

## Fragments Of Your Soul The Mirror Worlds Book 1

"In each two-page daily reflection of this book, Joyce Rupp brings the reader's attention to the Lenten season, providing reflections for growth and inviting the reader to follow Jesus and become more like him"--

Just as there were 12 baskets of fragments left over from the feeding of the 5,000, so the notes and letters that Amy Carmichael left behind provide "basketfuls" of spiritual nourishment. Come feast on these delightful morsels from the life of one who was truly abandoned to God.

One Shattered Soul. Five Fragments of Power. The tide of war continues to rise, and the fragments of Draeken have parted to fight the expanding threats. While the other fragments hunt the remaining outlanders, Light dons the persona of Serak, head of the Order of Ancients, and infiltrates their ranks to find the missing dark elf queen. But wearing Serak's face will not hide Light's nature, and his innocence could very well be their undoing. Highly impulsive and easily distracted, Light must rely on Willow to keep him in check. The dark elf soldier is cunning and focused, yet it is her tattoos that bring her renown. They are tools and weapons inscribed on her flesh, ink to be wielded. The trail for the queen will take them from underground cities to snowy peaks, and by the time the dust settles, there will be a trail of chaos through the Order. The fragment of Light has been unleashed.

Long beloved for her artful prayers, best-selling author Joyce Rupp presents an entirely new collection of 106 meditative poems on a theme she has woven masterfully through all her writing--the pain of loss and the hope of restoration. *My Soul Feels Lean* is a journey into compassion. Drawing on insights from her Christian faith and a lifelong connection to the Iowa farmland of her birth, Joyce Rupp explores themes of loss and restoration in this luminous collection of poems. Returning to an undercurrent in her work since the publication of *Praying Our Goodbyes*, Rupp offers here sensitive insights on the pain of loss and the hope she finds when she is willing to let go and trust. Rupp's leanness of soul has taught her to observe and celebrate the harsh beauty of life. "Loss has encouraged me to find joy and meaning here instead of pining for it elsewhere," she writes, "to live more simply and be content with less, to appreciate more fully what I now have."

Stay up all night with this modern day Rebecca! Perfect for fans of *Truly Devious*--a haunting story about a new girl in an old town filled with dark secrets . . . that might just kill her. People say the house is cursed. It preys on the weakest, and young women are its favorite victims. In Louth, they're called the Dead Girls. All Bram wanted was to disappear--from her old life, her family's past, and from the scandal that continues to haunt her. The only place left to go is Louth, the tiny town on the Hudson River where her uncle, James, has been renovating an old mansion. But James is haunted by his own ghosts. Months earlier, his beloved wife died in a fire that people say was set by her daughter. The tragedy left James a shell of the man Bram knew--and destroyed half the house he'd so lovingly restored. The manor is creepy, and so are the locals. The people of Louth don't want outsiders like Bram in their town, and with each passing day she's discovering that the rumors they spread are just as disturbing as the secrets they hide. Most frightening of all are the legends they tell about the Dead Girls. Girls whose lives were cut short in the very house Bram now

calls home. The terrifying reality is that the Dead Girls may have never left the manor. And if Bram looks too hard into the town's haunted past, she might not either.

Have you ever felt like your emotions are tearing you apart? Have you ever been so lonely or sad that you just want to sleep forever? I guess the question is: have you ever been through something you felt so strongly about, that you think no one else would understand? Well Day Dreamer does! Take a ride through the emotions of a woman who has known love, heartache, marriage, divorce, motherhood, insanity, and rebirth. This collection of poems sends you on a roller-coaster of emotions that will have you experiencing her joys and her heartaches. Day Dreamer also includes personal quotes to help shed insight along the way. For men and women alike, young and old, this collection is for you. Day Dreamer welcomes you with open arms to a brief glimpse into her world...

