

Coffee Gives Me Superpowers An Illustrated Book About The Most Awesome Beverage On Earth

A guide to selecting and brewing artisan coffees covers how to use standard kitchen tools to make professional-tasting coffees and espressos and is complemented by recipes for coffee-inspired treats.

You Do You(ish) will help you get the big career you deserve, without compromising everything else.

120 pages. Lined paper. 6"x9" perfect size to carry around with you. Fits everywhere.

Professionally designed with a matte finish. Perfect binding soft cover; no need to worry about pages accidentally ripping. Suitable for taking notes, writing, organizing, goal setting, doodling, drawing, lists, journaling and brainstorming. Personalized notebooks and journals make a thoughtful gift for adults and kids as a functional gift for any occasion.

Considered by many to be mentally retarded, a brilliant, impatient fifth-grader with cerebral palsy discovers a technological device that will allow her to speak for the first time.

More than 150 million Americans drink coffee each day. We're not the only nation obsessed:

More than 2.25 billion cups of coffee are consumed in the world each day. In *Coffee Obsession*, we take a journey through the coffee-producing nations around the world, presenting the different styles, flavors, and techniques used to brew the perfect cup. We explore how coffee gets from bean to cup in each region, and what that means for the final product. Through clear step-by-step instruction, *Coffee Obsession* will teach you how to make latte, cappuccino, and other iconic coffee styles as if you were a professionally trained barista. With more than 130 classic coffee recipes to suit every taste, detailed flavor profiles and tasting notes, as well as recommended roasts from around the world, *Coffee Obsession* is like nothing else out on the market.

By being her anxious, honest, and just plain silly self, Jackie Davis' potato-shaped character proves that, even though opening up to others is scary at first, vulnerability can be a superpower. *Vulnerability Is My Superpower* features Jackie Davis's relatable diary comics about self-discovery, mental health, relationships, and childhood. From bouts with anxiety and insecurity to the thrill of simple pleasures like secretly trying on other people's coats at a party, she's figuring things out as she goes along, navigating domestic life with her husband, Pat (aka "the Purple Guy"), and sharing her most embarrassing thoughts and habits so you don't have to. For anyone who struggles with self-confidence or just likes to scrutinize the curious workings of relationships and everyday life, the confessional comic gems in this book invite laughter at even the most awkward and vulnerable moments while making you feel less alone.

Overwhelmed by the news cycle and the state of affairs in our world? Pastor, blogger, and powerful voice in the Resistance, John Pavlovitz has the answer: this rousing and inspirational guide, drawing from lessons of our favorite superheroes, for how we can band together, live more heroically (and meaningfully), and save the world. It's exhausting to give a damn these days, isn't it? Perhaps you're feeling anguished about what you see on the news or in your social media timeline, or by your personal circumstances, and are paralyzed waiting for political or religious leaders, or celebrities, to rescue us from it all. But what if you didn't have to wait for someone else? What if you could be the hero? This book—a spirited call to action—shows you how. In these pages, John offers a path away from the vitriol and toward compassion, and a plan to transform our burdens into dreams and our outrage into activism. Drawing from lessons of beloved fictional superheroes, John shows us how to identify our origin story, build protective suits of armor, guard against our personal kryptonite, and vanquish our villains. He also identifies ten specific "superpowers" that we can enlist to make our lives and our world better. Along the way, he shares inspiring anecdotes and profiles about

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ordinary people who saw a gap in the world in empathy or kindness or gratitude and decided to fill it. *Hope and Other Superpowers* is an invitation to anyone hoping to be the kind of person the world so desperately needs—the kind who can save it. In other words: it's an invitation to you.

