

Can I Tell You About Autism A Guide For Friends Family And Professionals

Meet Katie - a teenager with Obsessive Compulsive Disorder (OCD). Katie invites readers to learn about OCD from her perspective, helping them to understand what it is, how her obsessions and compulsions affect her daily life, and how people around her can help. With illustrations throughout, this will be an ideal introduction to OCD for both young people and older readers. It shows family, friends and teachers how they can support someone with the condition and will be an excellent way to start a conversation about OCD, in the classroom or at home.

Meet Mollie – a woman with an illness called ME (Myalgic Encephalomyelitis) or CFS (Chronic Fatigue Syndrome), and her family, Mike, Ellie and Eric. Mollie and her family help readers to understand what ME/CFS is, what it is like to have it and how it can affect their family life. Mollie can't always do things that other mums do because of her illness, which can sometimes be frustrating, but they share strategies that help them all to cope. The family also explain how ME/CFS can affect different people in different ways. This illustrated book is an ideal introduction to this often misunderstood condition. It shows family, friends and anyone who knows someone with the condition how they can support someone with ME/CFS, and their family.

Meet Ellie – a young girl with epilepsy. Ellie invites readers to learn about epilepsy from her perspective. She introduces us to some friends who help present the varying forms of epilepsy. Ellie and her friends help children to understand the obstacles that they face by telling them what it feels like to have epilepsy, how it affects them physically and emotionally, how epilepsy can be treated and how the condition is often misunderstood by people who do not know the facts. This illustrated book is full of useful information and will be an ideal introduction for children from the age of 7. It will also help parents, friends, and professionals to make sense of the condition in its varying forms and will be an excellent starting point for family and classroom discussions.

Meet Maya. Maya always tries to be polite, and to remember to say 'thank you' but she wants to learn what it means to be truly grateful. Should she be grateful to her teachers for their hard work, even though they're only doing their job? Does she need to say thank you for the gifts she doesn't really like - like the pink scarf Nani gave her last birthday? And when Laura gives her some earrings but later asks to copy her history project in return, should Maya be grateful and give her the thank you letter she has written? This illustrated book is an ideal conversation starter for children aged 7+, helping them to understand what gratitude means, recognise when it is appropriate, and develop their own ability to be genuinely grateful.

This illustrated book is an ideal introduction to depression. Julie helps readers to understand what depression is, how it feels to be depressed and how it can affect their family life. She explains what help and support is available for people with depression and what friends and family can do to make things easier for her.

Alfie invites readers to learn about asthma from his perspective and describes what it feels like to have an asthma attack, how to use an inhaler, what the common triggers are and how people around him can help. The appealing illustrations make it an ideal introduction for children and a great resource for parents, friends, teachers and nurses.

Meet Max - a boy with Tourette syndrome (TS). Max invites readers to learn about Tourette's from his perspective, helping them to understand what tics and triggers are and what it feels like to have TS. He explains how living with TS can sometimes be difficult, and how

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people around him can help him to feel happy and accepted. This illustrated book is ideal for young people aged 7 upwards, as well as parents, friends, teachers and other professionals working with children with TS. It is also an excellent starting point for family and classroom discussions.

Meet Debbie - a young girl with diabetes type 1. Debbie invites readers to learn about this type of diabetes from her perspective, describing how it feels to have high and low blood sugar levels. She explains how she can monitor her blood sugar and controls it with medication. Debbie also talks about the challenges of having diabetes and lets readers know how she can be helped and supported. This illustrated book is ideal for young people aged 7 upwards, as well as parents, friends, teachers and nurses. It is also an excellent starting point for family and classroom discussions.

I write this book for anyone searching for what to believe. Through years of doubting all the conversations heard from friends and family about life in general, I was so very confused about who to believe, and what was the right choice. I questioned everyone and everything. I just existed day by day to get to tomorrow, and I worked hard to be a good student. I had a deeply ingrained desire to "be successful", yet I knew not what to do or how to get there. Time passes and all our choices determine our reality. However, our understanding is also created from life events not of our choosing. I share with you my life before 1987, and then the journey that I traveled since January 16, 1987, when I was in a horrid accident and experienced an out-of-body event. This life event forever has altered my thinking. I have spent over 30 years traveling this path, and in that journey have experienced some remarkable spiritual moments that have helped to define for me what is most important about this life. I hope that in sharing my experiences you will more fully understand our deep connection to our creator. You will be convinced that the statement Let Go and Let God is a valuable thought to embrace and hold onto.