There Is a Place You Can Go - That place is a New Earth free from sickness, crime, and war. The Earth is shifting to a higher vibration - from third density to fourth and fifth density. For you to survive on the New Earth you must also change your frequency to match that of the New Earth. Unless you make that change your body frequency will be incompatible with these new frequencies and you will have to leave. You have a choice, prepare to ascend or transfer to another third density planet. Ascension is available for those who choose to move out of duality consciousness into Unity Consciousness. Dr. Pettit explains some of the requirements and preparations needed to ascend from the Old Earth.

With over one million books sold in her career, Joyce Rupp presents her newest undertaking: a unique collection of daily meditations that draw from Christian, Jewish, Muslim, Hindu, and other sources, offering wisdom and insight about the God who is beyond all names. Bestselling author Joyce Rupp once again proves herself a wise and gentle spiritual midwife, drawing forth 365 names of God from the world's spiritual treasury. Fragments of Your Ancient Name—whose title comes from a poem by German mystic Rainer Maria Rilke—assembles a remarkable collection of reflections for each day of the year. This unique and profound devotional will heighten awareness of the many names by which God is known around the world. Whether drawing from the Psalms, Sufi saints, Hindu poets, Native American rituals, contemporary writers, or the Christian gospels, Rupp stirs the imagination and the heart to discover a new dimension of God. Each name is explored in a ten-line poetic meditation and is complemented by a simple sentence that serves as a reminder of the name of God throughout the day.

You have heard about the new Golden Age on Earth. However, this does not just happen. It is up to each one of us to make it happen, by healing and transforming our lives through Soul Integration. Soul Integration is about aligning all parts of ourselves into a cohesive whole. We then become all-powerful, all-wise and all-loving. We then fulfill the promises of the mystics and seers of all ages. This book show you step by step how to access this all-powerful self. Topics include healing the six lower bodies, transcending karma, contacting your soul family in the higher realms, how to reach

enlightenment, and how to bring enlightenment down to Earth.

Professor Simon Cross and his assistant, Elizabeth West, thought their time traveling days were over. That's before they stumble across a World War II photograph -- with missing time traveler, Evan Eldridge, injured and in desperate need of help. They find Evan in 1942 London, ill and not quite sure what's happened. He remembers only one thing with crystal clarity -- the whereabouts of an artifact Hitler believes can win the war. That's information every Nazi spy in the country would kill to know. As if saving Evan and surviving war-torn England weren't enough, the outcome of the war hinges on Simon and Elizabeth finding Evan's artifact before the Nazis do. But time is running out: for them, for London, for the world. Books in the Out of Time Series: Out of Time: A Time Travel Mystery (Book #1) When the Walls Fell (Book #2) Fragments (Book #3) The Devil's Due (Book #4) Thursday's Child (Book #5) Sands of Time (Book #6) A Rip in Time (Book #7) A Time of Shadows (Book #8) Voyage in Time: Titanic (Book #9) Revolution in Time (Book #10) Time travel romance, romance, WWII, London, mystery, historical fantasy

Discover the worldwide phenomenon of ThetaHealing® and how it can help you to achieve transformational healing in this revised and updated edition of Vianna Stibal's definitive guide. In 1995, Vianna Stibal was diagnosed with a serious health condition. When conventional and alternative medicine failed her, she discovered a simple technique that cured her illness and sparked a worldwide phenomenon. ThetaHealing® is essentially applied quantum physics. Using a theta brain wave, which until now was believed to be accessible only in deep sleep or yogi-level meditation, the practitioner is able to connect with the energy of All That Is - the energy in everything - to identify issues with and witness healings on the physical body, and to identify and change limiting beliefs. In this revised and updated edition, you will discover: - the belief and feeling work that can instantly change the thinking within you that creates illness - the 7 Planes of Existence, a concept that allows you to connect to the highest level of love and energy of All That Is - how to develop the ability to change on all levels: physically, mentally, emotionally and spiritually, using the Creator of All That Is.