Bestselling spiritual author of *The Soul Searcher's Handbook*, Emma Mildon—the “goddess-messenger-girlfriend who may just lead you to your inner guru” (Katie Silcox, *New York Times* bestselling author)—provides a fascinating, fun, and inspiring exploration of female divinity throughout history, myth, and religion to help women understand, embody, and celebrate their inner goddess. *Evolution of Goddess* is a practical introduction to the goddess realm, digging up the histories of long-forgotten myths of goddesses of love, war, death, the sun, the moon, and more. With this clear-eyed and spirited book, you can finally become familiarized with goddesses from a wide range of cultures throughout history, including the mermaids of the Atlantic, the empresses of ancient Egypt, the wise women of the Middle Ages, right up to the modern-day goddesses who walk amongst us today as humble light workers, educating and inspiring. Through a goddess assessment, you'll uncover your own goddess archetype and be given rituals, meditations, and exercises to tap and embolden your own feminine superpowers. Imbue your life with healing, invigorating goddess energy, and discover ways to harness your new empowerment to improve the world. Now is the time to reconnect with the strength and holistic spirituality of our ancestors—to trace the evolution of the Goddess.

This fully-illustrated, highly-informative, and fun primer presents a whole new way to know and enjoy any type of coffee. In the same format as the highly-praised *Wine Isn't Rocket Science*. Rocket science is complicated, coffee doesn't have to be! With information presented in an easy, illustrated style, and chock-full of the fool-proof and reliable knowledge of a seasoned barista, *COFFEE ISN'T ROCKET SCIENCE* is the guide you always wished existed. From how coffee beans are grown, harvested and turned into coffee, the history and flavor profiles of beans from every country, making pour-overs, cold brew, and latte art, and the cultural practices of drinking coffee around the world, this book explains it all in the simplest way possible. All information is illustrated in charming and informative four-color drawings that explain concepts at a glance.

A *New York Times* Most Anticipated Book of the Summer A taboo-busting romp through the shame, stink, and strange science of sweating. Sweating may be one of our weirdest biological functions, but it's also one of our most vital and least understood. In *The Joy of Sweat*, Sarah Everts delves into its role in the body—and in human history. Why is sweat salty? Why do we sweat when stressed? Why do some people produce colorful sweat? And should you worry about Big Brother tracking the hundreds of molecules that leak out in your sweat—not just the stinky ones or alleged pheromones—but the ones that reveal secrets about your health and vices? Everts's entertaining investigation takes readers around the world—from Moscow, where she participates in a dating event in which people sniff sweat in search of love, to New Jersey, where companies hire trained armpit sniffers to assess the efficacy of their anti-sweat products. In Finland, Everts explores the delights of the legendary smoke sauna and the purported health benefits of good sweat, while in the Netherlands she slips into the sauna theater scene, replete with costumes, special effects, and towel dancing. Along the way, Everts traces humanity's long quest to control sweat, culminating in the multibillion-dollar industry for deodorants and antiperspirants. And she shows that while sweating can be annoying, our sophisticated temperature control strategy is one of humanity's most powerful biological traits. Deeply researched and written with great zest, *The Joy of Sweat* is a fresh take on a gross but engrossing fact of human life.

The definitive guide to the extraordinary world of coffee from growing and roasting to brewing and serving the perfect cup. This is the ultimate guide to the history, science and cultural influence of coffee according to coffee aficionado and master storyteller Tristan Stephenson.

