? a hipertensiunii arteriale ?i a bolii cardiace ischemice, desf??urate în clinica pe care o conduce la spitalul „Bagdasar-Arseni“. A oferit numeroase sugestii rezultate din observa?ia clinic? psihologilor cu care a elaborat în comun câteva capitole ale acestei c?r?i. Lucrarea se adreseaz? în primul rând psihologilor clinicieni ?i corpului medical – în special cardiologilor, interni?tilor ?i medicilor de familie – dar ?i publicului larg, care cuprinde un mare num?r de bolnavi cardiaci, inclusiv aceia „în devenire“, ce ar putea beneficia de cuno?tin?ele desprinse din paginile c?r?ii spre a preveni sau încetini instalarea unei boli cardiace.

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The Sanctuary of Eleusis, near Athens, was the center of a religious cult that endured for nearly two thousand years and whose initiates came from all parts of the civilized world. Looking at the tendency to "see visions," C. Kerényi examines the Mysteries of Eleusis from the standpoint not only of Greek myth but also of human nature. Kerényi holds that the yearly autumnal "mysteries" were based on the ancient myth of Demeter's search for her ravished daughter Persephone--a search that he equates not only with

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woman's quest for completion but also with every person's pursuit of identity. As he explores what the content of the mysteries may have been for those who experienced them, he draws on the study of archaeology, objects of art, and religious history, and suggests rich parallels from other mythologies.

Martin Vail, the brilliant "bad-boy" lawyer every prosecutor and politician love to hate, is defending Aaron Stampler, a man found holding a bloody butcher's knife near a murdered archbishop. Vail is certain to lose, but Vail uses his unorthodox ways to good advantage when choosing his legal team--a tight group of men and women who must uncover the extraordinary truth behind the archbishop's slaughter. They do, in a heart-stopping climax unparalleled for the surprise it springs on the reader...

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Our health as a nation is declining. In addition, it is becoming increasingly clear that allopathic medicine has come to a plateau in its efforts to stem the tide of degenerative disease. As a result, mind-body medicine is a very big topic for the new millennium. You the Healer offers a guide that can help you and your loved ones to live a healthy, disease-free life. Based on the most successful mind development program in the world today, You the Healer offers a complete course in Silva Method healing techniques in a do-it-yourself, forty-day format. By reading one chapter a day and doing the indicated exercises, you can be firmly on the path to wellness in just six weeks.

Life Scripts: A Transactional Analysis of Unconscious

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Relational Patterns is an exciting collection of contemporary writings on Life Script theory and psychotherapeutic methods. Each chapter describes an evolution of Eric Berne's original theory and brings together a stimulating range of international perspectives, theoretical positions, clinical experiences and psychotherapy practices, as well as a psychotherapy story that illustrates the theory. The concept of Life Scripts has frequently been associated with the determinism represented in theoretical scripts, yet, this book offers some new and diverse perspectives. A few contributors address the significance of early childhood experiences in forming a Life Script, while others reflect the perspectives of post-modernism, constructivism, existential philosophy, neuroscience, developmental research, mythology and the importance of narrative. An illustrious group of authors has integrated a broad professional perspective into their understanding of a theory of mind, theories of personality and the methods of psychotherapy. Each chapter provides a unique theoretical perspective; some are provocative and challenge Berne's and others long held notions about Life Scripts.

Can a woman ever really know herself if she doesn't know her mother? From the author of the smash-hit bestseller *Firefly Lane* and *True Colors* comes Kristin Hannah's powerful, heartbreaking novel that illuminates the intricate mother-daughter bond and explores the enduring links between the present and the past. Meredith and Nina Whitson are as different as sisters can be. One stayed at home to raise her children and

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manage the family apple orchard; the other followed a dream and traveled the world to become a famous photojournalist. But when their beloved father falls ill, Meredith and Nina find themselves together again, standing alongside their cold, disapproving mother, Anya, who even now, offers no comfort to her daughters. As children, the only connection between them was the Russian fairy tale Anya sometimes told the girls at night. On his deathbed, their father extracts a promise from the women in his life: the fairy tale will be told one last time—and all the way to the end. Thus begins an unexpected journey into the truth of Anya's life in war-torn Leningrad, more than five decades ago. Alternating between the past and present, Meredith and Nina will finally hear the singular, harrowing story of their mother's life, and what they learn is a secret so terrible and terrifying that it will shake the very foundation of their family and change who they believe they are.

This book assists in breaking through treatment resistance and defensiveness. Dozens of reproducible handouts, experiential activities, exercises, self-discovery tools and more are included.

