

Cruise Ship Sos The Life Saving Adventures Of A Doctor At Sea

A true story of how in 2020 my life working as a cruise ship musician changed and my dramatic last minute escape to safety! Read, how the cruise line industry got disrupted and join me, as I relive my true escape from the ship I worked on to freedom. Learn how the cruise lines treat their loyal workers during these testing times. Find out, why normal cruising won't be possible any longer. Support stranded seafarers with the purchase of this book! It was supposed to be just another contract for seasoned cruise ship entertainer Chris Kruse. In January 2020, he joined a vessel in Panama to perform onboard for ten weeks. But the spread of a lung disease in even the remotest parts of the world lead to all kinds of unforeseen challenges. Is singing possible, while wearing a face mask? How can guests dance with each other if they need to keep six feet distance? And what happens when countries close their borders to cruise ships and airports shut down? After the captain announced to guests onboard, the cruise line would temporarily cease operations in just two days, these 48 hours became the most dramatic time for Chris, who did not want to be trapped on a ghost ship for weeks or months to come. And so, he planned the impossible - his emergency escape! about the author: Chris Kruse is a professional cruise ship entertainer, who has performed for audiences all over the world. During his over 15 years at sea, he has visited more than 130 countries and all seven continents. Chris has released several albums and appeared on numerous national and international television shows. As an author, Chris Kruse has released "SOS in Panama - The 2020 Cruise Ship Armageddon", a true story based on his dramatic escape from a ship in 2020. His newest book is called "Cruise Like the Crew - 22 Unconventional Cruise Hacks and Crew Secrets to Save Money on Your Vacation". LIFE Magazine is the treasured photographic magazine that chronicled the 20th Century. It now lives on at LIFE.com, the largest, most amazing collection of professional photography on the internet. Users can browse, search and view photos of today's people and events. They have free access to share, print and post images for personal use.

The gripping account of six young doctors enlisted to fight COVID-19, an engrossing, eye-opening book in the tradition of both Sheri Fink's Five Days at Memorial and Scott Turow's One L. In March 2020, soon-to-graduate medical students in New York City were nervously awaiting "match day" when they would learn where they would begin their residencies. Only a week later, these young physicians learned that they would be sent to the front lines of the desperate battle to save lives as the coronavirus plunged the city into crisis. Taking the Hippocratic Oath via Zoom, these new doctors were sent into iconic New York hospitals including Bellevue and Montefiore, the epicenters of the epicenter. In this powerful book, New York Times journalist Emma Goldberg offers an up-close portrait of six bright yet inexperienced health professionals, each of whom defies a stereotype about who gets to don a doctor's white coat. Goldberg illuminates how the pandemic redefines what it means for them to undergo this trial by fire as caregivers, colleagues, classmates, friends, romantic partners and concerned family members. Woven together from in-depth interviews with the doctors, their notes, and Goldberg's own extensive reporting, this page-turning narrative is an unforgettable depiction of a crisis unfolding in real time and a timeless and unique chronicle of the rite of passage of young doctors.

Our ability to travel to the remotest parts of the world has been transformed, but the health risks are ever changing and increasing, and there may be no one to help when things go wrong. Whether you are travelling abroad for business or pleasure, this book provides essential, detailed, practical advice for journeys all over the world. This fifth edition is a complete revision of a best-selling, comprehensive and trusted guide. Travellers need to be increasingly well informed about health problems they may encounter abroad. Malaria prevention, the latest vaccine information and advice, cruise ship travel, jet lag, skiing, and accidents and injuries abroad: this book covers every important issue in travel medicine, with the emphasis firmly on self-help and prevention. This new edition brings together state-of-the-art background information and specialist advice from more than 70 leading experts from several countries, now in a more compact format. It is also available in an electronic edition. Travellers' Health is the standard source for the well-prepared traveller.