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You'll explore the origins of coffee, the rise of the coffee house and the evolution of the café before discovering the varieties of coffee, and the alchemy responsible for transforming a humble bean into the world's most popular drink. You'll learn how to roast coffee at home in the fascinating Roasting section before delving into the Science and Flavour of Coffee and finding out how sweetness, bitterness, acidity and aroma all come together. You'll then get to grips with grinding before learning about the history of the espresso machine and how to make the perfect espresso in the Espresso chapter. Discover how espresso and milk are a match made in heaven, yielding such treasures as the Latte, Cappuccino, Flat white and Macchiato; you'll also find out how to pour your own Latte art. Other Brewing Methods features step-by-step guides to classic brewing techniques to bring the coffee to your table, from a Moka pot and a French press to Aeropress and Siphon brewing. Finally, why not treat yourself to one of Tristan's expertly concocted recipes. From an Espresso Martini to a Pumpkin Spice Latte and Coffee Liqueur to Butter Coffee, this really is the essential anthology for the coffee enthusiast. A warning and a wake-up call to learn history so we are not doomed to repeat it. A must-read for anyone who longs for a promising future for our great nation. What is wrong with America today? Is it possible that America could crumble and our democracy fail? Questions like these plague Americans and cause us to be anxious about the future of the "land that we love." Individuals may come to different conclusions, but there seems to be a common thread - the deep-seated feeling that we need to improve our country. Our culture is increasingly immoral, the family structure is threatened from all sides, and government programs consistently overreach, creating massive debt. In this powerful and prophetic book, nationally syndicated columnist and trusted political commentator Cal Thomas offers a diagnosis of what exactly is wrong with the United States by drawing parallels to once-great empires and nations that declined into oblivion. Citing the historically proven 250-year pattern of how superpowers rise and fall, he predicts that America's expiration date is just around the corner and shows us how to escape their fate. Through biblical insights and hard-hitting truth, he reminds us that real change comes when America looks to God instead of Washington. Scripture, rather than politics, is the GPS he uses to point readers to the right road - a road of hope, life, and change. Because, he says, if we're willing to seek God first, learn from history, and make changes at the individual and community level, we can not only survive, but thrive, again. This powerful, timely, and much-needed perspective is a must-read for anyone who longs for a promising future for our great nation.

From the creator of the beloved and universally acclaimed television series BoJack Horseman, a fabulously off-beat collection of short stories about love—the best and worst thing in the universe. “Complex, daring, emotional, and unique, with notes of melancholic brilliance and an aftertaste of subtle elation: it is hard to describe the writing of Raphael Bob-Waksberg without sounding like Frasier discussing wine.” —B. J. Novak, author of One More Thing Written with all the scathing dark humor that is a hallmark of BoJack Horseman, Raphael Bob-Waksberg's stories will make you laugh, weep, and shiver in uncomfortably delicious recognition. In “A Most Blessed and Auspicious Occasion,” a young couple engaged to be married is forced to deal with interfering relatives dictating the appropriate number of ritual goat sacrifices for their wedding. “Missed Connection—m4w” is the tragicomic tale of a pair of lonely commuters eternally failing to make that longed-for contact. And in “More of the You That You Already Are,” a struggling employee at a theme park of dead presidents finds that love can't be genetically modified. Equally at home with the surreal and the painfully relatable (and both at once), Bob-Waksberg delivers a killer combination of humor, romance, whimsy, cultural commentary, and crushing emotional vulnerability.

There are more ways to enjoy your java than there are coffee beans on the tree, so whether you like your coffee topped with artisan foam or black as the night sky there's something for everyone! Bringing together the finest blend of recipes, clever statements and quips from

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connoisseurs the world over, this book celebrates the majestic coffee bean.

An interactive book that provides simple tasks to help kids develop resilience, persistence, self-confidence, self-reliance and self-esteem. Help the kids in your care discover not only their new superpowers, but an ability to give new challenges a go and to keep on trying! Included: Discussion Questions and extra ideas to boost kids' confidence.

Kindness isn't merely about getting along with people and being nice. It's a game changer in business, the door opener to fulfillment, and the key to authenticity and confidence. It's also a superpower that can be honed through developing a daily practice of kindness as a lifestyle and is especially important in these divisive times. Whether it's the current political climate, family matters, or workplace dynamics, everything in our world appears to be more intense lately. Social media is a forum for debates and name-calling. Many feel frustrated and powerless. The person next to you might be on the verge of quitting or cracking under pressure. Is something as simple as kindness really the answer? Through years of talking to friends and colleagues about her kindness practices, Good Morning America correspondent and anchor Adrienne Bankert has heard story after story confirming the unlimited power of kindness. Adjusting our perspective from being closed off and self-centered to a mindset of kindness ripples into a staggering amount of personal fulfillment and development. Kindness is universally understood in every culture. No matter our age or ethnicity, where we come from, or how much money we make, any one of us can be kind. Any one of us can be the difference maker. As a bonus, we achieve our unique destiny day by day by being kind. Your Hidden Superpower will help you See the many layers of benefits that simple acts of kindness can bring to people who commit to practicing it in their lives Learn how to make kindness a habit in your own life and feel the joy, fulfillment, and inspiration that comes from helping others Make kindness one of your differentiators at work and experience the remarkable opportunities and direction that this brings Feel the power of kindness as a force to reconnect you to your authentic self, replenish your passion and creativity, and find your voice