Meet Asher - a teenager who self-harms to manage their feelings when it all feels like too much. The latest in the best-selling Can I Tell You About... series describes what self-harm is, along with the wide range of behaviours that qualify, why teens do it, and how to get help if you feel the need to self-harm. Reflecting on the different aspects of self-harming behaviour, including treatment of injuries and scars, this concise introduction dispels common myths and offers helpful resources to break the cycle of self-harm. By initiating the conversation around self-harm, this guide will offer alternative avenues for children and young adults to pursue when dealing with big feelings, such as professional counselling, distraction, and friends and family. This easy-to-read guide is suitable for readers 7+, along with their parents, teachers, and friends. All author royalties from the book will go towards the Charlie Waller Memorial Trust.

Twenty-five philosophy professors discuss jealousy, feminism, desire, freedom, soul mates, pornography and whether the good life can be attained without true love as they uncover the connections between philosophy and romantic love. Original.

Meet Rhidi. Rhidi has friends, but would worry about friendships and being good at making friends. Sometimes he would get so worried that he couldn't sleep or want to leave his house! Rhidi asks his classmates what they think friendship means and discovers so many different ideas! What does friendship really mean? How does one make friends? How can you be a good friend, and what can you do when things go wrong? The ideal conversation starter for children aged 7+, this illustrated guide helps

children to understand what friendship is, as well the misunderstandings surrounding it.

"Eighteen essays investigate philosophical aspects of the feline mind and the world of cats, illustrated by anecdotes about cats the authors have known"--Provided by publisher.

Meet David - a boy with Down syndrome. David invites readers to learn about Down syndrome from his perspective, helping them to understand what Down syndrome is and how it affects his daily life. He explains that he sometimes needs extra help at home and school and suggests ways that those around him can help him to feel supported. This illustrated book is ideal for young people aged 7 upwards, as well as parents, friends, teachers, social workers and other professionals working with children with Down syndrome. It is also an excellent starting point for family and classroom discussions.

Meet Harry – a young boy who stammers. Harry invites readers to learn about what it is like to stammer from his perspective and how it affects his daily life and makes him feel. He talks about techniques that can help reduce stammering and describes how friends, family and others can help him to feel at ease and reduce his stammer further. This illustrated book is full of useful information and will be an ideal introduction for young people, aged 7 upwards, as well as parents, friends, teachers and speech therapists working with children who stammer. It is also an excellent starting point for group discussions at home or school.

Meet Joseph - Joseph is curious to understand more about forgiveness. He lost his sister's brand new football. Although she forgave him, he feels really bad. Can he forgive himself? He told his friend Billy a big secret, but Billy has betrayed his trust and told other kids at school. Should he forgive Billy, especially when he is yet to say sorry? Joseph's friend George is being bullied at school by Jasper. If George forgives Jasper, could Jasper go on to bully others in the future? This illustrated book is the ideal conversation starter for children aged 7+ to explore what forgiveness means, what it is and isn't and when it might and might not be appropriate.

In a century that set out to tame, civilize, and revolutionize the world Teddy always managed to stay a step ahead and find the last wild places. *Where I'm Bound I Can't Tell* opens with a troubled kid in the nineties named Lee smart-mouthing his way through community service, yet meeting one old man will forever change his life. Born in 1900 Teddy could never stand still, running away to join the French Foreign Legion as a boy he never returns to the states until the 1980's. Along the way he crosses deserts, explores the Amazon, bears witness to Gandhi's movement, sails oceans, hunts with Zulu, and becomes an aid worker in Africa. While Lee struggles to grow up and learn what kind of man he is going to be Teddy teaches him about the infinite possibilities and devastating tragedies of life.