In March 2019, the Viking Sky cruise ship was struck by a bomb cyclone in the North Atlantic. Rocked by 50-foot swells and 40-knot gales, the ship lost power and began to drift straight toward the notoriously dangerous Hustadvika coast in Norway. This is the suspenseful, harrowing, funny, touching story by one passenger who contemplated death aboard that ship. Chaney Kwak is a travel writer used to all sorts of mishaps on the road, but this is a first even for him: trapped on the battered cruise ship, he stuffs his passport into his underwear just in case his body has to be identified. As the massive cruise ship sways in surging waves, Kwak holds on and watches news of the impending disaster unfold on Twitter, where the cruise ship's nearly 1,400 passengers are showered with "thoughts and prayers." Kwak uses his twenty-seven hours aboard the teetering ship to examine his family history, maritime tragedies, and the failing relationship back on shore with a man he's loved for nearly two decades: the Viking Sky, he realizes, may not be the only sinking ship he needs to escape. The Passenger takes readers for an unforgettable journey from the Norwegian coast to the South China Sea, from post-WWII Korea to pandemic-struck San Francisco. Kwak weaves his personal experience into events spanning decades and continents to explore the serendipity and the relationships that move us--perfect for readers who love to discover the world through the eyes of a perceptive and humorous observer.

Ella is on holiday on a LUXURY cruise ship. Its going to be AMAZING swimming pools, shopping mall, ice-skating ... and NO school for a week! Best of all, Zoe is coming too! But when a friendship catastrophe strikes, Ellas perfect holiday looks doomed! Can she find a new CRUISE BFF? Or will this voyage be FUN OVERBOARD?

After Mama Lee Wachtstetter's husband died she considered living alone in her big house on 10 acres in Florida, moving into an upscale retirement community, or spending all her time on a luxury cruise ship. Turns out, the choice was easy. Cruising fulltime wasn't prohibitively expensive, plus she'd be guaranteed the best food, twice-daily maid service, attentive health care (the ship's doc makes "house" calls), nightly dancing, top-notch entertainment, educational classes, and visits to hundreds of exotic ports annually. So she sold her house and all her stuff to lead what may be the ultimate senior life. In the 12 years since then and during the hundreds of cruises she took with her husband during their 50-year marriage, she has seen it all. A ship caught fire in the South China Sea. A tuk-tuk driver "kidnapped" her in Thailand. She has weathered hurricanes, typhoons and even a rogue wave in the Mediterranean. She has witnessed fights in the formal dining room and thievery in the guest laundry. She has sailed from Alaska to Antarctica, from Buenos Aires to Bom Bom Island. She can recommend "must sees" and "don't bothers." She has a list of rules for happy living, and there's even a Mama Lee diet. You'll find all these things and more in this entertaining, informative, and inspirational memoir. Join Mama

Lee, an 89-year-old great-grandma, as she recounts her adventures and shares her secrets for cruising through life.

A sailor's diary from the Falklands War 1982, telling the truth with tongue-in-cheek humour. The book charts the voyage taken by the RMS St. Helena (a ship taken up from trade - STUFT). She supported HMS Brecon and HMS Ledbury in minehunting/sweeping, and other ordnance clearance, including diving on the wrecks of sunken warships.

New for 2020, The Complete Survival Book Collection combines the best in emergency readiness and disaster survival with sustainable living and survival practices. This collection pairs up two of the best books in surviving and thriving, whether facing a natural disaster or creating your own home away from it all. Writer Tim MacWelch brings us the know-how in survival and homesteading from the editors of Outdoor Life. How to Survive Anything, a comprehensive guide to surviving anything from the normal to the rare, brings us everything from confronting wild animals to living through a meteor impact. How to Survive Off the Grid gives the reader the know-how to engage in sustainable living and housing off the grid, ranging from backyard chicken coops to building and living in your own distant cabin retreat.

Unwillingly given up by her birth mother and adopted into a violent household, Jill Jolliffe found the course of her life set before she even had time to choose. She ran away as a teenager and has been running ever since. Jolliffe became a thorn in the establishment's side and earned herself a hefty ASIO file. Following her instincts, she became a foreign correspondent – risking her life to report on Indonesia's occupation of East Timor, exposing sex-trafficking rackets in Portugal and ducking bullets while covering a war in Angola. Over time she realises that the recurring pattern of her career has been reporting the stories of young women in distress, as though trying to free her younger self from the chains of being a 'Forgotten Australian'. In the course of writing her memoir, an unexpected meeting with her birth mother takes her life full circle.