It's opening time at the coffee house. While the sun rises, the lion and kangaroo baristas welcome a menagerie of colorful customers. Join them in saying good morning to the beans, machines, and--yes, please!--caffeine! Smile along as they greet the espressos, lattes, mochas, frappes, drips, sips, and much more. Yay coffee! Whether you prefer brewed or pressed, black or cream, mochas or macchiatos, single origin or groovy blends, if you've gotta have your daily grind, this playful picture book for grown-ups and coffee-culture families is for you. Good Morning Brew is brought to you by the same author and illustrator team behind the bestselling Goodnight Brew: A Parody for Beer People. Need a refresher on how coffee travels from field to cup? Perplexed by espresso options? Don't miss the bonus coffee infographics at the end of the book! "Build a better brew by mastering 10 manual methods, from French Press to Chemex, with this comprehensive guide." —Imbibe Magazine Named a top food & drink book of 2017 by Food Network, Wired, Sprudge, and Booklist This comprehensive but accessible handbook is for the average coffee lover who wants to make better coffee at home. Unlike other coffee books, this one focuses exclusively on coffee—not espresso—and explores multiple pour-over, immersion, and cold-brew techniques on 10 different devices. Thanks to a small but growing number of dedicated farmers, importers, roasters, and baristas, coffee quality is at an all-time high. But for nonprofessionals, achieving café quality at home can seem out of reach. With dozens of equipment options, conflicting information on how to use that equipment, and an industry language that, at times, doesn't seem made for the rest of us, it can be difficult to know where to begin. Craft Coffee: A Manual, written by a coffee enthusiast for

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coffee enthusiasts, provides all the information readers need to discover what they like in a cup of specialty coffee—and how to replicate the perfect cup day after day. From the science of extraction and brewing techniques to choosing equipment and deciphering coffee bags, *Craft Coffee* focuses on the issues—cost, time, taste, and accessibility—that home coffee brewers negotiate and shows that no matter where you are in your coffee journey, you can make a great cup at home. “Engaging and fun . . . I really can’t recommend *Craft Coffee: A Manual* enough. If you’re even mildly curious about brewing coffee at home, it’s absolutely worth a read.” —BuzzFeed

As a teacher in an inner-city school, Lucy Crehan was exasperated with ever-changing government policy claiming to be based on lessons from ‘top-performing’ education systems. She resolved to find out what was really going on in the classrooms of countries whose teenagers ranked top in the world in reading, maths and science. *Cleverlands* documents Crehan’s journey around the world, weaving together her experiences with research on policy, history, psychology and culture to offer extensive new insights into what we can learn from these countries.

How to Make Coffee explores the scientific principles behind the art of coffee making, along with step-by-step instructions of all the major methods, and which beans, roast, and grind are best for them. This book also covers topics such as: The history of the bean Chemical composition Caffeine and decaf Milk Roasting and grinding Machines and gadgets . . . and many more Caffeine is the most widely consumed mind-altering molecule in the world; we cannot get enough of it. How is it that coffee has such a hold? Its all in the chemistry; the molecular structure of caffeine and the flavour-making phenols and fats that can be lured out from the bean by roasting, grinding and brewing. Making good coffee depends on understanding the science: why water has to be at a certain temperature, how roast affects taste, and what happens when you add cream. This book lays out the scientific principles for the coffee-loving non-scientist; stick to these and you will never drink an ordinary cup of joe again.