Written for parents of children with AD/HD (Attention Deficit/Hyperactivity Disorder), the "spiritual parenting" methods outlined by Young are a loving and effective way to handle a complex problem. Foreword by Robert Brooks, Ph.D., a clinical psychologist at Harvard Medical School.

Meet Issy – an 11-year-old girl with pathological demand avoidance syndrome (PDA), a condition on the autism spectrum. Issy invites readers to learn about PDA from her perspective, helping them to understand how simple, everyday demands can cause her great anxiety and stress. Issy tells readers about all the ways she can be helped and supported by those around her. This illustrated book is for readers aged 7 and upwards, and will be an excellent way to increase understanding about PDA in the classroom or at home. It also includes practical tips and recommended resources for parents and professionals.

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Meet Danny - a boy with a peanut allergy. He explains that peanut allergies can be very serious, but once you know how to manage them, they don't have to get in the way of living a fun and full life. Danny talks about what a peanut allergy is, what do to in an emergency, and how his friends and family can help him to live a nut free life. He also shares advice on coping with a peanut allergy on special occasions and trips away. This illustrated book is ideally suited for readers aged 7 and upwards, and will be an excellent way to increase awareness about peanut allergies, in the classroom or at home. It also includes clear, useful information for parents and professionals.

In this friendly guide, a girl called Amber explains all about her 'dancing eyes,' or nystagmus. Amber explains how children with nystagmus might need to read, learn or play differently, and what their families, school and friends can do to help. She invites readers to learn the causes and symptoms, to help others understand the condition and help increase the self-esteem and confidence of those who have it. This accessible guide for children aged 7+ is an excellent starting point for parents, teachers and other professionals working with children with nystagmus. It includes a practical checklist of easy adaptations to make school or home environments easier and more enjoyable for children with nystagmus, as well as a helpful list of recommended resources for additional support.

Do dogs live in the same world as humans? Is it wrong to think dogs have personalities and emotions? What are dogs thinking and what's the nature of canine wisdom? This is a book for thoughtful dog-lovers who want to explore the deeper issues raised by dogs and their relationships with humans. Twenty philosophers and dog-lovers reveal their experiences with dogs and give their insights on dog-related themes of metaphysics and ethics.

Join Matt as he learns what hope means, and why it is important. Written to encourage discussion, this book is the perfect introduction for young people on this topic, and will help them develop their own understanding of what hope is, and whether or not it is a good thing.

Meet Sophie - a girl with cerebral palsy (CP). Sophie invites readers to learn about CP from her perspective, helping them to understand what it is like to use a wheelchair to move around and assistive technology to communicate. She also introduces readers to some of her friends who have different forms of CP and explains that living with CP can sometimes be difficult, but there are many ways she is supported so that she can lead a full and happy life. This illustrated book is ideal for young people aged 7 upwards, as well as parents, friends, teachers and professionals working with children with CP. It is also an excellent starting point for family and classroom discussions.

Meet Megan - a young girl who has an anxiety disorder. Megan invites readers to learn about anxiety from her perspective, helping them to understand why she sometimes feels anxious and how this affects her thoughts, feelings and behaviours. Megan talks about techniques she has learnt to help manage her anxiety, and how people around her can help. With illustrations throughout, this will be an ideal way to explore anxiety difficulties. It shows family, friends and teachers how they can support someone who experiences anxiety and will be an excellent way to start a conversation about anxiety, in the classroom or at home.

Use the Science of Behavioral Economics to Understand Why People Buy “The most important business book to come out in years.” –Michael F. Schein, author and columnist for Forbes, Inc, and Psychology Today #1 New Release in Business Encyclopedias, Marketing Research, and Customer Relations What Your Customer Wants (And Can't Tell You) explains the neuroscience of consumer behavior. Learn exactly why people buy?and how to use that knowledge to

improve pricing, increase sales, create better “brain-friendly” brand messaging, and be a more effective leader. Behavioral economics is the marketing research future of brands and business. *What Your Customer Wants (And Can't Tell You)* goes beyond an academic understanding of behavioral economics and into practical applications. Learn how real businesses and business professionals can use science to make their companies better. In this book, business owner, consultant, and behavioral economics expert Melina Palmer helps leaders like you use the psychology of the consumer, innovation, and truly impactful branding to achieve real, bottom-line benefits. Discover information and tools you can actually use to influence consumers. Go beyond data science for business and apply behavioral economics. Learn how the consumer brain works. Become a better leader and creatively and effectively market your brand by understanding the true needs of your customers. Dramatically improve your effectiveness as a leader and marketer with the practical tools in this book, including:

- Real-world examples that bring a concept to life and make it stick
- Ideas to help you with problem solving for your business
- Ways to hack your brain into coming up with innovative programs, products, and initiatives

If you liked marketing and business books like *Nudge* by Richard Thaler and Cass Sunstein, *Predictably Irrational* by Dan Ariely, or *This is Marketing* by Seth Godin, you'll love *What Your Customer Wants (And Can't Tell You)*.

Meet Adam - a young boy with AS. Adam invites young readers to learn about AS from his perspective. He helps children understand the difficulties faced by a child with AS - he tells them what AS is, what it feels like to have AS and how they can help children with AS by understanding their differences and appreciating their many talents. This illustrated book is ideally suited for boys and girls between 7 and 15 years old and also serves as an excellent starting point for family and classroom discussions.

Sam is a young boy with Dyscalculia, a lifelong condition that affects a person's ability to process numbers. It is now often compared to the way in which children with dyslexia struggle to process words. Written and illustrated from Sam's perspective, this is an excellent guide for helping children aged 7+ to understand and navigate Dyscalculia. Identifying signs, symptoms and co-occurrence in child-friendly terms, Sam's story provides children with the reassurance and encouragement they need to seek help at home and at school. It also provides practical and powerful techniques for overcoming their symptoms, building self-confidence and achieving great success in life. For parents and teachers, it builds awareness around the profound and often crippling effect that Dyscalculia can have on various aspects of a child's day-to-day life, including their relationships with friends and family. It includes invaluable guidance on how to help at home and at school, as well as an extensive list of resources for those seeking additional support.

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud

noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

While fighting with his best friend and college roommate over a girl, Jake says something he regrets, then begins communicating only through notes and letters, but when he wants to tell the girl how he really feels about her, his silence and penchant for puns get in the way.

Meet Ben - a young boy with ADHD. Ben invites readers to learn about ADHD from his perspective. He helps children understand what it means to have ADHD and describes what it is and how it feels. Ben explains how he was diagnosed and what he has learnt about ways to relieve his ADHD symptoms, and how friends and adults can help at home and school. This illustrated book is full of useful information and will be an ideal introduction for young people, aged 7 upwards, as well as parents, friends, teachers and professionals working with children with ADHD. It is also an excellent starting point for family and classroom discussions.

Be warned—in your journey through this volume you will encounter many true stories. Some will make you laugh, others could make you cry, and all are enough to thoroughly embarrass the authors. These stories would never be allowed to see the light of day if they did not open the door to important truths about love. The authors speak to you, sometimes in their own voices, sometimes through dialogue, and sometimes through fiction. You will recognize yourself in their struggles and triumphs. Can the good life be attained without true love? What is jealousy? Is it possible to be a feminist and a heterosexual lover at the same time? What is the logic of the lovers' quarrel? Is rough sex immoral? Is pornography a great lover's friend or a foe? What did Plato, Aristotle, Kant, Nietzsche, Russell, Beauvoir, and other great geniuses of Western history have to say about what goes on under the boardwalk? Is there any freedom in love? Is erotic desire a function of body or spirit? What is the best kind of love? Is there such a thing as a soul mate? You will have to face these questions and more when you dare to ask what philosophy can tell you about your lover. Everyone who has experienced it knows that romantic love truly is a "crazy little thing." It keeps us awake at night and makes us do things we would never have dreamed we were capable of. In this volume twenty-five philosophy professors are gathered together to discuss various connections between romantic love and philosophy. They have left their tweed jackets and spectacles behind. It is as though you have run into them by chance at a bar in some far away city where they are at ease, ready to tell you what they really think. Perhaps you have taken a few philosophy classes, or perhaps you always kind of wanted to. This is your chance to enjoy some deep reflection on one of life's greatest mysteries without any of the scholarly jargon, the academic pretenses, or the impossible exams. This volume will explain the lasting value of their ideas in simple, modern terms without the use of a single footnote.