Born of magic in the final days of war, Draeken's power is near absolute-until his soul shatters, leaving five fragments. Each possesses a single magic, and a consciousness of his own. Trained by the Hauntress, they secretly quell threats throughout the kingdoms, and their mastery grows with every passing age. But their time of unity has come, for a dangerous new foe has arrived. Long thought extinct, the ancient race of krey has returned to Lumineia, and they seek dominion over what they had lost. With an Eternal at his side, the fragment of Water is sent north in search of their lair. But in the ruins of an abandoned temple he will discover a darker truth. Kept secret since the Dawn of Magic, the Order of Ancients has members hidden among thieves, assassins, and even kings. After a millennia of waiting they rise . . . from anonymity to war.

He's hunted Soviet submarines, walked the corridors of power in Washington, helped create government agencies, and has done business in foreign capitals. Now, Dr. Charles Skillas applies the same technology principles to unmask the real sources and causes of subconscious sabotage, where the terms defense, intelligence, and foreign attachment take on very different meanings. Using his own life and healing as an example, Dr. Skillas deftly transfers his defense technology background to his new career of clearing the submerged minefields of the psyche. *Defeat The Enemy Within* shows you \* how to find help to finally resolve long standing problems that have resisted solution \* why traditional therapy doesn't usually work for long term solutions \* what you must do for permanent change Dr. Skillas draws on his defense industry background and 23 years experience as a hypnotherapist to blend traditional hypnotherapy, past life regression, spirit attachment, Chinese herbal and energetic medicine, and the underlying wisdom of diverse world cultures to banish the inner shadows that keep you in misery.

Describing the heartache, confusion and passionate love that belong to the mystical journey, this series of personal writings explores a central paradox: what belongs to the individual who makes this journey, and what belongs to God? This primary question is discussed in detail, drawing from the author's own experiences and the context of the Sufi tradition. The featured passages are personal, heartfelt, and full of the contradictions the author has endured, demonstrating how the Sufi path is lived today within the heart and soul of a contemporary mystic. Delving beneath the surface into the heart of the mystical relationship with God, this intimate memoir illustrates how challenging and rewarding living this love affair can be.

In *THE SOUL CONNECTION*, healer Anne Jones helps you to connect with your soul and access your divine powers. You will be filled with the most powerful and uplifting energy, which will allow love and joy to flow through you and be present in everything you do. You will be able to: \* Heal the soul wounds that block your ability to live your life fully \* Feel the sense of the divine spark that is your core essence \* Release the imprints of the past that inhibit you \* Learn to live in joy and allow yourself to be happy \* Remember who your really are *THE SOUL CONNECTION* is the perfect book for everyone who is searching for meaning and belonging in their lives.

The fragments of Draeken have protected Lumineia for ages, but never faced such a foe. Serak, the Father of Guardians, has plotted for thousands of years, studying them in secret, even inciting conflicts to measure their power. Now allied with Wylyn, leader of the invading krey, he is even more dangerous, yet his true purpose is a mystery. The fragment of Shadow is sent in search of Wylyn's son. Intelligent and tactical, Relgor thinks himself a master of all, and wants the fragments for his own gain. Unfortunately for him, Shadow possesses a gift for evasion, and a desire for mischief. With the last guild assassin as a reluctant ally, Shadow is ready to hunt, for the most delightful prey is also the most deadly.

Many of us are born into this world with the feeling and knowing of what being loved by another person should feel and be like, but we lack the feeling and knowing of how to fulfill this desire in the highest and best way. The desire for a soul mate is the ancient need to become the divine couple whose union breathes new life into the world. Seen from this context, finding your soul mate has deeper ramifications than a purely romantic desire; the union of a soul mate is about the creation of an energy that is a candle to bring illumination to the world. The content of this book is designed for spiritually romantic people who have not lost the faith that there is someone out there that has a divine understanding of us, and that two people are brought together for a divine plan that will contribute towards a higher purpose. Based on Vianna Stibal's own experience of finding her soul mate, this book will reaffirm your belief in true love and will explain how, using ThetaHealing®, you can bring your soul mate into your life.