Who gets the call if it all goes wrong at sea? Meet Dr Ben MacFarlane. After spending a year as a repatriation doctor, he's heading around the world as a ship's doctor - and with 3,000 passengers and crew to look after he's in for the most exciting trip of his life. On one dramatic voyage he deals with broken bones and broken hearts, and picks up the pieces after fights in the crew bar and freak accidents on shore leave. So join Ben and his colleagues and find out why ship's doctors think bar stools should carry health warnings, why the casino can be safer than the sick bay in a storm and why no amount of sharks, pirates or tidal waves will ever be as dangerous as the midnight buffet.

Report into the Loss of the SS Titanic is a complete re-evaluation of the loss of Titanic based on evidence that has come to light since the discovery of the wreck in 1985. This collective undertaking is compiled by eleven of the world's foremost Titanic researchers – experts who have spent many years examining the wealth of information that has arisen since 1912. Following the basic layout of the 1912 Wreck Commission Report, this modern report provides fascinating insights into the ship itself, the American and British inquiries, the passengers and crew, the fateful journey and ice warnings received, the damage and sinking, rescue of survivors, the circumstances in connection with the SS Californian and SS Mount Temple, and the aftermath and ramifications that followed the disaster. The book seeks to answer controversial questions, such as whether steerage passengers were detained behind gates, and also reveals the names and aliases of all passengers and crew who sailed on Titanic's maiden voyage. Containing the most extensively referenced chronology of the voyage ever assembled and featuring a wealth of explanatory charts and diagrams, as well as archive photographs, this comprehensive volume is the definitive 'go-to' reference book for this ill-fated ship.

Collects stories written by such members of the International Association of Crime Writers as Agatha Christie, Nancy Pickard, John Lutz, Piet Teigeler, Barbara Collins, Jan Burke, and John Mortimer

2016 Book Excellence Finalist Award - Children's Fiction 2015 Global Ebook Award Winner - Children's Literature Fiction 2015 Beverly Hills Book Award Winner - Children's Fiction 2015 Cipa Evvy Merit Award - Children's Story books When eight-year-old Saroya loses her mother, her usually absent father takes her on a cruise for her birthday, which he forgets to celebrate. Devastated and very seasick, the little girl falls off the ship, trying to catch a locket that belonged to her beloved mother. Saroya is then rescued by a dolphin who takes her to the magical Animia Island, where she meets Josephine, a stuffed puppet; her son, Little Joe; Calista the conch; Jonbl the baseball glove; and the adorable Spoon. They, among others, were all unwanted and are now animate-alive. Through her new friends, the birthday girl learns she is not alone and that where there is life, there is love.

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What type of Cruise Ship Creature are you? Maybe you are a Spagasmic, a Sun-bed Hogger or a Naked Accidental. The only way you are going to find out is by using this field guide. Hours of hilarity can be spent studying the other cruise ship passengers to figure out what kind of Cruise Ship Creature they are!

Clinical practice related to sleep problems and sleep disorders has been expanding rapidly in the last few years, but scientific research is not keeping pace. Sleep apnea, insomnia, and restless legs syndrome are three examples of very common disorders for which we have little biological information. This new book cuts across a variety of medical disciplines such as neurology, pulmonology, pediatrics, internal medicine, psychiatry, psychology, otolaryngology, and nursing, as well as other medical practices with an interest in the management of sleep pathology. This area of research is not limited to very young and old patients – sleep disorders reach across all ages and ethnicities. Sleep Disorders and Sleep Deprivation presents a structured analysis that explores the following: Improving awareness among the general public and health care professionals. Increasing investment in interdisciplinary somnology and sleep medicine research training and mentoring activities. Validating and developing new and existing technologies for diagnosis and treatment. This book will be of interest to those looking to learn more about the enormous public health burden of sleep disorders and sleep deprivation and the strikingly limited capacity of the health care enterprise to identify and treat the majority of individuals suffering from sleep problems.