Getting at client issues by focusing on the process of symptom formation rather than on the details of the problem. In *Process-Oriented Hypnosis*, internationally recognized psychologist Michael D. Yapko provides clinicians with a new framework for utilizing hypnosis with clients. Yapko encourages clinicians to take a broader perspective, in which patterns rather than individual symptoms are the

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emphasis of therapy. He offers numerous insights into ways clinicians can hone in on the process of how people come to suffer various types of emotional distress. Beyond these insights, Process-Oriented Hypnosis provides highly practical information and specific examples for integrating this innovative perspective into clinical work. The key patterns of human experience are central to the first section of the book, providing a sound conceptual foundation and a wide range of examples. In the second section, Yapko provides ten richly structured hypnosis session transcripts for clinicians to insightfully adapt to their clients' needs. Process-Oriented Hypnosis offers clinicians a fresh perspective for working with clients that can be integrated into many different treatment models. With over 1 million copies sold worldwide and translated into 29 languages, Dr. Alex Loyd's international bestselling book is a life-changing program that uses energy medicine to heal mental and physical challenges. The Healing Code is your healing kit for life-to recover from the issues you know about, and repair the ones you don't. The book also includes: The Seven Secrets of life, health, and prosperity The 10-second Instant Impact technique for defusing daily stress The Heart Issues Finder, the only test that identifies your source issues in a succinct personalized report Dr. Alex Loyd discovered how to activate a physical function built

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into the body that consistently and predictably removes the source of 95% of all illness and disease. His findings were validated by tests and by the thousands of people from all over the world who have used The Healing Code's system to heal virtually any physical, emotional, or relational issue. His testing also revealed that there is a "Universal Healing Code" that will heal most issues for most people. In this book you will get that Universal Healing Code, which takes only minutes to do. Recounts the author's own experiences in 1992 when she used alternative healing methods to treat a tumor in her uterus, and provides advice on how to use similar techniques.

A dozen years ago, Peter Suedfeld introduced the world to the term "REST" to describe the modern technique or therapy involving Restricted Environmental Stimulation. At the time, REST was still equated with "sensory deprivation". Textbooks in psychology and psychiatry cited primarily the work of the 1950s and 60s which suggested that reduction of normal levels of stimulation was, in a sense, a form of torture producing severe psychological disturbances and subjugation of the hapless participant to the whims of an experimenter working in the service of a sinister government. In contrast to this perception, other psychologists and psychiatrists held the unsubstantiated belief that apparent REST effects were merely the result of awe inspiring

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experimental settings and subject expectancies. Suedfeld was not persuaded by either of these unscientific positions. He (Suedfeld, 1980) argued that REST, when stripped of anxiety producing melodrama, was simply a powerful way to positively alter a variety of psychological and behavioral processes. Research continued. More and more data were published and presented. Research scientists and clinicians began to correct misconceptions. The First International Conference on REST was held in 1983 and IRIS, the International REST Investigators Society, was founded that same year. REST has outlived misconstrued perceptions. The beneficial effects of the technique are now recognized in the majority of scientific texts.

In the English-speaking psychoanalytic world, few diagnostic categories are as controversial as hysteria. This concept, widely held to reflect outmoded cultural prejudices against women, has virtually disappeared from our theoretical literature, diagnostic manuals, and training programs. However far from being gender-bound, hysteria from Jacques Lacan represents a psychic strategy that bears on one of the most fundamental preoccupations of existence: What does it mean to be a woman? What does it mean to be a man?

Struggling with a gambling habit? If you feel that a 'flutter' has evolved into something out of your

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control, this indispensable book is for you. This self-help manual uses cognitive behavioral techniques, pioneered by clinical psychologist Professor Alex Blaszczynski, and now used all over the world, to help with gambling addiction. It will help you to understand how your own gambling problem has developed and what is keeping it going; also, crucially, how to develop the motivation to stop and control any future urges to gamble again.

This book is about how an interdimensional race has controlled the world for thousands of years- and still does.

This is the revised edition of Dr. Stevenson's 1987 book, summarizing for general readers almost forty years of experience in the study of children who claim to remember previous lives. For many Westerners the idea of reincarnation seems remote and bizarre; it is the author's intent to correct some common misconceptions. New material relating to birthmarks and birth defects, independent replication studies with a critique of criticisms, and recent developments in genetic study are included. The work gives an overview of the history of the belief in and evidence for reincarnation.

Representative cases of children, research methods used, analyses of the cases and of variations due to different cultures, and the explanatory value of the idea of reincarnation for some unsolved problems in psychology and medicine are reviewed.