Girls who wish for clear skies But inherently crave for the rains Seek the Rainbows.

Author Dan Wells is back with the sequel to the sci-fi blockbuster *Partials*, which Pittacus Lore called a "thrilling sci-fi adrenaline rush, with one of the most compelling and frightening visions of Earth's future I've seen yet." After discovering the cure for RM, Kira Walker sets off on a terrifying journey into the ruins of postapocalyptic America and the darkest desires of her heart in order to uncover the means—and a reason—for humanity's survival. Dan Wells extends his richly imagined, gritty world and introduces new memorable characters in this second installment in the *Partials Sequence*.

On ending up in a too familiar situation after years of emotional and physical pain, I began searching for answers as to why all these difficulties kept happening. It was at this life threatening time that I was first approached by the energy vibration of the four archangels. Due to the fact I had always seen spirits as physical people, I didn't believe the angels instructions, but after another very special visitation where they showed themselves to me — which is no easy feat for them,— I agreed to write their words; and that's how this book manifested. As I wrote, my life began to make sense, which now enables me to live with more awareness of what part I have to play in my soul's journey opening my eyes to wonderful new possibilities. When angels speak, do you listen? I did, and now you too can experience the higher healing knowledge of how your soul's journey affects your human existence, and how you can work with your soul to ease life's impact. So give yourself permission to engage with the timeless angelic knowledge that will enable you to encounter a freedom never felt or known before.

From the award-winning, bestselling author of *Addition* and *Nine Days*, a superbly crafted and captivating literary mystery about a lost book and a secret love.

Even at birth, everyone is unique. Can heredity alone account for the complex differences in people's temperaments and styles? The Michael teachings, an extraordinary body of channeled work, propose that we are each unique souls who deliberately take on a specific combination

of traits to give us the experiences we seek. In this fascinating book, Shepherd Hoodwin expertly discusses these teachings from his vantage point as a Michael channel. "Michael" is a group of souls who teach that we are eternal beings journeying from the Tao and back again in an adventure of exploration and creativity. Each step along the way, we make choices that shape our experience. For example, after committing to a series of lifetimes, we choose one of seven roles, or soul types: server, priest, artisan, sage, warrior, king, or scholar. These teachings address many age-old questions, such as "How did we become who we are?" "Why are we here?" "Where are we going?" and "How does the universe work?" In addition, *Journey of Your Soul* sheds light on the channeling process itself, answering questions such as "How does channeling work?" "Why do different channels receive conflicting information?" and "What does it take to become a channel?" Hoodwin shows us that it is possible, and indeed beneficial, to engage all parts of the human consciousness. His unique analytical approach to channeling will help readers gain a firm intellectual understanding of what is involved. In his foreword, Jon Klimo, PhD, author of *Channeling: Investigations on Receiving Information from Paranormal Sources*, says, "Shepherd Hoodwin has given us one of the best books to date about the phenomenon of channeling. *Journey of Your Soul* may well also be the best of the Michael books due to its clarity, thoroughness, and detail, and thanks to the fact that the author, an exceptionally clearheaded Michael channel himself, brings real integrity and authenticity to our understanding of Michael in particular and to the channeling process in general."