After spending a year as a repatriation doctor, Dr MacFarlane is now sailing off around the world as a ship's doctor. Told with warmth and humour, find out the incredible true stories of what

happens to patients when it all goes wrong at sea.

In this autobiography, D. Gordon Rohman, a child of the Thirties, brings to life in loving detail the world of the small town in which he grew up. He begins his story when he was age three with a mysterious kairos moment in which he was awakened to himself by his mothers singing. Ever since, he has cherished the intuition that he has been on a sacred journey, touched by God, and renewed every morning as he awakened to ever larger life. Raised a Baptist, his faith journey led him to seek God in the self when he discovered Emerson and Thoreau in college. In his 50s, he was awakened to a breathtaking cosmic vision of God and Christianity by the works of C. S. Lewis. The author fills his journey with stories of the many families who, he says, made me possible. I built my life on the rock of two families, he writes, the one I was born into and the one my wife Pam and I created in which we raised seven children. But I have been nurtured by many other families of my hometown, of ancestors, of in-laws, of comradeship, of vocation, of avocation, and of faith. My story, the author writes, runs like a two-way street filled with the traffic of active and passive verbs giving and being given, serving and being served, helping and being helped, teaching and being taught, loving and being loved. Readers of this heartfelt and insightful autobiography will discover one mans road to Heaven filled with love of ideas, friends, work, soul mates, stories, families and God.

A twelve-year veteran flight attendant shares the good, bad and naughty of the job.

An American family describes the events leading up to and after their ordeal on the Costa Concordia cruise ship, which sunk off the coast of Tuscany in January 2012, killing thirty-two passengers.

Examines the causes and effects of extreme waves, waves that can stretch 100-feet high and can pose a threat to large sea vessels and coastal areas.

This volume examines autonomy and the role it plays in philosophy, as well as public policy.

Climate Fiction and Cultural Analysis argues that the popularity of the term "climate fiction" has paradoxically exhausted the term's descriptive power and that it has developed into a black box containing all kinds of fictions which depict climatic events and has consequently lost its true significance. Aware of the prospect of ecological collapse as well as our apparent inability to avert it, we face geophysical changes of drastic proportions that severely challenge our ability to imagine the consequences. This book argues that this crisis of imagination can be partly relieved by climate fiction, which may help us comprehend the potential impact of the crisis we are facing. Strictly assigning "climate fiction" to fictions that incorporate the climatological paradigm of anthropogenic global warming into their plots, this book sets out to salvage the term's speculative quality. It argues that climate fiction should be regarded as no less than a vital supplement to climate science, because climate fiction makes visible and conceivable future modes of existence within worlds not only deemed likely by science, but which are scientifically anticipated. Focusing primarily on English and German language fictions, Climate Fiction and Cultural Analysis shows how Western climate fiction sketches various affective and cognitive relations to the world in its utilization of a small number of recurring imaginaries, or imagination forms. This book will be of great interest to students and scholars of ecocriticism, the environmental humanities, and literary and culture studies more generally. Most people don't realize how angry they are. And yet anger destroys millions of lives every day because people aren't properly equipped to handle it. Author Janet Pfeiffer reveals that "The Secret Side of Anger" is that anger itself isn't the real issue. It is triggered by underlying emotions and problems that need to be addressed first. Cleverly employing a sarcastic, lighthearted approach, she provides simple yet effective techniques that anyone can use to confront and release angry feelings that might be on the verge of destroying lives. Janet learned the hard way. She wrote "The Secret Side of Anger" so you won't have to.

Quality of life (QOL) research in tourism has gained much momentum over the last two decades. Academics working in this area research issues related to tourists and host communities. Practitioners are becoming increasingly interested in understanding the science that allows them to develop better marketing and managerial programs designed to enhance the quality of life of tourists. Tourism bureaus and government agencies are increasingly interested in issues of sustainable tourism, specifically in understanding and measuring the impact of tourism on the quality of life of the residents of the host communities. This handbook covers all relevant topics and is divided into two parts: research relating to travelers/tourists, and research relating to the residents of host communities. It is the only state-of-the-art reference book in its field and will prove invaluable to academics interested in QOL research, as well as tourism practitioners interested in applying the science of QOL in the tourism industry.