This book focuses on tested hypnoanalytic techniques, with step-by-step procedures for integrating hypnosis

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into psychoanalytic processes. In its examination of the latest thinking, research, and techniques, the book discusses historical origins of hypnosis as well as how to apply it to current events, such as using hypnosis in the treatment of trauma with soldiers coming out of the war in Iraq. The text shows how hypnosis can be combined with psychoanalysis to make it possible to understand the subjective world of clients. Its accessible nature, rich detail, and significant updates make the book an invaluable resource for the professional who wishes to incorporate hypnosis into his or her practice. With the authors' extensive and impressive knowledge, careful updates, and comprehensive coverage of the proper and appropriate techniques to use, this volume is an indispensable addition to the field.

Anxiety, meltdowns and emotional regulation can be hugely challenging for autistic people. This book is full of proactive strategies for understanding, accepting and respecting the processing differences in autism. It contains tools for reducing sensory, social and mental drain, and offers strategies to protect from ongoing stress and anxiety. These help minimize shutdowns and burnout, while maximizing self-esteem, autistic identity and mental health. Learn strategies for matching environmental demands to the person's processing needs, how to support vulnerabilities, and how to prevent and manage meltdowns while protecting the identify and self-esteem of the individual with autism.

Erosive tooth wear is a multifactorial condition of growing concern to the clinician and is a subject of extensive research. This book is the first which deals in such detail

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with dental erosion. It presents the whole spectrum of views on the issue, from the molecular level to behavioral aspects, as well as trends in society. The multifactorial etiological pattern of erosive tooth wear is emphasized and is a strand connecting the different chapters of the book. Definition, diagnosis, prevalence, incidence and chemistry of dental erosion are discussed in the first part of the publication. Further, topics like extrinsic and intrinsic causes of dental erosion are covered and a chapter is devoted to dental erosion in children. Methods of assessment are presented and critically evaluated. The book concludes with themes on dentinal hypersensitivity, risk assessment and preventive measures and restorative options for erosive lesions. This publication is not only highly recommended to faculty members, researchers and dental students, but also to practitioners and other dental professionals who are committed to the prevention and treatment of dental erosion.

Crown House is pleased to announce the publication of the third edition of *The Art of Hypnosis: Mastering Basic Techniques* by Roy Hunter. This updated third edition includes a new introduction by Conrad Adams PhD together with a revised Chapter 1. Roy Hunter is an expert in the field of hypnosis. He was specially selected to carry on the work of the 'Grand Master of Hypnotherapy', the late Charles Tebbetts, who was a master teacher and contributor to the art/science of hypnosis and hypnotherapy. This book is based upon the training course of Tebbetts, which has been updated by Roy Hunter. Tebbetts' training has formed the basis of a

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large number of hypnotherapy courses taught in America and Europe. The Art of Hypnosis is well-written and easy to read and understand, even for the novice. In-depth and practical information is given on how to achieve maximum results in a hypnotic session by phrasing suggestions properly and by using various techniques to determine which approach is best for each individual client.

Mind/body interactions have only in recent years become the subject of rigorous scientific enquiry, witnessing major advances in our understanding of the stress process, the endocrine and immune systems, and the methodologies used to investigate these phenomena. As a result, we have witnessed an explosion of research activity in the field of psychoneuroimmunology - the study of psychological processes and their interaction with the nervous and immune systems. This title presents an account of the human evidence in this field. This manual contains the standards for reform in the management and operation of the criminal justice system, focusing on planning, education, and information systems. Planning for resource allocation is one of the most important functions that a criminal justice agency performs. The 1968 Omnibus Crime Control and Safe Streets Act required the creation of state criminal justice planning agencies and the development of annual state comprehensive plans as a contingency for state participation in federal criminal justice funding. In the initial section of this volume, the National Advisory Commission points out the need for additional planning at the metropolitan and regional levels, and indicates the

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necessity for quantifying performance objectives. It also stresses participation in the planning process by criminal justice agencies, government departments and private citizens. The Commission recommends the development of state integrated multiyear planning and the establishment of criminal justice coordinating councils by all major cities and counties. Other areas of concern to the Commission, in addition to management and budget planning, include systems analysis, information systems, evaluation, personnel training, and criminal code revision. These and other commission proposals appear in the form of specific standards and recommendations -- nearly 70 in all -- that spell out in detail what the segments of the criminal justice system--the police, courts, and correctional agencies can do to upgrade and modernize many of their functions. This manual is a reference work for the practitioner as well as the interested layman.