Write to Explore Your Deep Spiritual Soul "...if you think this book is not for you because you are a writer and don't need another writing book, think again!" —Sherry Richert Belul, author of *Say it Now #1 Best Seller in New Age & Spirituality, Graphology, Parapsychology* "I am a writer. Today I write." These are the opening lines in the *Writing Blessing* that author Janet Conner has spoken daily since 2007. Journal-writing and divine dialogue. Janet Conner is a writer, poet, and spiritual field guide, but first and always a deep spiritual soul explorer. Since she discovered how to activate a divine Voice by slipping into the theta brain wave state (the border between the conscious and the subconscious) while writing, Janet has dedicated herself to exploring and sharing what it means to live at the vibrant intersection of the visible and the invisible. Your healing inner voice. After hitting rock bottom while escaping domestic abuse, Janet's inner voice told her to start writing. As she wrote, she gained clarity and strength, and felt an incredible connection to the divine. Miracles began to happen. Today, research scientists are providing peeks into consciousness and how it works. Their findings give intriguing clues about what is happening in and through our bodies, minds, and spirits as we roll pen across paper. *Writing Down Your Soul* explores this research and instructs how to access the power and beauty of our deepest selves. Life-changing power of writing. Of all the ways to get in touch with God, why take the time to write? One reason: it works. It works amazingly well. If you want to engage in a vibrant conversation with the wisdom that dwells just below your conscious awareness, write. Write every day, at approximately the same time, with passion, honesty, and the intention of speaking with and listening to the voice within. You liked *Expressive Writing, Opening Up by Writing It Down, or Writing as a Path to Awakening*? You'll love *Writing Down Your Soul*!

With warmth and compassion, Sandra Ingerman describes the dramatic results of combining soul retrieval with contemporary psychological concepts in this visionary work that revives the ancient shamanic tradition of soul retrieval for healing emotional and physical illness. This revised and updated edition includes a new afterword by the author.

From the New York Times bestselling author of *All the Missing Girls* and *The Perfect Stranger* comes a suspenseful psychological mystery about one girl's search to uncover the truth behind her ex-boyfriend's death. Perfect for fans of *We Were Liars* and *13 Reasons Why*. Jessa Whitworth knew she didn't belong in her ex-boyfriend Caleb's room. But she couldn't deny that she was everywhere--in his photos, his neatly

folded T-shirts, even the butterfly necklace in his jeans pocket . . . the one she gave him for safe keeping on that day. His mother asked her to pack up his things--even though she blames Jessa for his accident. How could she say no? And maybe, just maybe, it will help her work through the guilt she feels about their final moments together. But as Jessa begins to box up the pieces of Caleb's life, they trigger memories that make Jessa realize their past relationship may not be exactly as she remembered. And she starts to question whether she really knew Caleb at all. Each fragment of his life reveals a new clue that propels Jessa to search for the truth about Caleb's accident. What really happened on the storm-swept bridge? Praise for Megan Miranda's *All the Missing Girls*: "This thriller's all of your fav page-turners (think: *Luckiest Girl Alive*, *The Girl on the Train*, *Gone Girl*) rolled into one." --TheSkimm "Fast-paced and frightening." --Refinery29 "[The] perfect read for thriller fans." --Bustle

A fragment of Draeken has fallen. As the remaining fragments cope with the devastating loss, Mind embarks on a journey to discover Serak's past, a trail that will lead to shocking secrets about friends, foes, and himself. But the trail of truth is not of his own make, and Serak has laid a path right to his door. With winter settling on Lumineia, the kings and queens start building an army to destroy Serak. Many are quick to join the budding alliance, but one soldier struggles to choose a side. Cast adrift, Tardoq is friendless and hunted. The powerful dakorian is a warrior without a war, until the oracle extends a surprising invitation, one that could turn the tide. As battle lines form against him, Serak fears only one, the Hauntress, protector of the shattered soul. Three times he's failed to kill her, and when the fragments begin to disappear, she will prove that nothing is as dangerous as a desperate mother. All lines converge on the hidden fortress of Blackwell Keep, where the final trap awaits its prey.