Introduction Vitamina T for Tacos explores nuestra comida, cultura and places in Latino & Latina vecindarios, neighborhoods, parques y plazas. From the tacos we all grew up eating like barbacoa and huevos con chorizo, places in and around our neighborhoods like taquerias, trucks and cultural references that empower our children to embrace their Mexican and Latinx identities and roots. Nuestra comida is connected to special places in our communities and includes food we all grew up with that everyone can enjoy and learn from. This book is an alphabet book, a taco dictionary, a cultural guide and a reminder of the importance of tacos, places y la cultura Latina. *Vitamina T for Tacos* is a part of a book series that explores food, places y cultura. *Vitamina T* is for tacos, the cultural superpower that we get from embracing nuestra comida y cultura. It's a Mexican cultural reference to the sustenance we get from comiendo tacos on the street, in our neighborhoods, at taco stands and taquerias that help us get through our daily lives. It's just another way to get our ganas for the day by eating our favorite tacos; bean & cheese, breakfast tacos, tres de asada, fajitas y más!

The X-Men meets Ocean's Eleven in this edge-of-your-seat sci-fi adventure about a band of "super" criminals. When the deadly MK virus swept across the planet, a vaccine was created to stop the epidemic, but it came with some unexpected side effects. A small percentage of the population developed superhero-like powers, and Americans suffering from these so-called adverse effects were given an ultimatum:

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Serve the country or be declared a traitor. Some people chose a third option: live a life of crime. Seventeen-year-old Ciere Giba has the handy ability to change her appearance at will. She's what's known as an illusionist. She's also a thief. After crossing a gang of mobsters, Ciere must team up with a group of fellow super powered criminals on a job that most would have considered impossible: a hunt for the formula that gave them their abilities. It was supposedly destroyed years ago--but what if it wasn't? Government agents are hot on their trail, and the lines between good and bad, us and them, and freedom and entrapment are blurred as Ciere and the rest of her crew become embroiled in a deadly race that could cost them their lives.

Discusses both the scientific and cultural impact of alcohol and caffeine, the world's most widely-consumed mind-altering substances

Profiles superheroes with useless powers, including flawgic, the powerpointer, and in-flight flight.

IF PUBLIC SPEAKERS WERE SUPERHEROES, WHAT WOULD THEIR SUPERPOWERS BE? AND, COULD YOU DEVELOP THOSE SUPERPOWERS YOURSELF? Author Carma Spence asked these questions of dozens and dozens of speakers and discovered the answer was, "Yes!" Three out of every four people suffer from speech anxiety, and research suggests that people who don't confront and overcome that fear are less successful in their careers and lives. However, people often look at successful speakers as superheroes with superpowers they, as mere mortals, could never possess. Drawing from extensive research and interviews with business and professional speakers, Public Speaking Super Powers will show you how to: How to overcome the fear of speaking Develop the skills needed to be a success on the stage, such as storytelling and humor Master techniques like a superhero speaker, such as audience engagement, and using your voice, body language and eye contact effectively and much more... There is even a bonus chapter on the business of speaking. Unleash your inner Public Speaking Superhero and communicate your message with confidence starting today!

If you need a superhero strong push to go to work on a slow and sleepy Monday, you'll love this funny Step Aside Monday This is a Job for Coffee writing pad . Wake up your senses and stay alert with a cup of java, cappuccino, latte or black coffee . Get your superpowers for the week from caffeine . 120 College Ruled White Pages 6"x9" Glossy Cover Great for writing projects, as a personal diary or a composition book Professional Quality Smooth paper for writing li>A perfect gift for adults, children, teens & tweens

This is a ruled blank journal. It can be used separately or as a companion to the Superpowers Activate: A Guide to Empower Your Inner Superhero book.