'Packed with tales of derring-do ... a riveting read' INDEPENDENT Who are you going to call if it all goes wrong on holiday? Meet Doctor Ben MacFarlane. His job is to bring people back to Britain after holiday disasters, gap year crises, embarrassing incidents on business trips and all the other things that can go wrong when we head off overseas. Holiday SOS is his story - a year in the life of a very British flying doctor. Follow Ben as he grabs his medical bag and flies to glamorous locations - helping to pick up the pieces after another holiday emergency. Dramatic, hilarious or wildly unexpected, for flying doctors, emergency medicine doesn't just take place in intensive care wards - it can happen just across the aisle on your next flight.

Author's hurricane and flooding video aired on national television by ABC's Nightline to 3.9 million people. A finalist in the Global eBook Awards, this is a behind-the-scenes look at cruise ships in a way that's never been done before. Some of the stories are shocking, some are enlightening, but most are just laugh-out-loud entertaining. This tour behind those "Crew Only" doors will reveal: - How romance on a cruise ship is unlike anywhere else - The insane things passengers do - Why alcohol is mandatory at sea - How nude cruises compare to Christian cruises - A first hand account of damage from getting caught in a hurricane Jay Herring was an American senior officer and one of the few who had physical access to the entire ship. He worked with every department and every senior officer, including the captain. His wife worked in the casino, and combined they worked for Carnival Cruise Lines for 10 years and sailed on over 503 cruises. If you've ever wondered what happens below deck on a cruise ship, then get ready to laugh through an

experience unlike any other! . . Chapter 1 How Easy Is Romance on a Cruise Ship? I had been onboard my first ship for five days when I went to the crew bar and met a woman from Trinidad and Tobago. She was a black woman and she was overweight, maybe even a little flabby, but such a sweetheart. I saw her the next night in the crew bar and she looked upset so I went over and sat down. "What's wrong?" I asked. "I just had an argument with the chief purser," she said with her Caribbean accent. "That's too bad." "Yes, I do not get along with the pursers on this ship very well," she said, starting to tear up a little. "I do not have many friends onboard." Although I liked her, I could understand why others might shy away. She had slow, almost voodoo-like mannerisms that bordered on creepy. But she was so easy to talk to and, like me, perfectly content to sit and talk one on one. "So do you have a girlfriend?" she asked, changing the subject. "No." "Have you been with anyone on the ship yet?" "Nope. It's actually been twelve years since I slept with someone." "Come on now." "It's true." I said, and then told her why (more on that later). "Hmm. That's fascinating. You know, I used to sleep with a skinny white guy from England on my last ship. You remind me of him." "Oh, yeah?" "He and I had lots of fun, and I never left him unsatisfied. I may not look it, but I'm actually a really good lover." "You don't say." "I've been with lots of men in my day. I'm forty-one, after all. And in my years, I've learned exactly what men like and how to please them. And now"-she took a sip of her drink-"and now all the men I sleep with are extremely satisfied." I had always imagined athletic girls-especially flexible athletic girls-to be the best lovers. But this lady from Trinidad had me rethinking that assumption. Maybe it was just another one of the after effects of abstinence, but those voodoo mannerisms were now bordering on sensual. "Would you like to have sex with me?" she asked, taking another sip of her drink. "We could go to my cabin right now." Woodrow. I couldn't believe how quickly the opportunity had presented itself. "I might be interested in that." "Might?" "Yeah." "But not right now?" "Yeah, not just yet." "Okay, well, you think about it and I'll call you later this week." She got up and left me at the table, alone with my thoughts. My cabin phone rang at 8:00 p.m. two days later. "Hi, it's me," she said. "How are you?" "I'm good. How are you?" I responded. "Good, good. Are you ready to do what we talked about the other night?" she asked, wasting no time on idle chit-chat...