**The Family of God:** We wish to bring forth new understandings to support you in these changing times. To achieve what you want from your day, when you wake up in the morning, call forth all supportive energies available to you. There are many supportive energies, and when you call them forth, they will flock to you. Do not focus on the challenges but rather on the results you want. You should acknowledge and observe your body when you wake up. Your body is a finely tuned instrument that carries billions of cells. It has tremendous wisdom and consciousness. Each of your organs (along with the muscles, tissues, blood, bones, skin, hair, nails, and teeth) contains energy — karmic as well as deep wisdom. Observe the body. Then communicate with it to open its inherent wisdom, and these energies will support you throughout your day in a much more aware state. When you create a friendship with your body, it will support you with solutions to the problems you seek to resolve in your daily life. Your body is the greatest friend you can have. **Spirit of Success:** There are pockets in your body and auric fields that contain codes and embedded energies that, when awakened, will give you the essence and the power to create what you desire. These codes and embedded energies are in everybody, and you must awaken to this truth within you so that as you grow spiritually, you are also able to create abundantly in your material life. **Peacocks:** What I observe in your earthly world is that human beings have great difficulty accepting themselves. They always want to be someone else or like someone else. It's time to be still and consider: "Why do I think this way? What drives me to want to be like someone else?" I have observed that many human beings do not accept their physical bodies. Some go to great lengths to modify them. Everyone has inner beauty, for all of you were built with that. It is only a matter of finding it. When you see a beautiful flower, sunset, or rainbow, you often feel joy or splendor in your heart. Where did that appreciation for beauty come in? It was always there. You focused on it, and you found it. How about focusing on your inner beauty every moment of the day and night? That could become your reality. What you focus on is what you create. When you are in that space, not only will you see beauty everywhere but you will also draw forth beautiful experiences through the law of attraction. Know in your hearts that you are all magnificent in

the eyes of the Creator. There is no judgment other than the judgment you pass on yourselves. You often accept the judgment of others as truth. In these powerful times, you must consciously work on getting rid of false belief systems that keep you prisoners in your own minds. Who is showing us the way? In ancient Palestine, when Jesus Christ asked people who they thought he was, one of their top guesses was the Old Testament prophet, Jeremiah. "Who do people say that I am?" "Some say Jeremiah or one of the prophets." There was something about Jesus that reminded people of Jeremiah. In our moment in history, when we desperately need leaders and role models to show us a better way, Jeremiah stands as a human cornerstone, a blueprint for dynamic living in the middle of desperate times. With compassion and biblical insight, author Chris Jackson shows us how ancient wisdom from Jeremiah's life can lead us into towering, dynamic living today. "A rollercoaster ride with a lovable protagonist and a suspenseful, twisty." —Colleen Coble Stolen art. A New Mexico archaeological dig. An abandoned dog. And a secret that's worth killing for. Evelyn McTavish's world came crashing down with the suicide of her fiancé. As she struggles to put her life back together and make a living from her art, she receives a call that her dog is about to be destroyed at the pound. Except she doesn't own a dog. The shelter is adamant that the microchip embedded in the canine with her name and address makes it hers. Evelyn recognizes the dog as one owned by archaeologist John Coyote because she was commissioned to draw the two of them. The simple solution is to return the dog to his owner—but she arrives only to discover John's murdered body. As Evelyn herself becomes a target, she crosses paths with undercover FBI agent Sawyer Price. The more he gets to know her, the more personally invested he becomes in keeping her safe. Together, they're desperate to find the links between so many disparate pieces. And the clock is ticking. "Over the years, Carrie has mastered forensic art, fine art, and her own brand of offbeat humor. As a novelist she combines these skills with another: puzzle writing—scattering puzzle pieces all over her fictional universe and then dropping them into place in twists, surprises, revelations, and side-pocket whimsy until the big picture emerges, never too soon, always on the brink of disaster." —Frank Peretti