If coffee is the foundation of your food pyramid, then this is your book. Inspired by Ryoko Iwata's popular Web site, I Love Coffee (en.ilovecoffee.jp), Coffee Gives Me Superpowers is overflowing with infographics and fun, interesting facts about the most awesome beverage on earth written by Ryoko, a Japanese coffee-lover living in Seattle. The book includes the most popular pieces on the site, such as & quot;Your Brain on Beer vs. Coffee, & quot; & quot;10 Coffee Myths, & quot; &

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quot;The Best Time of Day to Drink Coffee (According to Science), & quot; and & quot;10 Things You Probably Didn't Know about Caffeine, & quot; plus 25 percent new, original material that is available only in this book.

Shortlisted for the 2021 Booker Prize Longlisted for the 2021 National Book Award for Fiction A heartrending new novel from the Pulitzer Prize–winning and #1 New York Times best-selling author of *The Overstory*. Named one of the Most Anticipated Books of 2021 by *Newsweek*, *Los Angeles Times*, *New York Magazine*, *Chicago Tribune*, *BuzzFeed*, *BookPage*, *Goodreads*, *Literary Hub*, *The Millions*, *New Statesman*, and *Times of London* The astrobiologist Theo Byrne searches for life throughout the cosmos while single-handedly raising his unusual nine-year-old, Robin, following the death of his wife. Robin is a warm, kind boy who spends hours painting elaborate pictures of endangered animals. He's also about to be expelled from third grade for smashing his friend in the face. As his son grows more troubled, Theo hopes to keep him off psychoactive drugs. He learns of an experimental neurofeedback treatment to bolster Robin's emotional control, one that involves training the boy on the recorded patterns of his mother's brain... With its soaring descriptions of the natural world, its tantalizing vision of life beyond, and its account of a father and son's ferocious love, *Bewilderment* marks Richard Powers's most intimate and moving novel. At its heart lies the question: How can we tell our children the truth about this beautiful, imperiled planet?

All Tom's friends really are superheroes. There's the Ear, the Spooner, the Impossible Man. Tom even married a superhero, the Perfectionist. But at their wedding, the Perfectionist was hypnotized (by ex-boyfriend Hypno, of course) to believe that Tom is invisible. Nothing he does can make her see him. Six months later, she's sure that Tom has abandoned her. So she's moving to Vancouver. She'll use her superpower to make Vancouver perfect and leave all the heartbreak in Toronto. With no idea Tom's beside her, she boards an airplane in Toronto. Tom has until the wheels touch the ground in Vancouver to convince her he's visible, or he loses her forever.

Did you know that we all have Superpowers? One of them is our ability to control our breath. *Breathing is My Superpower* teaches children to regulate their emotions, especially if they are feeling upset, angry, or stressed. Sofia will show your little ones how to control their breathing in various situations, whether at school, at home, or on the playground. Five Breathing Technique presented in the book, will help calm your children and show them a fun way of managing their own body, breath, and emotions. This mindfulness for kids will help them to control their feelings in many ways: To relax when they think adults do not understand them. To deal with fears and worries. To cope with rejection at school. To regain self-confidence. To give kids relief from anxiety and teach them yoga basics. Your children will identify with our heroine, Sofia, and love the cheerful illustrations and charming rhymes in this bedtime story. *Breathing is My Superpower* is the second book from *My Superpower Series* - the growth mindset

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books for kids, suitable for all ages as well as anyone who works with children. Get your copy now!

This is a blank, lined journal. It's 6 X 9 and has 108 pages. It's a funny gag gift for anyone who loves coffee and drinks their cup of joe to give them special powers. Other features of this notebook include excellent and thick binding, durable 55# white paper and a glossy finished cover.

Provides facts about coffee and caffeine, including the best time to drink coffee, espresso drinks, and coffee consumption trends in the workplace.

The gripping first installment in New York Times bestselling author Tahereh Mafi's Shatter Me series. One touch is all it takes. One touch, and Juliette Ferrars can leave a fully grown man gasping for air. One touch, and she can kill. No one knows why Juliette has such incredible power. It feels like a curse, a burden that one person alone could never bear. But The Reestablishment sees it as a gift, sees her as an opportunity. An opportunity for a deadly weapon. Juliette has never fought for herself before. But when she's reunited with the one person who ever cared about her, she finds a strength she never knew she had. And don't miss Defy Me, the shocking fifth book in the Shatter Me series!