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This book explains the psychology of the liar, and how the thoughts of the mind produce body language that is readable. Being able to determine when another person is lying to you is a skill that will benefit you in every aspect of your life. The signs of dishonesty and the motivations behind them are defined and described here, and listed in an easy to memorize format. C.A. Thurston studied the tactics used by Interrogators and Police Detectives for 33 years before writing this descriptive guide. "You don't have to get a confession to know the truth", she said. Use this as a handbook for analyzing the body language of people you don't know well.

Rich. Dense. Hopeful. Can I Tell You Something? (CITYS) is a tender and brutal book of philosophy. Its collection is composed of 100 poems about age, addiction, disease, poverty, romance, art, friendship and more. Karl's poems are often told through story and capture a temperament not commonly found in modern poetry. Flores' poems are a nuanced assembly of our questions, our instincts, and our most concealed emotions like shame, purposelessness, and lust. These poems are accompanied by fifty illustrations by Marta Maszkiewicz to create a powerful thrill for readers looking to be inspired by new ideas and ultimately examine their own lives. In one sentence, Can I Tell You Something? is an exploration of hope in the mystery of humanity. Flores writes: "Read in the dark. Live in the space between the wine and the cork. Live without rhyme, like a vortex, free of them, go wild for any sort. Live like a secret, dance despised, share your mad, let the water soak you, But most: live your true wish and don't let man's template choke you."

A charming tale about being brave and sharing your worries, from the author and illustrator of You Are (Not) Small and That's (Not) Mine! Pssst! Monty the frog has a secret. Promise not to tell? He can't swim! And he's terrified of water! What is he going to do? Luckily, when he's persuaded to tell his parents, they are very understanding. In fact, his dad has a secret of his own... The simple text from Anna Kang and bold illustrations from the New Yorker cartoonist Christopher Weyant tell an original and funny story about sharing your worries and facing your fears. Visit Christopher at www.christopherweyant.com. Praise for You are (Not) Small: "Charming characters, a clever plot and a quiet message tucked inside a humorous tale." Kirkus Reviews

A boy named Tom describes what life with autism is like, explains the challenges he faces, and suggests ways for parents and educators to help those who suffer from the condition.

Each illustrated book in this series is designed for parents and professionals to use with children ages 7-up to help explain difficult concepts and features a cartoon character that explains a particular brain disorder. Original.

Discusses selective mutism, explaining how those suffering from the disorder experience intense fear and panic in social situations, and offers suggestions for how parents and educators can help those afflicted.

Meet Kit - a 12 year old undergoing medical transition - as he talks about gender and the different ways it can be explored. He explains what it is like to transition and how his friends, family and teachers can help through talking, listening and being proactive. With illustrations throughout, this is an ideal way to start conversations about gender diversity in the classroom or at home and suitable for those working in professional services and settings. The book also includes a useful list of recommended reading,

organisations and websites for further information and support.

NEW YORK TIMES BESTSELLER! From Misha Collins, actor, longtime poet, and activist, whose massive online following calls itself his "Army For Good," comes his debut poetry collection, *Some Things I Still Can't Tell You*. Trademark wit and subtle vulnerability converge in each poem; this book is both a celebration of and aspiration for a life well lived. #1 PUBLISHERS WEEKLY BESTSELLER! USA TODAY Bestseller! This book is a compilation of small observations and musings. It's filled with moments of reflection and a love letter to simple joys: passing a simple blade of grass on the sidewalk, the freedom of peeing outdoors late at night, or the way a hand-built ceramic mug feels when it's full of warm tea on a chilly morning. It's a catalog and a compendium that examines the complicated experience of being all too human and interacting with a complex, confounding, breathtaking world ... and a reminder to stop and be awake and alive in yourself.

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