In this vivid musical ethnography, Timothy Rice documents and interprets the history of folk music, song, and dance in Bulgaria over a seventy-year period of dramatic change. From 1920 to 1989, Bulgaria changed from a nearly medieval village society to a Stalinist planned industrial economy to a chaotic mix of capitalist and socialist markets and cultures. In the context of this history, Rice brings Bulgarian folk music to life by focusing on the biography of the Varimezov family, including the musician Kostadin and his wife Todora, a singer. Combining interviews with his own experiences of learning how to play, sing and dance Bulgarian folk music, Rice presents one of the most detailed accounts of traditional, aural learning processes in the ethnomusicological literature. Using a combination of traditionally dichotomous musicological and ethnographic approaches, Rice tells the story of how individual musicians learned their tradition, how they lived it during the pre-Communist era of family farming, how the tradition changed with industrialization brought under Communism, and finally, how it flourished and evolved in the recent, unstable political climate. This work—complete with a

compact disc and numerous illustrations and musical examples—contributes not only to ethnomusicological theory and method, but also to our understanding of Slavic folklore, Eastern European anthropology, and cultural processes in Socialist states.

Still not healed despite deliverance and inner healing prayer? Discover the hidden reason your efforts have been undermined and how to get your breakthrough. Do you ever feel like you continually struggle with certain emotions? Do hurt, rejection, anger, and anxiety rise up in you, causing an overreaction and taking on a life of their own? Maybe you've tried personal prayer, standing in faith, counseling, and various ministries, yet no matter what you do, nothing seems to work. If traditional prayer and deliverance hasn't cut it, you might be dealing with soul fragments. When we experience a traumatizing event, part of our coping strategy is to wall off a little piece of ourselves in order to contain that emotion. We then go on with life. A fragment is that part of you that's been locked away, inaccessible to healing, at least to the usual methods. This book is a game changer in how you'll look at inner healing. We aren't going to beat the drum for repentance and forgiveness although those are beneficial and necessary. Instead, we have made every effort to tell you something you don't know so that you can fill in your missing pieces. You'll learn: How to recognize and interact with fragments What the healing of fragments can mean for your physical health The role that deliverance plays in dealing with soul fragmentation How you can minister to others How even complex issues like Dissociative Identity Disorder and Satanic Ritual Abuse can be healed.

The perfect reference tool for those already familiar with the step-by-step processes of ThetaHealing, ThetaHealing Diseases and Disorders contains all of the Programs, Belief Systems, intuitive insights, remedies and supplements that Vianna has found to be of value for certain diseases and disorders, based on experience of over 47,000 sessions with clients. Alphabetised for quick reference, this book addresses an extensive and varied list of ailments and points the way to a revolutionary path of healing. With growing scientific evidence that toxic emotions can contribute to disease, and increased awareness that emotions, feelings and the power of thought have a direct bearing upon our physical health, more and more people are now realising that changing how their minds influence their bodies can be of huge value in creating optimum health. This book represents a valuable contribution to the new paradigm that is emerging in the world of healing, and an attainable miracle for your life.

One May morning several years ago, Dr. Mary Anderson was visited by an angelic being and a spirit guide who called her to her life's work as a mystic. In her captivating spiritual memoir, Dr. Anderson shares the details of her personal healing journey following her awakening that beautiful spring morning. Her world was forever changed in the instant when her vision and hearing expanded to the other side. As a seasoned intuitive and psychotherapist, she has helped

hundreds of clients on their own journeys to remembering their true selves, and offers a high level of clarity and wisdom to guide others in their own healing process. She explains new theories using personal anecdotes, detailed explanations, questions, and exercises in order to promote healing and to clarify the rich, poignant messages from Spirit. Included is a map of the chakra system to facilitate a step-by-step progression into discovering the true essence of a soul. Awaken To Your Soul invites all individuals on a journey through life to seek the signs from Spirit and determine an authentic path that will ultimately bring happiness, healing, and peace.

Content with his life, Elek Keros never questions the ways of the Unicorn. Until one night the sense of something coming awakens him from a deep sleep. He breaks Unicorn law by leaving the enchanted glade his kind lives in to search for what is calling to him. Each night he returns home without answers, but he cannot stop entering the forest day after day to find what he seeks. The answer lies in a small child Elek rescues. Over the years, he watches over the boy, learns all that he can about the human and steadily falls in love with him. But how can the love he feels possibly breach the divide between their two worlds? Previously published by Torquere Press.

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