If coffee is the foundation of your food pyramid, then this is your book. Inspired by Ryoko Iwata's popular Web site, I Love Coffee (en.ilovecoffee.jp), Coffee Gives Me Superpowers is overflowing with infographics and fun, interesting facts about the most awesome beverage on earth written by Ryoko, a Japanese coffee-lover living in Seattle. The book includes the most popular pieces on the site, such as "Your Brain on Beer vs. Coffee," "10 Coffee Myths," "The Best Time of Day to Drink Coffee (According to Science)," and "10 Things You Probably Didn't Know about Caffeine," plus 25 percent new, original material that is available only in this book.

Whatever your favourite tippie, when you pour yourself a drink, you have the past in a glass. You can likely find them all in your own kitchen — beer, wine, spirits, coffee, tea, cola. Line them up on the counter, and there you have it: thousands of years of human history in six drinks. Tom Standage opens a window onto the past in this tour of six beverages that remain essentials today. En route he makes fascinating forays into the byways of western culture: Why were ancient Egyptians buried with beer? Why was wine considered a "classier" drink than beer by the Romans? How did rum grog help the British navy defeat Napoleon? What is the relationship between coffee and revolution? And how did Coca-Cola become the number one poster-product for globalization decades before the term was even coined?

From the renowned author/illustrator of the Popularity Papers series, Amy Ignatow, comes the first installment in a new series about a diverse crew of middle school kids who develop very limited superhero powers after a strange accident and manage to become unlikely friends on the adventure of a lifetime. When a sweet nerd, an artsy cartoonist, a social outcast, and the most popular girl in school are involved in a mysterious bus accident, this seemingly random group of kids starts to notice some very strange abilities they did not have before. Artsy Martina can change her eye color. Nerdy Nick can teleport . . . four inches to the left. Outcast Farshad develops super strength, but only in his thumbs. And Cookie, the It Girl of school's most popular clique, has suddenly developed the ability to read minds . . . when those minds are thinking about directions. They are oddly mighty—especially together. This group—who would

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never hang out under normal circumstances—must now combine all of their strengths to figure out what happened during the bus accident. With alternating narratives from each of the heroes, including illustrated pieces from Martina, and featuring bold female superheroes and a multicultural cast, *The Mighty Odds* is *The Breakfast Club* for a new generation. For more books by Amy Ignatow, check out her critically acclaimed Popularity Papers series: Book One: Research for the Social Improvement and General Betterment of Lydia Goldblatt and Julie Graham Chang; Book Two: The Long-Distance Dispatch; Book Three: Words of (Questionable) Wisdom; Book Four: The Rocky Road Trip; Book Five: The Awesomely Awful Melodies; Book Six: Love and Other Fiascos; and Book Seven: The Less-Than-Hidden Secrets and Final Revelations.

"From Life is Good founders and brothers Bert and John Jacobs, this inspiring book of wisdom outlines the ten key "superpowers" readers need to live their best lives. Based on the brothers' personal and professional journey, this whimsically illustrated guide captures the unique voice and profound optimism that is the foundation of their beloved T-shirt and apparel company, now worth more than \$100 million. *Life Is Good: The Owner's Manual* will inspire readers of all ages and passions to discover--and embrace--the good in their lives. Entertaining yet profound, easygoing yet powerful, this engaging book reveals how to tap into the hidden power of optimism. Beginning with their upbringing in working class Boston and following the arc of their lives from postgrad wanderlust to the birth of a small business, Bert and John use their experiences to illuminate the ten superpowers on which optimism is founded--from humor and compassion to gratitude and authenticity. Capturing their buoyant, community-focused outlook and supplementing with top-ten lists and the company's iconic stick-figure illustrations, this book doesn't preach. Instead, it offers lighthearted, practical self-help that will inspire and empower readers to embrace their lives with delight and daring"--

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