Draws on survivor interviews and newly declassified records to offer insight into the sinking of the World War II refugee ship that killed over nine thousand people, an incident that was covered up by both Eastern and Western officials.

SOS Men Against the Sea is a superbly dramatized chronicle of 29 ships the loss of which history, by and large, passed by. Few have ever heard of the Cospatrick, a fully rigged ship destroyed by fire off the Cape of Good Hope in 1874 with the loss of 400 lives, or the steamer Utopia which skewered itself on the ram-bow of a warship in Gibraltar Bay and sank in five minutes taking 500 souls with it. A similar loss of life occurred when the Russian cruise liner Admiral Nakimov collided with a bulk carrier in the Black Sea in 1986. There was no loss of life when the cruise liner Oceanis sank off the coast of Transkei, thanks to the actions of a few non-seamen who displayed the true spirit of the Birkenhead. A total of 5,683 lives were lost when these ships went down. This book is their epitaph.

The stunning elegance and luxurious interiors of today's vast fleet of cruise liners remains unrecorded in all but holiday brochures. This book gives a complete overview of the cream of these ships, today's queens of the sea. Each liner is illustrated and described with color illustrations of external and interior views. Details of the design, building and service history of each vessel are provided with vital statistics of the ship and its facilities. Among the ships included are Cunard's Queen Victoria and Queen Mary 2, the big new Princess Line liners—Ruby, Grand Sea and Celebrity Eclipse, the two Ocean Village ships and the largest of the P&O liners Ventura, Oceana, Arcadia, Aurora and Artemis. This is a book of reference for maritime enthusiasts, would-be holiday cruisers and those who have been passengers.

The host of FOX's My Kitchen Rules shares 130 recipes that bring back the pleasure of cooking and the wonder of connection into your home. For internationally known chef Curtis Stone, cooking is a pleasurable journey, not just a destination. In this wonderful book featuring his favorite dishes, Curtis inspires us to turn meal preparation into a joy rather a chore through delicious recipes, mouthwatering photographs, and handy make-ahead tips. He also shares plenty of heartwarming, personal stories from time spent in his kitchen and around the table with family and friends, reminding us that good food and a good life are intrinsically intertwined. His go-to recipes include: • Light meals: Roasted Beet and Quinoa Salad with Goat Cheese, Fennel, and Pecans; Weeknight Navy Bean and Ham Soup; Pork Burger with Spicy Ginger Pickles • Scene-stealing dinners: Porcini-Braised Beef with Horseradish Mascarpone, Herb-Crusted Rack of Lamb with Fennel, Potato and Zucchini Enchiladas with Habanero Salsa • Family-style sides: Pan-Roasted Brussels Sprouts with Chorizo, Butternut Squash with Sage and Brown Butter, Cheddar-and-Corn Cream Biscuits • Sweet treats: Cherry-Amaretto Lattice Pie, Rum Pound Cake with Lime Glaze, Chilled Yellow Watermelon Soup with Summer Berries • Favorite breakfasts: Crêpes with Homemade Ricotta and Maple-Kumquat Syrup, Smoked Salmon Omelet with Goat Cheese and Beet Relish, Maple Bran Madeleines • Satisfying snacks: Popcorn with Bacon and Parmesan, Bruschetta with Spring Pea Pesto and Burrata, Chocolate-Hazelnut Milkshake, and many more Praise for Curtis Stone "Curtis Stone loves to cook. Unlike so many chefs, cooking's not a job to him. It's a joy. And you feel that every time he slips behind a stove."—Ruth Reichl

A girl. An iguana. An island. And e-mail. Meet Nim—a modern-day Robinson Crusoe! She can chop down bananas with a machete, climb tall palm trees, and start a fire with a piece of glass. So she's not afraid when her scientist dad sails off to study plankton for three days, leaving her alone on their island. Besides, it's not as if no one's looking after her—she's got a sea lion to mother her and an iguana for comic relief. She also has an interesting new e-mail pal. But when her father's cell-phone calls stop coming and disaster seems near, Nim has to be stronger and braver than she's ever been before. And she'll need all her friends to help her.

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