Recent studies regarding the neuropathology of specific neurological disorders suggest that both neurodevelopmental and neurodegenerative processes may play a role. However, in contrast to the neurodegeneration seen in neurological disorders such as Parkinson's and Alzheimer's disease, the term "neuroprogression" has been used to describe the neurodevelopmental aspect of pathological brain re-wiring that takes place in the context of severe psychiatric disorders, such as schizophrenia or bipolar disorder. Within psychiatry, patients with severe psychopathology, such as those depressed patients who eventually commit suicide, have been shown to present

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with increased inflammatory markers in the brain. A similar increase in inflammatory markers is also found in patients with bipolar disorders and schizophrenia. Thus, oxidative stress, inflammation, and changes in growth factors are thought to be the pathways of neuroprogression. Neuroprogression in Psychiatry provides a comprehensive summary of the current developments in the emerging field of neuroprogression. With contributions by leading researchers in the field, this book examines the role of neuroprogression across a wide range of specific psychiatric disorders, with chapters included on major depressive disorder, anxiety disorder, post-traumatic stress disorder, substance abuse, schizophrenia, and bipolar disorder. Love's Executioner offers us the humane and extraordinary insight of renowned psychiatrist Irvin D. Yalom into the lives of ten of his patients - and through them into the minds of us all Why was Saul tormented by three unopened letters from Stockholm? What made Thelma spend her whole life raking over a long-past love affair? How did Carlos's macho fantasies help him deal with terminal cancer? In this engrossing book, Irvin Yalom gives detailed and deeply affecting accounts of his work with these and seven other patients. Deep down, all of them were suffering from the basic human anxieties - isolation, fear of death or freedom, a sense of the meaninglessness of life - that none of us can escape completely. And yet, as the case histories make touchingly clear, it is only by facing such anxieties head on that we can hope to come to terms with them and develop. Throughout, Dr Jalom remains refreshingly

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frank about his own errors and prejudices; his book provides a rare glimpse into the consulting room of a master therapist. 'Dr Yalom demonstrates once again that in the right hands, the stuff of therapy has the interest of the richest and most inventive fiction' Eva Hoffman, New York Times 'These remarkably moving and instructive tales of the psychiatric encounter bring the reader into novel territories of the mind - and the landscape is truly unforgettable' Maggie Scarf 'Love's Executioner is one of those rare books that suggests both the mystery and the poetry of the psychotherapeutic process. The best therapists are at least partly poets. With this riveting and beautifully written book, Irvin Yalom has joined their ranks' Erica Jong 'Dr Yalom offers a valuable insight into the delicate process of therapy' Sunday Telegraph 'Dr Yalom is unusually honest, both with his patients and about himself' Anthony Storr 'Yalom is a gifted storyteller, and from the sound of these tales, a no-less-gifted psychotherapist' Los Angeles Times As a psychiatrist, Dr. Berne found that each person, in early childhood--under the powerful influence of his parents--writes his own script that will determine the general course of his life. That script dictates what kind of person he will marry, how many children he will have, even what kind of bed he will die in. Most of all, it determines whether he will be a winner or a loser, a spendthrift or a skinflint, a tower of strength or a doomed alcoholic. Some people, says Berne, have scripts that call for them to fail in their professions, or to be repeatedly disappointed in love, or to be chronic invalids. Here, he demonstrates how each life script gets written,

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how it works, and how each of us can break free of it to help us attain real autonomy and true fulfillment.

This text provides an invaluable and accessible overview of the rapidly developing field of integrative psychotherapy, and introduces a relational-developmental approach to theory and practice. The book critiques the philosophical bases underpinning the theoretical model, looks at the nature of resistance in different phases of therapy, and presents an engaging clinical case study. The book goes beyond the confines of the therapy room and explores the significance of the cultural, ecological and transpersonal dimensions of therapy.

The Romanian Revolution of 1989 was the most spectacularly violent and remains today the most controversial of all the East European upheavals of that year. Despite (or perhaps because of) the media attention the revolution received, it remains shrouded in mystery. How did the seemingly impregnable Ceausescu regime come to be toppled so swiftly and how did Ion Iliescu and the National Salvation Front come to power? Was it by coup d'état? Who were the mysterious terrorists who wreaked such havoc on the streets of Bucharest and the other major cities of Romania? Were they members of the notorious securitate? What was the role of the Soviet Union? Blending narrative with analysis, Peter Siani-Davies seeks to answer these and other questions while placing the events and their immediate aftermath within a wider context. Based on fieldwork conducted in Romania and drawing heavily on Romanian sources, including television and radio transcripts, official

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documents, newspaper reports, and interviews, this book is the most thorough study of the Romanian Revolution that has appeared in English or any other major European language. Recognizing that a definitive history of these events may be impossible, Siani-Davies focuses on the ways in which participants interpreted the events according to particular scripts and myths of revolution rooted in the Romanian historical experience. In the process the author sheds light on the ways in which history and the conflicting retellings of the 1989 events are put to political use in the transitional societies of Eastern Europe.

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